

# What's On

## h o r o s c o p e

By Jacqueline Bigar

**Happy birthday for Wednesday, Feb 5, 2020:** This year, many people in your life have an unpredictable quality. They act like quicksand — here today, gone tomorrow. As a result, you develop a strong sense of direction and can adjust quickly to new facets or circumstances in your life. If single, you could meet someone in a most peculiar manner. If attached, the two of you experience a great deal of excitement in your life, especially around your home and family. Taurus knows how to shake up the status quo.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

**Capricorn** - (Dec 22 - Jan 19)

\*\*\*\* A child or loved one could pop up

out of nowhere. A loved one senses what you need. The unexpected adds zing to your creativity and ideas. Be open to different energy. Tonight: Choose which invitation you would like to accept.

**Aquarius** - (Jan 20 - Feb 18)

\*\*\*\*\* You could be more exhausted than you realize. You might experience a sudden change on the homefront, which might not be serious but demands your attention. Listen to what a loved one shares. He or she means it — for now! Tonight: Be spontaneous.

**Pisces** - (Feb 19 - Mar 20)

\*\*\*\* Your emotions take you down a wild path with a child or loved one. The empathy you share might be unusually high. At the same time, you seem able to sense what others

want. Tonight: Test out a dreamy idea but expect a twist along the way.

**Aries** - (Mar 21 - Apr 19)

\*\*\* Dynamic ideas seem to pop up out of nowhere, but they could impact your work and how you approach a boss or higher-up. You might be stunned by others' reactions. People finally seem to break out of the mold. Tonight: Count your change.

**Taurus** - (Apr 20 - May 20)

\*\*\*\* The unexpected seems to walk hand in hand with you. You could be frustrated trying to grasp what another person is saying, and he or she may have difficulty making sense of your words. Try different ways of verbalizing your ideas. Tonight: Speak your mind.

**Gemini** - (May 21 - June 20)

\*\*\* You might feel that someone is not giving you the full story. This person might not have all the details. Stay open to more information. You could be stunned by what you hear. Tonight: Get a good night's sleep.

**Cancer** - (June 21 - July 22)

\*\*\*\* You feel energized. Use this moment to clear out as much as you can. You have a sense of what someone wants even though he or she may not verbalize it. Do not make assumptions about this person. Tonight: Whatever makes you smile.

**Leo** - (July 23 - Aug 22)

\*\*\*\* You could be close to a major change in how you handle a personal matter.

Go within, relax and you will sense what to do. Do not push yourself. Tonight: Someone you look up to does the unexpected.

**Virgo** - (Aug 23 - Sept 22)

\*\*\*\* Reach out for a loved one who often takes you down an interesting path. He or she draws eccentric people who seem to live in another world. You enjoy these flights of fancy but choose to remain grounded. Tonight: Where your friends are.

**Libra** - (Sept 23 - Oct 22)

\*\*\* Be aware of your ability to lead but also your ability to trigger a commotion. You might need to clarify your priorities, which would help others understand where you are coming from. Tonight: Count on being up till the wee hours.

**Scorpio** - (Oct 23 - Nov 21)

\*\*\*\* You might want to read between the lines to get past a problem. A more direct approach would bring the clarity needed. If necessary, find someone with more expertise in dealing with such issues. Tonight: Listen to live music.

**Sagittarius** - (Nov 22 - Dec 21)

\*\*\*\* You make a big difference in the outcome of various projects, conversations and interactions. Your energy is erratic; be aware of that fact as you might need to move from one project to another. Tonight: No matter what, you will have a great time.

**Born today:** Actress Laura Linney (1964), actor Michael Sheen (1969), soccer player Cristiano Ronaldo (1985)

### home decor



let it snow

**Supplies:** Recycled glass jar; glue or other epoxy (that won't dissolve in water); glitter and figurine or landscape

**Instructions:** Using a recycled glass jar attach pieces of a small plastic landscape and a figurine onto the lid with waterproof glue. Fill the jar with water and a sprinkle of glitter. Once the glue has dried completely, place the lid on the jar and tightly screw it on. Use more glue to make a leak-proof seal.

### indoor gardening



oncidium cheiroporum

Oncidium cheiroporum has small roundish pseudobulbs with a single leaf at the top. This small plant puts on a show of bright yellow fragrant flowers in the fall.

**Site:** It is easily grown under medium light conditions, but need to ensure that the smaller plants get enough humidity and do not get too warm.

**Temperature:** This plant likes to be grown under intermediate to cool temperature conditions.

**Water:** Water as the plant approaches dryness but do not allow the plant to dry out totally.

### beauty tips



flowers for beauty

**Coriander:** Used as a Face Toner for its soothing and astringent effect on the skin. It has antibacterial as well as antioxidant properties. It has a gentle astringent effect, but also soothes inflamed and irritated skin.

**Hyssop:** Contains substances which protect the skin against sunburn. Hyssop is anti-perspirant and astringent.

**Lavender:** Have many sedative compounds that can penetrate the skin. Good for normal and dry skin, Lavender is used as a tonic for all types of skin. Can also be used in deodorant.

### taste buds



dijon salmon

**Ingredients:** 1/4 cup butter; 3 tbsp Dijon mustard; 1 1/2 tsp honey; 1/4 cup bread crumbs; 1/4 cup finely pecans; 4 tsp fresh parsley; 4 (4 ounce) fillets salmon; salt & pepper; 1 lemon.

**Method:** Preheat oven to 400°F (200° C). In bowl, stir together butter, mustard, honey. In another bowl, mix together bread crumbs, pecans, parsley. Brush each salmon fillet lightly with honey mustard mixture, sprinkle tops of fillets with bread crumb mixture. Bake salmon 12 to 15 mins in preheated oven, or until it flakes easily with fork. Season with salt & pepper, and garnish with wedge of lemon.

## Dear Abby

Man facing second divorce mulls reunion with 1st wife

By Abigail Van Buren

**Dear Abby:** I was married to a wonderful, beautiful woman when we were much younger. We got married because of an unplanned pregnancy. After some years, we both had grown in different directions, and we divorced. We remained friends even after I remarried.

I'm now in the early stages of my second divorce because I am lonely in a marriage where there's no communication or intimacy. I have tried working things out; my wife isn't interested, so I have given up trying. We no longer have a physical bond, but I refuse to lower myself to cheat to fulfill my needs.

I find myself drawn to my first wife, and I know she feels the same. While I'd like to see how life as a single guy of 55-plus would be, I also want to date my ex. We have a child together, and we have more in common now than before. Can a second

time around really work? Or should I first play the field once I am divorced?

— Working Backward in Connecticut

**Dear Working Backward:** Because you didn't mention whether your first wife also remarried, I will assume that she didn't.

If you wish to date her — and the feelings are mutual — there should be nothing stopping you. However, your idea of playing the field before committing again is wise. I have said before, and I'll repeat it for you: If you and your first wife decide to remarry, it would be a good idea to get premarital counseling together to ensure that all the issues that drove you apart the first time have been resolved.

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**Dear Abby:** My husband and I have been married 20 years. He is now on vacation in Thailand with his best buddy (without me again) for the third time in as many years.

After doing some research, I have discovered that this place is a major tourism destination. My husband says he goes there only for the beach, the food, the culture and "guy time" with his best friend. My girlfriends all tell me I am foolish and naive. Am I?

— Suspicious In The Midwest

**Dear Suspicious:** I have my opinion, but not knowing your husband, I'm hesitant to accuse him of being an adulterer. However, you know him pretty well by now. (I assume that having researched your husband's chosen vacation spot, you have seen your doctor to be checked for STDs.) My questions to you would be — in your heart of hearts — what do you think? And if you agree with your girlfriends, what are you prepared to do about it?

□ □ □

**Dear Abby:** Many years ago, my wife and I decided we would help each other write our obituaries. I know this may seem macabre, but when she died a few years ago, after 48 years of marriage, it was less stressful to just fill in the date and age. What do you think?

— Practical Upstate New Yorker

**Dear Practical:** I think that if it worked for you, other readers might consider it. Many people wonder what will be said of them after they're gone. This way, they can add or delete as they wish.

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**Dear Abby** is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

## what's on today

Site for checking travel ban [www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp](http://www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp)

emergency number 112

Civil ID info: 1889988

February 2 - 5 Weekly Events

الأحد Sunday 2  
موسيقى من إيطاليا: بالتعاون مع السفارة الإيطالية  
Music of Italy In: cooperation with the Embassy of Italy  
5-7PM, Yarmouk Cultural Centre

الاثنين Monday 3  
عبدالعزیز صالح الشحي  
بيت السعفة: ذاكرة الزمن الجميل  
7PM, Yarmouk Cultural Centre

الثلاثاء Tuesday 4  
الخرايط الذهبية  
ماريا شكوي  
4:30 - 7PM, Yarmouk Cultural Centre

الاربعاء Wednesday 5  
يوسف ياسين  
Youssef Yaseen  
7PM, Yarmouk Cultural Centre

الخرايط الذهبية  
ماريا شكوي  
4:30 - 7PM, Yarmouk Cultural Centre

A flyer of the events.

Introduction to Islamic Biomorphic Art  
DR. Hana Baroun  
10-12 February 2020  
From 5:00-7:00 PM  
Yarmouk Cultural Centre  
Fees 20K.D

Dar al-Athar al-Islamiyyah presents course in English from Feb 10-12, from 5-7pm. To register: send email to [courses@darmuseum.org.kw](mailto:courses@darmuseum.org.kw)

help others. October is recognized as National Breast Cancer Awareness Month (NBCAM). The primary purpose is to promote self examination and screening mammography as the most effective way to save lives by detecting breast cancer at early stage. For more information visit: <http://fightingwithcancer.webs.com/>

### Latest

**UCCAOK elects office-bearers:** Union Christian College Aluva Alumni Kuwait (UCCAOK) elected the following Office-Bearers and Committee Members for the year 2020 on the anniversary held at Abbasiya on Friday, Jan 25.



Dr Sunila Kurian



Cyriac George



Asif Pedikatt

Office-Bearers are: Dr Cyriac George — President; Kochumon Francis — Vice-President; Dr Mrs Sunila Kurian — Secretary; Balakrishnan Mallya — Joint Secretary and Asif Pedikatt — Treasurer.

Committee members for 2020: Antony T.V., Asif Pedikatt, Bipin Madhavan, Biju Panikkan-

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24818267 or e-mail to [arabtimes@arabtimes@arabtimesonline.com](mailto:arabtimes@arabtimesonline.com).

All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

Lulwah Al Homoud is an established international artist who started her career in London after finishing her MA degree in Art from Central Saint Martins and her style became recognized globally. She exhibited East and West and her work is among the permanent collection of international museums and art institutions such as LACMA, Los Angeles County Museum, USA, The British Museum, UK, Five Continents Museum, Germany, Jeju Museum, Korea and The Green Box Museum, Holland.

She is also in many international publications where her work is featured and collected, by renowned art institutions, among them, The Written Art Foundation in Germany and Barjeel Art Foundation in UAE.

She represented Saudi Arabia at The London Design Biennial in 2018 and at The Hermitage Museum in Russia with other international artists in 2019. Al Homoud's work was also sold through auction houses such as Sotheby's, Christies and Bonham's. Lulwah is currently having her 10th solo exhibition at Dar Al Fnoon in Kuwait.

Gallery hours: Sunday to Thursday 10 am-1 pm and 4 pm-8 pm  
Location: Al Watiah, Behbehani Compound, House 28

For additional information call +965 9008 8402 or log on to [www.darfnoon.kw.com](http://www.darfnoon.kw.com)

**Bridge game:** Bridge tournament is being held every Sunday and Wednesday at 20:00 hours, played at the Graduates Club, next to Kuwait Engineering Society. Interested Bridge pairs or individual players please contact Mohammed Merchant, Tel: 24815622, 24841158, 99612287.

**Islamic classes in French:** The Enlightenment into Islam is offering Islamic Classes in French for ladies. Timings 4:30 to 7 pm. Every Wednesday. Please register at the office (Women's Section), 2nd floor. For more information please contact us. Telephone 25362684, 99789954, 99507076, 97743327. Fax 25342573 (attention — Enlightenment into Islam)

thara, Dilip Nair, Jacob George, Job Antony, Kochumon Francis, Mrs Mary Mathews, Mohammed Saeed, Prince Baby Thachil, Mrs ResmiBiju, Mrs Reena George, Sajith Menon, Mrs Shiny Ajoy.

Feb 7

**TKK Family Picnic 2020:** What better way is there to enjoy a relaxing day with your family — soaking in the sunshine, eating good food and simply being together, enjoying fun filled games — than with a glorious, family picnic? Before the hot summer slips in follow our formula to create the perfect family picnic. Tulu Koota Kuwait, an association which believe in unity through language with an aim to bring all the Tulu speaking people together as one family hosts various events every year. Outdoor family picnic is one among them, and there will be a fantastic round-up of the best picnicking spot in

Continued on Page 15