

# What's On

## h o r o s c o p e

By Jacqueline Bigar

**Happy birthday for Tuesday, May 28, 2019:** This year, you grow into a new frame of reference as your mind expands. You'll draw more people toward you. If single, you seem to have a new selection of potential sweethearts. Enjoy exploring. If you're attached, you and your partner continually challenge each other and grow in new ways. Your life together becomes even more dynamic. Aries pushes you to achieve your goals.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

**Capricorn - (Dec 22 - Jan 19)**

\*\*\*\* Settle in: make time for a long conversation that you've been putting off. Once you air out your concerns, you'll feel far better. Head home early to relax and visit with a

loved one. You connect in a unique manner. Tonight: Don't push.

**Aquarius - (Jan 20 - Feb 18)**

\*\*\*\* Hold back spending, and don't push yourself as hard as you have been. Fatigue marks decisions made today. Instead, take your time, get opinions and weigh the pros and cons. You could find that your opinions transform. Tonight: Hang out.

**Pisces - (Feb 19 - Mar 20)**

\*\*\*\* You seem to have bloomed in front of another person's observing eye. You're aware of this person's interest in you, but you haven't allowed him or her to get close. You might want to experience how you feel around this person. Tonight: Make it your treat.

**Aries - (Mar 21 - Apr 19)**

\*\*\*\* This morning, you might be taking a lot of time to deal with a behind-the-scenes matter. By midafternoon, you might opt to change your schedule, which could affect a meeting or work. Adapt; you'll be a lot happier. Tonight: To the wee hours.

**Taurus - (Apr 20 - May 20)**

\*\*\* In the morning, emphasize meetings or friendships. Zero in on what's important, as well as your choices. By afternoon, you might want to spend some downtime with a special friend or become a mini recluse. Tonight: Make it early.

**Gemini - (May 21 - June 20)**

\*\*\*\* You don't hesitate to take charge and move through a problem. You could feel as

though you cannot get past a problem easily. Detach from the matter. Get feedback from a group of friends or advisers. Comments could be insightful. Tonight: Adapt plans to the moment.

**Cancer - (June 21 - July 22)**

\*\*\* Your mind drifts to other topics and thoughts. You could be weighing the pros and cons of getting together with a special friend at a distance. Make it a visit of possibility. By afternoon, you become actively involved with the here and now. Tonight: To the wee hours.

**Leo - (July 23 - Aug 22)**

\*\*\*\* One-on-one relating takes you down a new path. A partner plays a significant role in making an important decision. Reach out for a loved one or adviser at a distance. You get important and valuable feedback. To-

night: You could be too tired for your own good. Nap.

**Virgo - (Aug 23 - Sept 22)**

\*\*\*\* Consider the pros and cons of a personal matter. How you handle a problem could radically change because of what occurs in the morning. As a result of conversation, you discover a different perspective. You might be ready to make a change regarding a financial issue. Tonight: Opt for togetherness.

**Libra - (Sept 23 - Oct 22)**

\*\*\*\* In the morning, plunge into your work or project. By afternoon, touch base with a partner. You could be tightly tangled in an interaction with this person. During mid-afternoon, find out where others are coming from. After your discussion, make a decision. Tonight: Follow another's lead.

**Scorpio - (Oct 23 - Nov 21)**

\*\*\*\* Tap into your creativity when dealing with a child or loved one. You'll enjoy this time together. By afternoon, you plunge into work and get into a routine. Touch base with an associate you really care about and often work with. Tonight: To the wee hours.

**Sagittarius - (Nov 22 - Dec 21)**

\*\*\*\* You could be emotional this morning. During the afternoon, you get past this intensity and allow greater spontaneity. In a sense, you feel liberated and ready to deal with a big personality in your life. Handle what's on your mind directly. Tonight: Express your sense of humor.

**Born today:** Attorney Rudy Giuliani (1944), Senator Marco Rubio (1971), singer/songwriter Gladys Knight (1944)

### home decor



#### tin can luminaries

**Supplies:** Drill (with an appropriately sized bit); gold spray paint; tape; candles; spray mount; design stencil

**Instructions:** Tape off the inside of your cans so no spray paint gets inside. Spray the outside of each can with the gold spray paint. You may need to do two or three coats depending on how opaque you want the color to be. Once your cans are dry, wrap your design stencil around each tin can. Start by drilling the outline of the design first and then work your way in. It certainly doesn't have to be perfect, the more light your can will give off. Place a candle inside the tin.

### indoor gardening



#### holcoglossum amesianum

Holcoglossum amesianum orchids are found in exposed sites in shrub forest, from India to S.E. Asia and the Philippines, and south to Australia. Vandas have thick, simple stems, the tips of which bear 2-ranked, strap-shaped to linear, leathery, semirigid, mid-green leaves.

**Site:** Full light with shade from hot sun.  
**Temperature:** Daytime temperature should be 65°F and night temperatures generally should be 60°F or higher but not lower than 55°F.  
**Water:** In summer, water freely, apply fertilizer at every third watering, and mist plant often.

### beauty tips



#### shirodhara hair treatment

Shirodhara is a hair spa treatment which is achieved through a relaxing technique in which warmed oil is poured over a client's forehead, followed by head and shoulder massage and a warming body wrap to seal in moisture.

As oil is poured on the forehead, the nervous system is deeply stilled. The brain waves slow down and become coherent. Once the brain is quieted, more life energy and oxygen and other nutrients flow more freely to the brain. The result: better brain function, mood stability and improved stress handling ability. With each successive Shirodhara treatment, the mind systematically achieves an even deeper state of silence and more healing takes place.

### taste buds



#### beef fry

**Ingredients:** 1 kg beef (cubed); 1 big onion; 2 tomatoes; 6 green chillies; 1 tbsp ginger garlic paste; 2 tsp vinegar; 10-12 curry leaves; 1/2 cup coconut slices; 2 tsp coriander powder; 1 tsp red chilli powder; 1 tsp turmeric powder; 1 tsp meat tenderizer; 1 tsp spice powder; 4 tbsp oil; fresh coriander for garnish.

**Method:** Marinate beef cubes with ginger garlic paste, vinegar, coriander powder, red chilli powder, salt, turmeric, spice powder & meat tenderizer for 30 minutes. Pressure cook the beef. Heat 2 tsp oil, fry onions. Add cooked beef cubes. Add coconut slices. In a frying pan heat remaining 2 tsp of oil, add curry leaves and green chillies, fry and add it to the fried beef.

## Dear Abby

### Memories of good times haunt girl after divorce

By Abigail Van Buren

**Dear Abby:** I was married to my husband for 29 years. We were separated off and on more than 10 of those years. We were both in other relationships but would reconnect for months and sometimes years. Then, because our lifestyles are so different, we would split up again.

I divorced him two years ago, but we see each other off and on as friends. I haven't been in a relationship since our divorce because I still love him. He couldn't stop the street life, and I got tired of living on the edge with him.

He's now in church, off drugs. He has gained back some weight and looks like the man I first fell in love with. I tell him every time I see him that I still love him, but he doesn't believe me and acts like he hates me. We have a 27-year-old daughter he loves and sees.

I think of the good times we had together day and night. I can't sleep sometimes and feel so unhappy without him. Abby, what can I do to move on?

— Lonely and Lost in Maryland

**Dear Lonely and Lost:** You may love the person your ex-husband was in the beginning, but you divorced him for good reasons. Chief among them, he became someone else because of his addiction and his choices. He may blame you for divorcing him, but if you hadn't done it, he probably would not have straightened out. Sometimes love is not enough, particularly when it's a one-way street.

It is time to quit looking backward and concentrate on your future. See your ex as little as possible, and allow yourself to grieve the lost relationship for a specific period of time. When that time period is over, concentrate on meeting new people and cultivating new interests. If necessary, talking with a therapist may be helpful, and I hope you will consider it. There is life after this, but only if you will allow it.

**Dear Abby:** My best friend of 50 years was recently diagnosed with early stages of Alzheimer's. Because her memory was beginning to slip, my husband and I moved her in with us. She pays us rent and contributes to meals.

The problem is, she has told friends that because she pays rent she shouldn't have to help around the house. My husband and I both work. It would be nice if she would cook us dinner occasionally or do the dishes. I have asked, but she always has an excuse. I don't know how to tell her we are not a bed and breakfast. She has the ability to help. Advice?

— Helper Needs Help Too

**Dear Helper:** I hope you realize that as your friend's dementia progresses she will no longer be able to help around the house, and it could actually be dangerous for her to cook. It would be better for all concerned if her family would start looking at dementia care facilities for her. The earlier the better so she will have time to adjust. Some of them offer graduated levels of care to meet the patient's increasing needs. Please consider it.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)



Photos from the event

### ICAI organises Iftar and CPE session

Kuwait Chapter of the Institute of Chartered Accountants of India (ICAI) conducted an Iftar event along with its Continuing Professional Educational (CPE) session for the benefit of its member and their families on 25th May 2019 at Copthorne Hotel, Kuwait City. The topic of the session was "About 5G – The Foundation of 4th Industrial Revolution".

The speaker of the session was Zarrar Khan, Chief Technology Officer, VIVA Telecom and the Chief Guest of Honor is the CEO of Qualitynet, Mohamad Al Nusif. The event began with Iftar and was followed by welcome speech by CA Sai Devata, the Chairman of ICAI Kuwait Chapter.

CA Sai Devata initially briefed the members about various activities planned by



Kuwait Chapter for the current year and then he welcomed the speaker – Zarrar Khan to initiate the informative session.

Zarrar conducted the CPE session on "About 5G – The Foundation of 4th Industrial Revolution". He explained the impact of 4th industrial revolution on human privacy and rapid pace of technological advancement which is going to impact the customer life styles by enriching customer experience. He simplified the heavy technical terms in an easy way to understand its structure and included lot of examples, videos and humor to keep the audience engaged.

The session was well attended by the audience of more than 130 people and the event was concluded with vote of thanks by the Secretary CA Deepak Bindal.

## what's on today

Site for checking travel ban [www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp](http://www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp)

emergency number 112

Civil ID info: 1889988

### Creating an Exhibition workshop:

Join this 'man', a dozen other South Arabian objects, four trainers, and a host of like-minded individuals for Creating an Exhibition Workshop by Dar al-Athar al-Islamiyyah, in cooperation with the UNDP from May 25 through June 1, 2019.

With support from the UNDP, the Dar al-Athar al-Islamiyyah has brought together four exceptional scholars, each with special skills and unique perspectives on exhibition development and implementation. Over the course of a week, you are invited to work with each of these scholars in hands-on workshops designed to provide practical experience in each skill.

In addition, throughout the process you will enjoy informal lessons on South Arabian history from the 7th century BCE to the dawn of Islam. The scholars, all steeped in the history of the region, will share their knowledge as they share the stories being told in the new exhibition to open Spring 2020.

Please note: With the exception of Dr Leila Ali Aquil's sessions which will be held in Arabic, the training will be done in English.

**Agenda – May 26-May 30, 2019, Yarmouk Cultural Centre**  
09:45 – 10:00 – Arrival  
10:00 – 11:15 – How to 'See and Read Objects' by Dr Leila Ali Aquil (Arabic) and How to 'See and Read Objects' by Dr Christian Robin (English)  
11:15 – 12:30 – Exhibition Curation by Dr Sabina Antonini  
12:30 – 12:45 – Break  
12:45 – 02:00 – Exhibition Design by Architect Roberto Fabbri  
02:00 – 03:00 – Daily review and homework assigned by all

**Agenda – June 1, 2019, Field Trip to Amricani Cultural Centre**  
09:45 – 10:00 – Arrival  
10:00 – 03:00 – Exhibition Design by Architect Roberto Fabbri



### Dar Al Funoon announces exhibition

Dar Al Funoon announces an opening of the exhibition 'Going Through The Memory Lane', in case you have missed exhibitions during the past 25 years and you want to see what remains from our collection, we have emptied the back room and the stores and have installed as far as the wall could take and stacked the rest along the walls.

The list is long, more than 200 works

To sign up, please e-mail [info@darfunoon.org.kw](mailto:info@darfunoon.org.kw)

Redeemed Christian Church: The Redeemed Christian Church of God

are displayed. You are all invited to view, to browse, and to leaf through the limited edition works.

The show starts on May 28 until June 15 from 11:00 am to 3:00 pm and 8:00 pm to 10:00 pm during Ramadan working hours.

After Eid regular opening hours resume from 10:00 am to 1:00 pm & 4:00 pm to 8:00 pm. Tel. +965 90088402

(HOD Parish) worship in English.

Celebration Service: Friday 9 am – 11 am; Divine encounter: Sunday, 6:30 pm – 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm – 8:30 pm; Night vigil every last Friday of the month from 10 pm.

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2276, 13023, Safat or faxed to 24818267 or e-mail to [arabtimes@arabtimes@arabtimesonline.com](mailto:arabtimes@arabtimesonline.com).

All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: [rcgghouseofdavidq8@gmail.com](mailto:rcgghouseofdavidq8@gmail.com)

**KTCC activities:** Worship service – every Wednesday 7:00-9:00 pm at North Tent, NECK.

Children's Bible School – every Wednesday 7 to 9 pm at Activity Building, NECK.

Communion Service – every 3rd Wednesday.

The Following meeting are held at our KTCC Prayer House:

ISOM – Batch 1 Class Tuesdays – 7 to 9 pm and Batch 2 Class Fridays – 4 to 6 pm.

Women's Prayer – (Abbasia) – 3rd Sunday – 6:30 to 8:30 pm and (Salmiya) 4th Tuesday – 6:30 to 8:30 pm.

Welcome to all Tamil known people to participate in our regular activities to worship the Lord in our own mother tongue and be blessed!

For details or for any prayer needs contact Tel No: 66920350 / 99432849.