

# What's On

## h o r o s c o p e

### By Jacqueline Bigar

#### Happy birthday for Friday, March 22, 2019:

This year, reach out for others more often. Hearing from you brings smiles to others' faces. Communication brings you luck. If single, you could change your direction because of a relationship choice. Be sure that you really want to make this change. If you're attached, you and your partner often find your lives demanding; however, you make plenty of time for your sweetie. Scorpio demands a lot of attention and time.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

#### Capricorn - (Dec 22 - Jan 19)

\*\*\* You accept responsibility with grace. You don't enjoy the demands and change of routine that you might need to make right

now. Refuse to get any more caught up in your work. A late meeting could evolve into a fun happening. Tonight: Ready to celebrate the weekend.

#### Aquarius - (Jan 20 - Feb 18)

\*\*\*\* Reach out for a friend at a distance. You love speaking with this person and getting his or her news. Because you both live in such different environments, your perspectives on each other's situations are enlightening. Tonight: A must appearance dissolves into a happening.

#### Pisces - (Feb 19 - Mar 20)

\*\*\*\* Understand what's going on with a child or loved one. You seem unable to help this person open up. Be patient; listen more. Even if you have little control, you like what's going on. Tonight: Do your traditional

Friday-night thing.

#### Aries - (Mar 21 - Apr 19)

\*\*\*\* Others would like you to return to days long gone, when you participated much more in their lives. However, you enjoy your particular phase. An offer comes your way that encourages you to take a leap of faith. Tonight: With a favorite person.

#### Taurus - (Apr 20 - May 20)

\*\*\* If possible, try to clear your desk and complete a project before starting the weekend. Your optimism about a particular matter pays off. Allow others to see more of the authentic you. Tonight: Nap. Then, go out!

#### Gemini - (May 21 - June 20)

\*\*\*\* You help others feel more important;

however, a relationship seems to be testing your commitment. Be more forthright about your feelings; you'll clear the air. Tonight: Slowing down from the recent hectic pace.

#### Cancer - (June 21 - July 22)

\*\*\*\* You might have a difficult time getting going; however, once you start moving, the pace quickens. When you're dealing with others, your sense of humor emerges. With that, your popularity soars. Tonight: Making the most of the moment.

#### Leo - (July 23 - Aug 22)

\*\*\*\* Full of fun and possibilities, you find that you're very responsive to others. You exude a lightness that others wish they had. If you relax, a late lunch could develop into a fun night. If you wish to, make plans. Tonight: You might want to head home early.

#### Virgo - (Aug 23 - Sept 22)

\*\*\* Because a loved one or child could be costing you quite a bit of money, you decide to tame your spending. Nevertheless, you could change your mind and go overboard. You enjoy the feeling of giving. Try to maintain your budget. Tonight: Visit with a dear friend over munchies.

#### Libra - (Sept 23 - Oct 22)

\*\*\*\* Right now, you enjoy being out and about. Others seem highly responsive to your suggestions and needs. Under the circumstances, you might not know what's best for you. Loosen up; enjoy a friendly chat with a neighbor or sibling. Tonight: TGIF.

#### Scorpio - (Oct 23 - Nov 21)

\*\*\*\* Keep conversations about a key mat-

ter within a certain circle of friends or colleagues. Confidentiality is necessary. Adapt to fast changes in the workplace. Tap into your ingenuity if you find that you're hitting a roadblock. Tonight: Add more spice to your personal life.

#### Sagittarius - (Nov 22 - Dec 21)

\*\*\*\* Make the most of the daylight hours; you'll accomplish more than you anticipate. Carefully think through a problem, and don't jump to conclusions. Meeting with a group of friends could be unusually lucky for you. Tonight: Don't count on a late night.

\*\*\*  
Born today: Songwriter Andrew Lloyd Webber (1948), TV personality Bob Costas (1952), author James Patterson (1947)

### home decor



#### DIY banquette

This is an excellent idea to convert your single narrow bookshelf into a banquette. Sand, prime, and paint the shelf white, and permanently attached some of the shelves with screws. Then place the shelf horizontally and simply push against the wall.

Purchase the cushions which are 2" fairly dense foam from a local foam shop, cut to fit exactly. Use fabric of your choice, cut to the same dimensions, and staple the fabric underneath. You can use the shelves below for storage.

### indoor gardening



#### p. parishii lobii

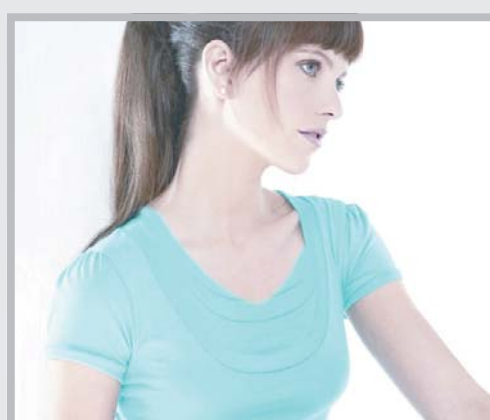
The plant is a native of Moulmein, Burma. Flowers are small, up to one half to three quarters of an inch across, white, with the sepals being larger than the petals.

**Site:** Grow in warm conditions. Pot in medium fir bark and keep in partial shade.

**Temperature:** This plant can tolerate a wider range of temperatures than most phalaenopsis. 58° for a minimum and 75° to 80° for a maximum are a good ideal.

**Water:** Water about once a week. Keep plant fairly moist but not wet.

### beauty tips

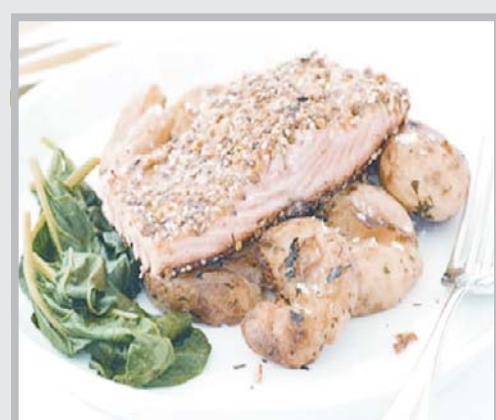


#### face shape tips

Have you ever looked at people's necklines and wondered what type of top would look good on you based on your facial shape? This is a little guide for woman on how to choose the right top based on the shape of your face.

**Round:** V-necks with long, pointed collars. Square: Round necks with peter pan collars. Heart: Square necks or wide collarless V-necks. Oval: Roll-necks or deep V-necks with shawl collars. Long: Jewel neckline or a mandarin collar.

### taste buds



#### crusted salmon

**Ingredients:** 4 skinless salmon fillets; 1/4 cup pistachio dukkah; olive oil spray; saffron rice, to serve; steamed asparagus, to serve; lemon wedges, to serve

**Method:** Sprinkle salmon fillets with the dukkah and press to coat. Heat a large non-stick frying pan over medium-high heat and spray with oil. Cook salmon for 1-2 minutes each side for medium or until cooked to your liking.

## Dear Abby

### Father ignores girl's hair lice infestation

#### By Abigail Van Buren

**Dear Abby:** I take care of two girls. I have never asked for money from their dad. Because they are poor, I go to great lengths to make sure they get the same advantages as everyone else.

I took the girls to the hair salon because I wanted them to feel pretty. When it was the youngest girl's turn, the stylist found lice in her hair! She was at what they call an "infestation period." After that it's an infection and then baldness.

I went to their father and asked about the lice. He knew the entire time that she had lice and did not warn me or my family. Abby, he knowingly put my loved ones at risk! He isn't a good parent and doesn't make the youngest shower or take lice treatments. I know he doesn't care about the lice, so he's probably making her go to school despite the lice policy. What should I do?



#### — Infested in California

**Dear Infested:** Among the "joys" of parenting is ensuring that one's children practice proper hygiene and their medical problems are treated. Father of the year this man isn't.

Of course he should have warned you so you could caution your children. He should also be watching his children more closely to be sure they shower regularly. Keep an eye on him, because he may be neglecting his girls in other ways. Could he be unaware that a head lice infestation can be treated? Because you are concerned about the girls' welfare, perhaps the school should be alerted.

According to the Centers for Disease Control, as many as 12 million lice infestations occur in the United States each year, and they are not caused by poor hygiene. While they may be inconvenient and cause severe itching, the condition is treatable, and they do not generally cause baldness.

According to kidshealth.org, head lice are "spread mainly through head-to-head contact, but sharing clothing, bed linens, combs, brushes and hats also can pass them along. Kids are most prone to catching lice because they tend to have close physical contact with each other and share personal items."

**Dear Abby:** I'm the product of my father's infidelity. My mother, who was 19, abandoned me. My grandmother took me in and raised me. I grew up very poor, but I made it. I got my college education plus a master's degree.

Actually, I think my biological mother did me a favor by leaving me because she's not a good person. She is now very ill, with only months to live. One of my half-sisters contacted me last night to let me know.

I don't hate her. I just do not feel anything for her. I'm 50 now, and she has never been a part of my life. I'm not sure if I should go and see her before she dies.

#### — Unsure Of It

**Dear Unsure Of It:** Your half-sister may have contacted you to give you closure before your mother dies, or because your mother asked her to. If you have any questions you would like answered, you should go. Having never met your mother, I can't judge whether she's "not a good person" or simply someone who made terrible decisions and got on the wrong path when she was still a teenager. And I'm not sure you should judge her either, until after you have had a conversation with her.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

It's always true, but sometimes we forget:

**Storytime at Amricani**  
Saturday, 23 March at 3:30  
Amricani Cultural Centre

No registration is needed.  
We will start promptly at 3:30, so please arrive a bit early.

A flyer of the event

Is there any such things as 'junk' when it comes to art supplies?  
We don't think so!

**CAW Tots**  
for children ages 3 - 6

Amricani Cultural Centre,  
Saturdays, 9:30 - 10:15 AM  
23, 30 March and 6, 13 April

Registration closes at 4 PM on 21 March.  
To register or for more information, please email  
education@darmuseum.org.kw

A flyer of the event

## what's on today

emergency number 112

Civil ID info: 1889988

■ **Toastmasters annual contest:** It is our immense pleasure to invite one and all to the uniquely crafted Division E Annual Contest scheduled for March 22, at Gulf University for Science and Technology (GUST), Mishref, Kuwait.

An apt theme 'Up Your Game' goes on to fuel the passion of speakers, role players and audiences. It is going to be the center stage providing umpteen opportunities to learn grow and excel.

Time to pick up your mobiles, laptops and mark your calendars "Friday, 22.03.2019" as you should be catching this once in a year opportunity to witness eloquent speakers when they Up The Game with their captivating and spectacular speeches that will leave us all spellbound. Entry to this event is free of cost, so feel free to get your family, friends, colleagues and other loved ones.

If you too want to become an outstanding leader, a person whom everyone looks up to and is an idol to many, than toastmasters is the right platform for you to develop your personality. Toastmaster international provides a supportive learn-by-doing environment that allows everyone to achieve their goals. It offers everyone an equal opportunity with that help develop and accelerate speaking skills along with honing leadership proficiencies. If you, your family or friends wish to be part of this exciting journey of ever evolving and want to stand out as tall leaders, people who can think out of the box and can speak on any platform then this is just your perfect gateway. Feel free to connect with us at : 65554673, 97200120, 99024673

Published by Farhan, farhan.merchant@gmail.com, 99783130

■ **UBC badminton touney:** United Badminton Club (UBC) is inviting all

players and enthusiast of all nationalities to join their badminton tournament every Friday from 9:00 am to 4:00 pm. UBC offers 10 badminton courts for their tournaments, where an exciting price awaits to the winners. And not just that, they also have raffle prizes for those who joined their tournaments. UBC also allowing exclusive badminton courts for hourly rentals. UBC is a newly-formed badminton club located at Street 9, Block 3, Fahaheel Sports Club, Fahaheel, Ahmadi Al Asimah Kuwait headed by Dennis Romeo Malay and Jimmy Carandang. For more information please contact the following number 6566753.

■ **Free IFRA coaching classes:** Indian Football Referees Association (IFRA) will be starting free refresher/coaching



Happy 6th wedding anniversary to Aeriane and Ferdinand Castillo! May your love grow stronger and inspire all, and may life bless you with all its gifts. Greetings from your family, relatives and friends.

classes for existing referees, new recruits, those aspiring to be referees and even those who would like to learn about the laws of the game at IEAS - Salmiya (Don Bosco).

Classes will be from 9:00 am to 12:00 pm every Friday.

Those interested may call 99519439 or get in touch with any IFRA member for registration.

■ **FBC tournament:** Filipino Badminton Committee (FBC) is inviting all badminton enthusiast in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khalidoun Hawalli. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie Umandap - 97197268

■ **Arnis/Eskrima training:** Eskrimador-Kuwait a member of Cacooy Doce Pares World Federation now opens a new batch of training. Learn the Philippine national sports, which is Arnis/Eskrima with the authentic style and techniques. Training schedule will be every Friday from 11:00 am to 1:00 pm @ Kaifan Sports Complex-Karate Gym. Text or call #50292148-Hermis.

■ **IPC Arabic Course:** IPC Rawdah Ladies Section will commence the Arabic Conversation Course. The students must have successfully completed at least 3 levels of Arabic. Placement test will be taken by those who took Arabic class outside IPC. Class is every Friday from 9-11 am.

IPC Rawdah-22512257

■ **St Paul's Church weekly activities:** English worship services on Fridays at 10.30 am and on Sundays at 6.30 pm. The Friday English service has separate sessions for children and youth. A Mandarin language speaking congregations meets separately on Fridays at 10.30 am in the Youth Centre at St Paul's. A combined service with the English and Mandarin language congregations is held on the first Friday of every month. A family service is held on the second Friday of every month with presentations from different organs of the church. The Church of Pakistan has services in English every Thursday at St Paul's at 5.35 pm and for Urdu language speaking members every Friday at Diwaniya of the NECK Centre, Kuwait City at 5.45 pm. Please contact Fr Michael Mbona on mobile 65960781 or call at Church house on 23985929 or email to chaplain@stpaulskuwait.com or mrmbona@gmail.com For Mandarin speaking congregation contact Revd Zhu Peijin on 99551783 and her email address is greenolive@hotmail.com

Contact person: Fr Michael Mbona Mobile: 65960781 Email: mrmbona@gmail.com

■ **Redeemed Christian Church:** The Redeemed Christian Church of God (HOD Parish) worship in English. Celebration Service: Friday 9 am - 11 am; Divine encounter: Sunday, 6:30 pm - 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm - 8:30 pm; Night vigil every last Friday of the month from 10 pm.

Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rcghouseof-davidq8@gmail.com