

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Wednesday, July 24, 2019: This year, you have the ability to read between the lines and really understand where the other party comes from. If single, you will tend to cruise the single scene but will settle down when someone of interest surfaces. Your domestic life becomes increasingly important. If attached, the two of you often find yourselves mired in a problem yet seem to work through the issue. Your caring and willingness to make your union work make all the difference. TAURUS often serves as an anchor in your life.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** Stay centered on priorities and do

not be overwhelmed by what you feel. Some difficult-to-define feelings may seem to come from out of nowhere. When the time is right, you will be able to understand what is bothering you. Tonight: Let your fun, spirited nature emerge.

Aquarius - (Jan 20 - Feb 18)

**** You will tend to say exactly what you want. Others might have a strong reaction to your words. Listen, and perhaps be more graceful in your word choice, but keep the essence of your thought. Someone's tantrum will pass. This person is exercising his or her will! Tonight: Happily, at home.

Pisces - (Feb 19 - Mar 20)

*** You might be dealing with funds, vacations and personal needs. Do not forget to share your thoughts with others, especially those who are close to you and could be

impacted by your decisions. Listen to comments. Tonight: Share thoughts with a trusted friend to get feedback!

Aries - (Mar 21 - Apr 19)

**** Do not take the present good luck run as never-ending. Do be careful handling finances. The problem might not be you but those with whom you have financial interactions. Double-check amounts on bills. Count change. Tonight: Evaluate a purchase.

Taurus - (Apr 20 - May 20)

**** You might have been noticing your friends' more upbeat attitudes and felt ever so slightly envious. Come late in the day, you will feel far more together than you have of late. Tonight: Do your thing.

Gemini - (May 21 - June 20)

**** You are personality-plus all day long. You interact well with friends and groups. Nevertheless, some statement made could cause you to pause and think. Try not to internalize or obsess over it. Tonight: Get a good night's sleep.

Cancer - (June 21 - July 22)

**** Your emotional candor emerges more often than not. You probably recognize that some people cannot deal with this honesty. Someone's attitude could reflect his or her discomfort more than usual. Tonight: Together with friends, midweek break.

Leo - (July 23 - Aug 22)

**** You can deal with another person's dissatisfaction better than usual. Know that the base of this schism might be a misunderstanding and the other party's insecurities. You might want to approach this issue dif-

ferently this time. Tonight: Head home early.

Virgo - (Aug 23 - Sept 22)

**** You can be very successful in dealing with financial matters, but if another party decides to disagree, you cannot get past an issue as easily. You might be dealing with another person's need for power. Tonight: Detach and listen to understand what is going on.

Libra - (Sept 23 - Oct 22)

**** Defer to others and let them seize the stage. You cannot help but enjoy others' perspectives, especially if you are secure. You normally agree; however, a rift might have to do with a need to be heard. Tonight: Munchies for two.

Scorpio - (Oct 23 - Nov 21)

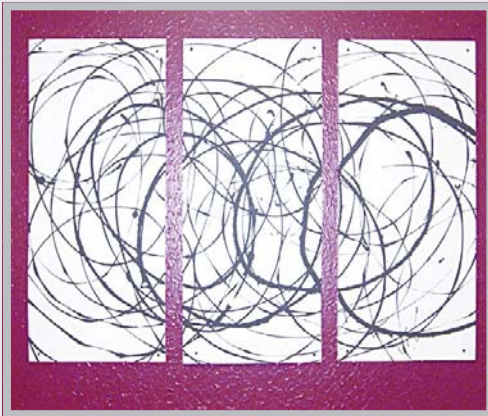
*** You plunge into the workday with energy, knowing how much you would like to accomplish. Finances could throw you an unanticipated curveball, putting you off your schedule. Tap into your ingenuity for a resolution. Tonight: Have a long overdue chat with a close friend or loved one.

Sagittarius - (Nov 22 - Dec 21)

**** Tap into your creativity to resolve a last-minute snafu. You could be overwhelmed by all that you hear. Try not to push away negative comments. Listen and see if there is any truth in the comments that needs to be dealt with. Tonight: Take a break from the intensity of the moment.

Born today: Entertainer Jennifer Lopez (1969), baseball player Barry Bonds (1964), actress/singer Megan Park (1986)

home decor



freestyle art

Supplies: 3 Canvases; black paint; brush
Instructions: Place the three canvases side-by-side, now using the thin brush and black paint draw freestyle. Once it is dry, hang up the canvas.

indoor gardening



haraella retrocalla

This plant is native of Taiwan flower with rather strong fragrance a sort of lemony. This plant can bloom any time of year, and is often either in spike, bud, or bloom. Flower last 2 to 4 weeks, with each new spike or bud taking about a month to develop.
Site: This plant needs high humidity and medium light.
Temperature: Temps are in the intermediate to warm range.
Water: Water daily, but allow to dry out slightly between waterings.

beauty tips



hair brush hygiene

It is easy to forget to keep your brushes clean, when you are rushing about every day. Wash any brushes and combs at least once a week in warm water to which a little shampoo is added. You can also dissolve a tablespoon of bicarb in warm water, add a little liquid antiseptic and shake rapidly for a minute or two.

taste buds



singapore noodles

Ingredients: 200g vermicelli rice noodles, 2 tsp vegetable oil, 3 eggs, lightly beaten, 6 sausage sliced diagonally, 1 red capsicum, seeded, thinly sliced, 3 garlic cloves, crushed; 2cm ginger, finely grated; 2 tsp curry powder, 4 green onions, thinly sliced; 1/4 cup soy sauce, 2 cups bean sprouts
Method: Cook the noodles. Make large omelets, once cooked slice into thin strips. Heat oil in wok, stir-fry sausage 30 sec. Add capsicum, garlic, ginger and curry powder. Stir-fry 1-2 min. Add noodles, green onions and soy sauce. Stir-fry 3-4 min, until heated through. Mix sprouts through. Serve topped with omelets.

Dear Abby

Recent 'revelation' of affair threatens to break up family

By Abigail Van Buren

Dear Abby: I just found out that my boyfriend of 12 years slept with my stepmother last year. She doesn't know I know, and now that I do, I struggle with it. Should I tell my dad what I found out, confront her or let sleeping dogs lie? I am deeply hurt. I feel like my heart has been torn out. How can I forgive and forget this?

— **Wounded In Utah**

Dear Wounded: How did you happen upon this news? Did your boyfriend tell you? Unless you are absolutely certain it's true, do nothing. If you are certain, get rid of this poor excuse for a "boyfriend". And tell your father and stepmother what you know and how hurt you are.



Abigail

Dear Abby: You always tell us to consider whether we would be better off with or without somebody. What if it's your sister? My sister and I are of retirement age and had a falling out. I felt she had become too needy, and she was very hurt when I told her so. She is awaiting my apology, which has been the pattern of our lives. Although we live 30 miles apart, I have no desire to contact her.

Because I was usually the one she went to for advice and companionship, I feel guilty for "abandoning" her and often wonder if she's OK. We are both healthy and self-sufficient. I love her because she's my sister, but I can truly say my life is easier and less complicated without her. The thought of contacting her is too much to bear. On the other hand, she's my sister.

— **Better Off In Colorado**

Dear Better Off: You say your life is better off and less complicated without your needy sibling, and that you have no desire to contact her. OK. So what exactly is your question? Are you waiting for me to "order" you to call her and apologize? The price for that will be shouldering again the burden of her neediness. If you're worried about how she's doing, ask someone who is in touch with her. But hold a good thought. If you have heard nothing, she's probably fine. Bad news has a way of traveling fast.

Dear Abby: When we got married, I thought even though he told "everyone" he did it because he had to, that he truly did love me. But as the years have passed, I have realized that maybe he was telling the truth and he did marry me for that reason rather than for love. I feel unloved most of the time. Lately, I have been thinking maybe it's time to just move on. What's your advice?

— **Feeling Torn**

Dear Feeling Torn: Rather than dwell on something your husband said in the past, raise the subject again. And when you do, tell him you are doing it because you feel unloved most of the time. If he tells you he meant it then and still feels that way, my advice is to ask yourself if this is the kind of marriage you want for the rest of your life. Some women are so afraid of the unknown that they would stay in this kind of marriage, regardless of the pain. Because I assume you have a child, you and your husband need to figure out if you can improve your relationship. If not, then it may be time to move on.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

what's on today

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

emergency number 112

Civil ID info: 1889988

■ **Bridge game:** Bridge tournament is being held every Sunday and Wednesday at 20:00 hours, played at the Graduates Club, next to Kuwait Engineering Society. Interested Bridge pairs or individual players please contact Mohammed Merchant, Tel: 24815622, 24841158, 99612287.

■ **Islamic classes in French:** The Enlightenment into Islam is offering Islamic Classes in French for ladies. Timings 4:30 to 7 pm. Every Wednesday. Please register at the office (Women's Section), 2nd floor. For more information please contact us. Telephone 25362684, 99789954, 99507076, 97743327. Fax 25342573 (attention — Enlightenment into Islam)

■ **KTCC activities:** Worship service — every Wednesday 7:00-9:00 pm at North Tent, NECK.

Children's Bible School — every Wednesday 7 to 9 pm at Activity Building, NECK.

Overnight prayer — every 1st Thursday from 10 pm — 4:00 am at Diwaniya, NECK.

Communion Service — every 3rd Wednesday.

The Following meeting are held at our KTCC Prayer House:

1) Children Bible School Teacher's Prayer — 1st Saturday 7 to 9 pm.

2) Children's Prayer — 2nd Friday 6:30 pm to 8:30 pm.

3) Bible Study — every 2nd and 4th Sunday at 7:30 pm to 9:00 pm.

click

Drinking problem?: Friends of Bill W. are available to help. Totally confidential. Email: rohsecretary@gmail.com

Narcotics Anonymous: NA can help with addiction problems. Totally confidential: 94087800 English/Arabic.

Cancer online support group: If you are Cancer patient or family member fighting with this deadly disease, come join our online support group. Best way of dealing with this disease is providing support and share our experience with each other. There are lot of things which even doctors can't tell so be member of this website and start sharing your experiences which may help others. October is recognized as National Breast Cancer Awareness Month (NBCAM). The primary purpose is to promote self examination and screening mammography as the most effective way to save lives by detecting breast cancer at early stage. For more information visit: <http://fightingwithcancer.webs.com/>

General

Timbre Talkers meeting: Timbre Talkers has completed almost 9 years in Kuwait and is a dynamic and happening club with stalwarts and winners who have represented it to the Division and District levels. "Timbre" means the pitch of sound and each and every member represents a unique sounding speech which resonates as a stupendous orchestra when played together. Our Club meets every first and third Tuesdays at 7:00 pm at Better Books in Salmiya. Our members not only look forward to the innovative meetings but also to the yummy food our members bring from home.

Do come and witness our meetings and join us for a fun-filled evening.
For details contact: Rohaina Aqueel VP

دار الآثار الإسلامية
Dar al-Athar al-Islamiyyah

Shel Silverstein writes with heart and one shouldn't miss a chance to explore one of his books.

Shel Silverstein
THE MISSING PIECE

Storytime at Yarmouk
Wednesday, 23 July at 4:30 PM
Yarmouk Cultural Centre

No registration is necessary.
We will start promptly at 4:30 PM, so please arrive a bit early.

تعليم
Education

Summer Cultural Season 24
الموسم الثقافي
www.darmuseum.org.kw

A flyer of the event

دار الآثار الإسلامية
Dar al-Athar al-Islamiyyah

What happens when you 'mash up' two books?
Say, the two books below?
And you ask kids to create a play?
In less than an hour?

JOHN LITHGOW
Never Play Music Right Next to the ZOO

Giles Andraac
Guy Parker-Rees
GIRAFFES CAN'T DANCE

Find out a special
Storytime at Amricani
Saturday, 27 July at 3:30 PM
Amricani Cultural Centre

NOTE: The kids will create their play between 3:30 and 4:30 and perform it at 4:30, so this Storytime will run long.

No registration is required
We will start promptly at 3:30 PM, so please arrive a bit early.

تعليم
Education

Summer Cultural Season 24
الموسم الثقافي
www.darmuseum.org.kw

A flyer of the event

PR, 66634224; Anand Pillai VP Membership 67055797

■ **IEI Kuwait membership:** The Institution of Engineers (India), Kuwait Chapter invites all its members to update their membership information for the year 2018-19 and actively participate in the chapter activities. Indian engineers residing in Kuwait are welcome to join the pool of more than 750,000 engineers by becoming corporate or non-corporate members of The Institution of Engineers (India).

IEI, Kuwait Chapter conducts many technical events for the benefits of its members. Please

watch for further details in your registered e-mail or announcement in media. The chapter has science club activities for members' children, and ladies wing activities for the member's family. IEI, Kuwait Chapter has facility to register student members for AMIE Examination for those interested in pursuing career enrichment.

For more information and on chapter membership, kindly contact IEL, Kuwait Chapter on Mob: 90098667 or through email to iekwt@hotmail.com

■ **Advisory for OCI card holders:** All those

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24818267 or e-mail to [arabtimes@arabtimes@arabtimesonline.com](mailto:arabtimes@arabtimesonline.com). All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

- ISOM — Batch 1 Class Tuesdays — 7 to 9 pm and Batch 2 Class Fridays — 4 to 6 pm.
- Choir Practice — Mondays — 6 to 8 pm.
- Men's Fellowship — 4th Friday — 10:00 am to 12:00 pm.
- Women's Prayer — (Abbasiya) — 3rd Sunday — 6:30 to 8:30 pm and (Salmiya) 4th Tuesday — 6:30 to 8:30 pm.
- Fasting Prayer — every 3rd Friday from 12:00 Noon — 3:30 pm.
- Cottage Prayers — every 2nd and 4th Week.
- Baptism Service — every 4th Friday.

Welcome to all Tamil known people to participate in our regular activities to worship the Lord in our own mother tongue and be blessed!

For details or for any prayer needs contact Tel No: 66920350 / 99432849.

having OCI Cards are required to carry both their OCI Card and passport to travel to India so that they do not face any difficulty in immigration clearance.

From October 2018, ICAO will accept only machine readable travel documents, hence, existing PIO Cards, which are handwritten will therefore, become invalid. Thus it will be necessary upon PIO Cardholders to obtain machine readable OCI Cards in lieu of existing handwritten PIO Cards before October 2018 to avoid any inconvenience.

■ **Q8BBall Season 13:** Q8BBall is beginning our 13th season with Boys U13 (ages 10-13) and U17 (ages 14-17). We train three times a week and play regular games throughout the year with schools and clubs. Contact Coach T 97128884 for information.

■ **Invitation to Grand Mosque:** The Visits Department is pleased to invite you to visit the Grand Mosque, which is one of Kuwait's most treasured religious and cultural landmarks to discover the beauty of Islamic arts and architecture. Free guided tours are available all year round on official working days between (9-11 am) and (5-7 pm), within a special tour program designed to cater to the needs of different age groups. The program is as follows:

Reception; Auditorium show; (according to age group); Touring the Mosque; Q & A; Art workshops; (according to age group — between 5 and 18 years old); Snack break; Distribution of the Grand Mosque publications and souvenirs; End of tour.

According to these age groups:
Age group: 5 to 9 years old: Morning: 60 visitors max; Evening: 20; 10 to 15 years: Morning: 100 visitors max; Evening: 45; 16 and above: Morning: 140 visitors max, Evening: 105;

Tour language: Arabic- English- French; Arabic (English upon prior request); Arabic-English- French; Arabic (English upon prior request); Arabic- English- French; Arabic (English upon prior request)

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