

**'It is a great honor and achievement for our BGS chapter'**

## AUK business honor society recognized as an honor chapter

KUWAIT CITY, Oct 21: The American University of Kuwait (AUK) international business honor society — Beta Gamma Sigma — has been recognized as an honor chapter worldwide.

The recognition comes after each active chapter is evaluated and ranked according to their achievements and contributions to the field of business education.

Christina Allrich, executive director of Beta Gamma Sigma said, "Qualifying for this recognition is indicative of a campus where academic excellence is highly

valued, and where the chapter officers work diligently to enhance Beta Gamma Sigma's stature on campus."

The AUK chapter was evaluated based on criteria set by the honor society which included hosting campus events and promoting the society with excellent academic standing.

AUK assistant professor of accounting and faculty advisor to the AUK chapter, Dr. Fatima Shibly commented on the significance on this achievement, saying, "It is a great honor and achievement to

qualify for this recognition in our first year as a BGS chapter, and in such unusual circumstances given the Covid-19 pandemic. I would like to thank the president of the chapter and AUK student, Anas Hassan and all the board members for organizing the chapter's activities this year, as well as the other members for their active participation. My appreciation goes also to the Office of Student Life, Division of Student Affairs for their continuous help in organizing the activities. Finally, my sincere gratitude goes to the dean of the College of

Business and Economics, Dr. Ralph Palliam for his guidance and support."

Beta Gamma Sigma is an international business honor society for AACSB accredited institutions. Business/pre-business students in their second, third or fourth year of study (or its equivalent in course work: sophomore, junior, senior) ranked among the upper 10 percent of their class would be eligible to join the honor society.

The AUK Chapter of Beta Gamma Sigma was established in August 2020. AUK was Beta Gamma



Dr. Fatima Shibly

Sigma's 613th collegiate chapter established worldwide.

The American University of Kuwait (AUK) is an independent, private, equal opportunity, and co-educational liberal arts institution of higher education.

The educational, cultural and administrative structure, methods and standards of AUK are based on the American model of higher learning. The language of instruction is English.

More information on the American University of Kuwait can be found at [www.auk.edu.kw](http://www.auk.edu.kw)



A group photo from the tournament.



IDAK-KDD carroms championship winners receive their awards.



## Southern Spartans wins carroms championship

KUWAIT CITY, Oct 21: IDAK-KDD sports championship kick started after a delay, of almost one and half years due to COVID-19 pandemic with the carroms event in the beautiful indoor court at Indian Central School, Jleeb Al Shouykh on Oct 8, 2021.

Dr. Rajesh Alexander, IDAK President, inaugurated the event with the pulling of the ribbon. Southern Spartans team jersey (red) were distributed to the team Men's Captain Dr Bobby Joseph and Women's team Captain Dr Prashanthi, and Northern Ninjas jersey (blue) Men's Captain Dr. Roy Francis and Women's Captain Dr Anjana C. Nair by the Sports Committee Chairman Dr. Ashwin Sudhesh along with the IDAK President and Dr. Jacob Lonappan IDAK Secretary respectively.

The match was officiated by the match referee Dr Kannam Shyam, Physical Education Teacher, ICSK, Kuwait.

During the final round, in a closely contested first match Manoj Kumar of Southern Spartans beat Dr Karthik of Northern Ninjas and took the lead. In the Second Doubles match Dr Ranjitha and Dr Renjith representing the Northern Ninjas leveled the score by winning against Dr. Ashwin and Dr Manoj Idiculla. In the final match Anief of Southern Spartans defeated Anief of Northern Ninjas in a keenly contested thriller and won the first KDD-IDAK Carroms Championship for Southern Spartans. Final match Score (Southern Spartans 2 – Northern Ninjas 1)

IDAK past President Dr. Johnjoy gave the runners-up trophy to the

Northern Ninjas while Dr Jithendra Ariga, Director SOHP distributed the champions trophy to the team Southern Spartans. Dr Roy Francis IDAK past president gave the best player trophy in Carroms to Dr Ranjitha.

The IDAK Event Management Committee headed by Dr Vinod Varghese Sam rendered all the help needed for the smooth conduct of the event. Dr. Rahul Puthalath guided the IDAK sports committee headed by Dr Ashwin Sudhesh, who organized the event flawlessly. Our sincere thanks to the exclusive event sponsor KDD.

Photo courtesy to Dr Shaheer Malik Immediate Past President IDAK, for the wonderful snaps covering the whole event.

Dr Mahesh best player

## Spartans beat Ninjas in badminton tournament

KUWAIT CITY, Oct 21: IDAK'S second sports event, IDAK-KDD Badminton Championship 2021 was held on Friday, Oct 15, at Indian Central School Indoor Stadium, Jleeb Al Shouykh.

Dr. Rajesh Alexander, IDAK President inaugurated the event. The match was officiated by the match referee Dr Kannam Shyam, physical education teacher, ICSK, Kuwait.

The event's first match, was between Northern Ninjas (blue) represented by Dr Jithendra Ariga, who took the lead by defeating Nithin of Southern Spartans (red). In the following Women's Singles Match Dr Ranjana of Southern Spartans leveled the score by defeating Dr Shasikala Savla of Northern Ninjas. Score (1-1).

In the third Men's Doubles match, Dr Renjit and Dr Johnjoy of Northern Ninjas won the match against Dr Bobby Joseph/ Dr Ashwin Sudhesh of Southern Spartans. In the fourth Doubles match Dr. Nofal Munda-thodu/Sunil of Southern Spartans defeated Dr Rahul Puthalath/ Dr Ajay Vazhiyodan of Northern Ninjas to equalise the score (2-2).

In the fifth Mixed Doubles match, Dr Mahesh /Sushama of Southern Spartans beat Dr Bankima/Sharon of Northern Ninjas. In the following Mixed Doubles match Northern Ninjas represented by Dr Jolly/Aneef got the better of Dr Biju Mahadevan/Dr Lavanya and leveled the match score (3-3).

In the thrilling final match Southern Spartans represented by Dr Prashanthi / Dr Shamma won the Championship match by beating Dr Ranjitha/Dr Anjana of Northern Ninjas in a close encounter.

Final Score (Southern Spartans 4- Northern Ninjas 3)

Men's best player trophy was awarded to Dr Mahesh of Southern Spartans and Women's best player trophy to Dr Shamma respectively. Runners-up trophy for the Northern Ninjas was presented by Dr Shaheer Malik, IPP.

KDD-IDAK Badminton Championship Trophy was awarded to Southern Spartans by IDAK Secretary Dr Jacob Lonappan.

The IDAK event Management Committee headed by Dr Vinod Varghese Sam rendered all the help needed for the smooth conduct of the event. Dr Rahul Puthalath guided the IDAK's sports committee headed by Dr Ashwin Sudhesh who organized the event with meticulous planning. The exclusive event sponsor was KDD. Photo courtesy to Dr. Shaheer Malik, Immediate Past President, IDAK for the wonderful snaps covering the whole event.



Southern Spartans team (red) and Northern Ninjas team (blue) pose during KDD- IDAK Badminton Championship.

## Looking good important for individual's emotional, physical well-being

# PWA organizes webinar on personal hygiene, grooming

KUWAIT CITY, Oct 21: Pakistan Women's Association Kuwait – PWA, organizes a webinar on personal hygiene and grooming for women on Oct 14. Mrs. Robeela Ghazal, Dr. Farah Zahid and Dr. Anum Irfan delivered key note presentations and speeches on personal hygiene and grooming for women.

A large number of women had participated in the webinar. Event started with the recitation of Holy Quran by Aysha Irfan.

President PWA Mrs. Robeela Ghazal said Islam places great emphasis on cleanliness and purity, both physically and spiritually. In Islam, spiritual purity is linked to physical cleanliness and purity.

More importantly, cleanliness is termed an indispensable

fundamental of faith. Muslims are required to take care of their personal hygiene by assuring that they are well groomed, and that their bodies, clothing, and surroundings are clean.

Prophet Muhammad (PBUH) informed his companions and thus all of us, about the importance of cleanliness when he said, "cleanliness is half of faith."

Vice President of PWA Dr. Farah Zahid delivered a comprehensive presentation on topic and stated that good personal hygiene is one of the best ways to protect yourself from getting gastro or infectious diseases such as COVID-19, colds and flu.

Washing your hands with soap removes germs that can make you ill. Maintaining good personal hygiene will also help prevent



A screenshot of PWA webinar.

you from spreading diseases to other people.

Personal hygiene, such as bathing, is very much dependent on the culture in which you live. In some cultures, she highlighted the importance of hygiene in Kitchen, washroom and surrounding. Participants shows their keen interest in the webinar and asked many questions.

PWA Medical Executive Dr. Anum Irfan said in her presentation that grooming is caring for feeling and looking good are important to each individual's emotional and physical well-being.

At the end President PWA Mrs. Robeela Ghazal thanked all the participants and appreciated the efforts of PWA team for making this webinar a great success.