

## Pioneering social role in supporting students and youth

# KFH participates in admission and registration exhibition of PAAET

KUWAIT CITY, March 21: Kuwait Finance House (KFH) has recently participated in the first admission and registration exhibition of the Public Authority for Applied Education and Training (PAAET). This comes as part of the Bank's continuing support to students while ensuring keenness to be present in various events that support the educational process. This is in line with KFH's strategy for achieving development by focusing on the youth and de-



Al-Mudhaf at KFH booth

veloping their capabilities. The exhibition was held for two days at the College of Basic Education under the patronage

of the Director of the Public Authority for Applied Education and Training, Dr Ali Al-Mudhaf, who praised the role of KFH in supporting students and PAAET activities and bearing the burdens of social responsibility towards youth and the educational process. Al-Mudhaf said that KFH's role reflects the leadership and prestigious position it has, noting that the bank has a track record of the initiatives and contributions made to PAAET.

The exhibition aims to intro-

duce secondary school students, specifically the 12th grade, to the majors available at PAAET sectors, to ensure that students are aware of the majors provided by PAAET along with the admission ratios, so students could select the appropriate field of study that relates to their abilities, interests and desires.

The exhibition witnessed the presence of many students from all schools in Kuwait, so they will be able to familiarize themselves with the different fields

of study. KFH's participation in the first admission and registration exhibition, falls within the framework of the bank's continuous attention for students along with developing and supporting national youth capabilities and encouraging them to focus on their scientific trends and choosing the specializations that suit their scientific and study preference. Consequently, they can achieve success in the future in their respective fields of work.

## IWG



The International Women's Group held a special celebration last month at the Crowne Plaza.

We train three times a week and play regular games throughout the year with schools and clubs. In June 2018, we plan to travel for camp and tournaments in the US. Contact Coach T 97128884 for information.

**Invitation to Grand Mosque:** The Visits Department is pleased to invite you to visit the Grand Mosque, which is one of Kuwait's most treasured religious and cultural landmarks to discover the beauty of Islamic arts and architecture. Free guided tours are available all year round on official working days between (9-11 am) and (5-7 pm), within a special tour program designed to cater to the needs of different age groups. The program is as follows:

Reception; Auditorium show; (according to age group); Touring the Mosque; Q & A; Art workshops; (according to age group - between 5 and 18 years old); Snack break; Distribution of the Grand Mosque publications and souvenirs; End of tour.

According to these age groups:  
Age group: 5 to 9 years old: Morning: 60 visitors max; Evening: 20; 10 to 15 years: Morning: 100 visitors max; Evening: 45; 16 and above: Morning: 140 visitors max, Evening: 105.

Tour language: Arabic- English- French; Arabic (English upon prior request); Arabic- English- French; Arabic (English upon prior request); Arabic- English- French; Arabic (English upon prior request)

**Rules and Regulations:**  
■ Please arrive in time for your visit.  
■ All visitors are kindly required to abide by the mosque's dress code. Male visitors should wear long pants. Shorts and sleeveless shirts are not allowed. Female visitors: should wear head cover and long loose clothing (available at the mosque).

■ Foods and drinks are not allowed inside the prayer halls.  
■ For school visits, teachers are responsible for their students and are required to cooperate with the staff members of the Grand Mosque.

■ Photography is allowed inside the Grand Mosque (please note that disrespectful poses are strictly prohibited).  
If you would like to book a tour, please contact us:  
Tel: 22980813/ 22980815/ 22980812  
Email: gmvisits@gmail.com  
Fax: 22473708

**Share your story with Amricani:**  
Do you or any of your family members, acquaintances or friends happen to have a story with the American Missionary hospital in Kuwait (Mustasha Lemraicani) during the years from 1914-1967, the official period of offering medical services in Kuwait?

Please share with us your story or your memory during those old days by writing the event and sending it to the following email address: Mystory@damuseum.org.kw

Notes: 1. Please send your story only to the above mentioned email. Story shared in Instagram, Facebook or Twitter will not be considered.  
2. Please write your story or memory and sign it with your full name, and your contact number.

3. It will be great if you send us your personal photos or those of the place related to the story (optional).  
Your story will be part of a new book to be published by DAI.

I am confident that your contributions will be an essential part of the history of Amricani. Share with us!

**NYF offers free yoga classes:**  
NYF Kuwait offers free yoga, breathing, meditation and reiki classes by a well-experienced female yoga teacher for all age groups. Classes are given on the basis of different health problems, stress and other problems by different techniques. Contact: 99315825.

**Leadership Excellence Course:**  
The Leadership Excellence Course (LEC) is a course modeled on the Seerah of Rasoolullah who is the best model of leadership for all mankind. The LEC focuses on the lessons that we can learn from the Seerah of Rasoolullah and see how we can apply them in our lives to become winners in this world and the next.

The objectives of the course are 1. Understand what leadership is from the Seerah of Rasoolullah and how to apply it in our lives today. 2. Understand the purpose of our lives and learn to live that purpose with confidence. 3. Understand the importance of connecting to Allah and learn how to do it. 4. Understand how to leverage your strengths and overcome weaknesses. 5. Understand how to articulate your life goal and create a road map to achieve it.

For more information please visit www.leckuwait.com or call 99514995 / 66363310.

**AWL registration:** If you would like to join the American Women's League (AWL), please call 99039723 or 94067999 or email: kuwaitawl@yahoo.com. All American women and wives of Americans are welcomed.

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## Lifestyle

### Kondo sparks joy among shoppers

# Five tips on what to do with unwanted stuff

By Anne D'Innocenzio

World-renowned tidying expert Marie Kondo is sparking joy among shoppers feeling the urge to clean out their homes.

But once you master the Japanese organizing expert's novel approach to de-cluttering, what do you do with all the stuff you don't want?

Charitable organizations like Goodwill have cited how Kondo's popular Netflix series, "Tidying up with Marie Kondo" has led to a surge of donations. And sites like OfferUp and thredUP also note an uptick in the number of items being sent to them for sale. Kondo recommends getting rid of items that don't spark joy, and she calls for decluttering by category, not by location.

Still, there's a lot of angst in figuring out the right home for unwanted items.

"I think we're living in the age where people are taking the stress out of their lives so Marie Kondo comes at a perfect time," said Wendy Liebmann, founder and CEO of WSL Strategic Retail. "But there's a lot of stress in trying to find all these places that will take all these things."

Liebmann recommends getting rid of the easiest items first. Then, deal with the harder items to give away or sell.

Here are five more rules to embrace:  
■ **Be Smart About What You're Selling:** Study a variety of sites from thredUP and Poshmark to find out what they accept, what carries the best value and any fees. Make sure to sell in-season items and only clean garments. For those who have a closet full of Chanel and Prada bags, check out luxury consignment online retailer The RealReal.com.

"This is not a way to get rich. But it is a way to clean out your closet," said James Reinhart, co-founder and CEO of thredUP.com. At thredUP, only 40 percent of received items are



In this July 11, 2018 file photo, Japanese organizational expert Marie Kondo introduces her new line of storage boxes during a media event in New York. (AP)

accepted and sold online; the rest are donated. If interesting in selling secondhand items on thredUP, request a cleanup bag. New this year, customers can request a shipping label that can be used on any box. Many of the sites including thredUP and RealReal list recently sold items so customers will know their worth. Many sites set the pricing based on quality, style, and the available inventory. Check out selling fees, which vary. For example, for all sales under \$15, Poshmark takes a flat commission of \$2.95. For sales of \$15 or more, Poshmark's commission is 20 percent. The fee at selling app Mercari is 10 percent.

■ **Consider Apps That Help You Sell Locally:** Move over Craigslist. A growing number of marketplace apps like LetGo and OfferUp let you sell locally the big sofa or other large item that would be too expensive to ship across the country. eBay also allows customers to post local listings.

Many give the option to register with your Facebook account, helping to verify its members and make it a safer exchange. OfferUp says it's the biggest mobile marketplace for local buyers and sellers. Last year, however, it began allowing sellers to ship item across the US, widening the market of prospective buyers, says Natalie Angelillo, vice-president of community at OfferUp. OfferUp allows users to create a custom profile link and lets buyers and sellers leave reviews for a particular deal.

■ **Study What Can Be Donated:** You don't want to waste time carting a big piece of furniture to only find out your local thrift store doesn't want it. Best to call the local Salvation Army or Goodwill store to make sure they can either pick up the item or you can drop it off. Goodwill's main website says acceptable donations include clothing, shoes, books, small appliances and small furniture. But starting Jan 1, Goodwill Industries of Great New York and New Jersey has put a temporary hold on accepting book donations at their Goodwill stores, says Lauren Lawson-Zilai, a spokeswoman at Goodwill Industries International.

■ **Scrutinize Donation Bins:** Heading to a local donation bin may be convenient, but unfortunately, many items wind up supporting for-profit groups. Look for signs that spell out a clear mission statement. Also, look at what percent of sales are contributed to the charitable organization. Be wary of a donation bin without a clear mission statement.

■ **Recycle Electronics:** Many electronics makers and retailers offer recycling programs. Amazon allows customers to receive an Amazon.com gift card in exchange for a variety of electronic devices including Amazon devices.

And, of course, there's always that garage sale.

"Check to see if your neighborhood or homeowner's association has a designated garage sale date," says Target Corp.'s home style expert Camille Styles. "If not, team up with a friend who may also be looking to sell some of their items."

From packaging to clothing to cigarette butts, more and more everyday items that once were destined for landfills are being recycled, composted or upcycled in creative ways. Many of the new products made from waste are finding their way onto runways and into design museums and households.

The company TerraCycle, for example, has devised ways of collecting waste like ocean plastics, cigarette butts, chewing gum and even dirty diapers, and then processing it so it can have a new life.

"Waste is way more than figuring out how we can deal with a negative. It's really rather exciting," says

TerraCycle's CEO, Tom Szaky, who loves to put surprising trash items to use. Some of the company's upcycled products, like tote bags made from juice pouches and laptop cases made out of retired US Mail bags, are sold online, by the retailer dwellsmart.com.

Pittsburgh, New Orleans, San Francisco and dozens of other cities, partnering with TerraCycle, are finding it worthwhile to collect and process old cigarette butts and packaging, which is shredded, separating the ash, tobacco and paper from the plastic filters. Szaky says. The ash, tobacco and paper are then composted, and the plastic filters (made from cellulose acetate) are shredded, compounded and turned into plastic pellets to make a variety of products like park benches. The cigarette recycling program in the US is financially supported by The Santa Fe Natural Tobacco Company, he says.

Kiehl's, Nespresso, Colgate, Tide, Brita and a host of other brands, meanwhile, are finding it advantageous to offer clients ways to recycle their packaging so that it doesn't have to end up in landfills, an eco-friendly effort which gives them cachet among eco-minded consumers.

And a new program about to be launched in Europe, partly paid for by a diaper company there, will distribute publicly accessible odor-proof bins to collect dirty diapers, which will then be recycled into their various components and reprocessed, Szaky says.

Many firms are finding uses for recycled materials at the beginning of the design process. The company ReWall, for example, makes high-performance wall board, exterior and other architectural products out of unwanted packaging materials. ReWall recently worked with the architecture and design firm Bureau V and designer Mary Ping to come up with a futuristic tabletop as part of a commissioned artwork. (AP)

further information contact H.K.Mitra (99885280) or Sudhir (97987455).

## General

**IEI Kuwait membership:** The Institution of Engineers (India), Kuwait Chapter invites all its members to update their membership information for the year 2018-19 and actively participate in the chapter activities. Indian engineers residing in Kuwait are welcome to join the pool of more than 750,000 engineers by becoming corporate or non-corporate members of The Institution of Engineers (India).

IEI, Kuwait Chapter conducts many technical events for the benefits of its members. Please watch for further details in your registered e-mail or announcement in media. The chapter has science club activities for members' children, and ladies wing activities for the member's family. IEI, Kuwait Chapter has facility to register student members for AMIE Examination for

those interested in pursuing career enrichment.

For more information and on chapter membership, kindly contact IEI, Kuwait Chapter on Mob: 90098667 or through email to ieikwt@hotmail.com

**Advisory for OCI card holders:** All those having OCI Cards are required to carry both their OCI Card and passport to travel to India so that they do not face any difficulty in immigration clearance.

From October 2018, ICAO will accept only machine readable travel documents, hence, existing PIO Cards, which are handwritten will therefore, become invalid. Thus it will be necessary upon PIO Cardholders to obtain machine readable OCI Cards in lieu of existing hand written PIO Cards before October 2018 to avoid any inconvenience.

**Q8BBall Season 13:** Q8BBall is beginning our 13th season with Boys U13 (ages 10-13) and U17 (ages 14-17).

## click

**Drinking problem?:** Friends of Bill W. are available to help. Totally confidential. Email: rohsecretary@gmail.com

**Narcotics Anonymous:** NA can help with addiction problems. Totally confidential: 94087800 English/Arabic.

**Cancer online support group:** If you are Cancer patient or family member fighting with this deadly disease, come join our online support group. Best way of dealing with this disease is providing support and share our experience with each other. There are lot of things which even doctors can't tell so be member of this website and start sharing your experiences which may help others. October is recognized as National Breast Cancer Awareness Month (NBCAM). The primary purpose is to promote self examination and screening mammog-

raphy as the most effective way to save lives by detecting breast cancer at early stage. For more information visit: <http://fightingwithcancer.webs.com/>

## Latest

**April 12**  
**'Kalalaya Varnangal 2019':** The 'Kalalaya Varnangal 2019' conducted by the Alumni of Bishop Moore College of Mavelikara, (BMC) which celebrates its Golden Jubilee this year will be held on April 12 in Smart Indian School, Abbasiya.

The award for the best teacher "Guru Vandhanam" instituted BMC Alumni Kuwait Chapter in connection with the celebrations will also be distributed at the event. Prof V.C. John has been selected as the recipient of this award this year.

The musical fusion led by Josy Alapuzha and Udayan Anchal who have made their mark in the South Indian music industry and the Ganamela led by

Rajeev Kodambally are the main attractions of the 'Kalalaya Varnangal 2019'. The arrangements for the program are in full swing said the press release from the organizers. For more information please contact 97542844, 97542985.

**May 29**  
**IEI Kuwait Family Day:** Institution of Engineers (India), Kuwait Chapter are pleased to inform you all that we are celebrating the Family Day-2019 on Friday, March 29 at Wafra Farm.

This Family Day celebration will be filled with fun and lot of games, talent show, etc. from 8.30am to 5pm and attractive prizes will be distributed to the winners of the games and events.

It is the day filled with fun and enjoyment for the members, spouses, kids, friends and guests.

IEI Kuwait Chapter members are requested to confirm their participation by registering through [www.ieikuwait.org](http://www.ieikuwait.org) website by clicking Event Attendance or send email to [ieikwt@hotmail.com](mailto:ieikwt@hotmail.com). For