

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Friday, July 19, 2019:

This year, you'll be a lot happier than you have been in many years. Friendship will play a big role in making you more content. Your relationships in general will become far closer. If single, you've often dreamt about what you want but don't often realize that wish. You could this year. If you're attached, you and your partner become far more connected than you have been in the past. Situations that had caused friction seem to flow. Your sweetie delights in the frequent flights of fantasy that your active imagination provides. Pisces helps inspire you to go for what you desire.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

*** You might still be concerned about your budget. You have a lot to accomplish, and you'll do so. Maintain your sense of well-being. Continue working with your budget. Consider other ways to make your budget meet your needs. Tonight: Out. All smiles.

Aquarius - (Jan 20 - Feb 18)

**** Use the daylight hours to the max. You have a lot to do and will accomplish just that. A co-worker or another person who needs you in some form thanks you for your efforts. Tonight: Treat a friend to TGIF.

Pisces - (Feb 19 - Mar 20)

** A lot is going on behind the scenes. You could feel pushed and be experiencing some stress. Relax; think of a loved one and the upcoming weekend. You'll clear your immediate to-dos far more easily. Tonight:

What you want to do most.

Aries - (Mar 21 - Apr 19)

**** You might feel like doting on a close loved one or family member. To see your wish fulfilled, you still need to clear the path. Handle the issue and clear your desk. At that point, you'll be able to dote on the person as much as you wish to. Tonight: Continue as you have been.

Taurus - (Apr 20 - May 20)

**** You've accepted an enormous responsibility. You could be feeling overworked and mention that fact to a friend. Whether this person buys you a cup of coffee or offers a cheerful comment, you'll be re-energized. Tonight: A friend makes a suggestion that you like!

Gemini - (May 21 - June 20)

**** You keep hearing from a friend or another person whose comments you appreciate. You might be gaining another impression of what's happening. Your perspective changes; as a result, you seem more easygoing. Tonight: Leader of the gang!

Cancer - (June 21 - July 22)

**** Feelings run high, and you have a lot to deal with. Make doing so your pleasure because you know how to deal with emotions. You'll also help a loved one or child express his or her feelings. Tonight: Detach; go off to enjoy a favorite pastime.

Leo - (July 23 - Aug 22)

**** You rarely defer to others. How you feel about a situation could inspire you to en-

courage someone else to take the lead. You might be delighted by this person's response and what he or she does. Tonight: A cozy dinner for two.

Virgo - (Aug 23 - Sept 22)

*** You might be concerned about completing a project that's been on the back burner. You'll feel much better as a result. A friend seeks you out. He or she wants to spend some time with you. Finish this project first. Tonight: Celebrating!

Libra - (Sept 23 - Oct 22)

**** You have a way with words and enough charm to convince another person that your way works. Don't kid yourself; others will notice your beaming grin. Don't forget certain obligations. Tonight: Getting errands done.

Scorpio - (Oct 23 - Nov 21)

*** You could feel as though another person is preventing you from continuing on your chosen path. Many of you could be distant and pouty. Trust. Whether this is true or not, you can find a creative solution. Tonight: Kick in the workweek. TGIF.

Sagittarius - (Nov 22 - Dec 21)

**** You frequently draw friends toward you, but at the moment, you'd like a little less activity. You want to clear the deck in order to complete your work and make time for a loved one. Tonight: You don't need to go far from home.

Born today: Artist Edgar Degas (1834), musician Brian May (1947), comedian/musician Shane Dawson (1988)

home decor



book tree

Supplies: Old book paper; pen; scissors; ruler; bone folder; glue stick

Instructions: Download the template and print it out onto book paper. Cut out template and trace onto colored paper. Make small marks where the fold lines intersect the sides. Cut out traced shape. For the large tree, you will need to trace and cut 3 of these. Using a bone folder, ruler score the fold lines (these are marked by dashed lines on the template), then fold accordion style as shown. Repeat with all 3 tree pieces. Glue the inner folds together as shown below. Repeat for all 3 tree pieces. Glue end flaps together to join all 3 tree pieces.

indoor gardening



vanilla planifolia

Vanilla planifolia is a species of vanilla orchid. It is native to Mexico, and is one of the primary sources for vanilla flavoring, due to its high vanillin content. It is commonly known as Flat-leaved Vanilla. Flowers last only a day. The yellowish-green orchid flowers bear 6- to 10-inch-long brown seed pods, which are the vanilla beans used for extracting vanilla flavoring.

Site: Vanilla should be placed near a window away from direct sunlight in light shade and humidity is required.

Temperature: Coldest temperatures are 59°-64°F and the maximum average temperature is 86°F

Water: Regular watering with mineral or raining water only.

beauty tips



Nail hardener

To a bottle of clear nail polish add 8 drops of lemon, 5 drops of iodine, a crushed garlic. Mix well, let macerate for a day. Apply a layer daily for 15 days in a row. Then, remove nail enamel and you will have strong fingernails.

Pour 3 tsp of olive oil into small bowl. Stir in 1 tsp of lemon juice. The use of olive oil is an age-old remedy for strengthening nails. The addition of lemon juice will help brighten weak nails and make them look whiter. Place nail strengthener in microwave for 10 to 15 seconds. Remove nail strengthener after heating and stir with spoon. Apply homemade nail strengthener to nails using clean cotton swab.

taste buds



chocolate bites

Ingredients: 600g chocolate mud cake with icing; 1/3 cup sultanas; 1 tsp ground cinnamon; 200g dark chocolate, block, melted

Method: In a food processor, combine cake, sultanas and cinnamon. Process until combined and mixture forms a soft ball. Roll level tablespoons of mixture into balls, flattening base, to form a bun shape. Freeze 20 minutes. Line a tray with baking paper. Insert tip of a fork into base of chilled ball. Dip into chocolate to coat, allowing excess to drizzle back into bowl. Using another fork, carefully lift ball from fork and transfer to tray. Repeat with remaining balls and chocolate. Chill

Dear Abby

Sisters planning trip plot to leave husband behind

By Abigail Van Buren

Dear Abby: My son just got a job in Europe and has invited me to visit when he and his family are settled. I have never traveled out of the country, and I'm excited to go. I suggested staying at least a month, and he and his wife agreed.

When I told my sister, she excitedly told me she'd like to come along. We would be very happy to have this time together because she lives across the country, and we don't see each other often.

We are in good health, but her husband has many health issues. He falls a lot and has had concussions while using his walker. He coughs almost constantly, uses CPAP at night, takes multiple medications throughout the day and needs to stop often to rest and catch his breath. He also needs frequent naps.

We are all around 70, and Sis and I want to go while we are still in good health. She has not told Hubby about the month-long trip to Europe because she knows he will want to come. He would not be alone at home. Their two adult children and four grandchildren live in their large home and can assist him with food, doctor appointments, etc. We also have a brother who takes him out once a week.

I'm thinking the best way of letting him know the trip is out for him would be to have his doctor explain why it's not advisable. Any other suggestions would be most appreciated.

— Europe-bound

Dear Europe-bound: If your sister truly plans to take a month-long trip to Europe while her husband has one foot on a banana peel, then she should be the one to break the news to him. If she needs backup, I'm sure the doctor can explain to him why it would be too risky for him to tag along.

My questions would be, how do your son and his wife feel about you bringing along an extra guest (guests?) for a month, and if something terrible should happen to your sister's husband in her absence, could she live with the guilt?

Dear Abby: Years ago, when I was trying to get into a professional school, I took some classes to prepare for the entrance exam. It cost my dad money to put me through the training. A few of my classmates/friends asked me to share the training material with them. Because it was expensive and I was preparing for a competitive exam, which they were also taking, I refused.

Long story short, none of us passed the exam. We moved on and have all become successful in life, but that incident haunts me all these years (decades) later. I was living outside of the US for a long time, so I didn't try to get in touch with them or discuss why I behaved the way I did. I am likely to meet them in the near future, and I don't know how to handle this if it comes up. What do you think I should do?

— Remembering The Early Days

Dear Remembering: It is entirely possible that these individuals will not remember the incident. If they raise the subject, apologize and explain to them the reasons you were reluctant to share the material. If they don't mention it, then let it lie.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

Come Play With Us

Are you chess master?
A backgammon grandee?
A Scrabble sensation?

Come Play With Us,
Saturday, 20 July 2019,
from 2 - 5 PM
Amricani Cultural Centre

تعليم
Education

Summer Cultural Season
الموسم الثقافي
www.darmuseum.org.kw

A flyer of the event

Years from now,
what will you find stored in your memory?



Storytime at Amricani
Saturday, 20 July at 3:30
Amricani Cultural Centre

No registration is required.
We will start promptly at 3:30, so please arrive a bit early.

A flyer of the event

what's on today

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

Emergency number 112

Civil ID info: 1889988

■ **IAK to launch Women's Forum:** Idukki Association Kuwait (IAK) has announced the launching of Women's Forum, a platform for all the women in our community. The following persons were appointed as the ex-officio members: Chairperson: Lancy Babu Parayanickal; Vice-Chairperson: Joise Jiji Munjanattu; General Secretary: Akhila Sijo Mathekal; Joint Secretary: Ancy Ivy Parunthuvelil. The working committee consists of 12 members and executive committee shall have 10 members. All the women in our community shall be members by default. Special thanks to Ivy Alex, former general secretary and present media convener for the coordination for the formation of Women's Forum. The inauguration to be held at Farwaniya, Metro Medical Care Hall on July 19, Friday at 6 pm. Prominent writer and human rights trainer Hadeel Buqrais shall attend the function as the chief guest. Shiny Frank, a well-known social worker and journalist and Raseena Mohiuddeen, organizer and president of the Welfare Kerala shall attend the function along with the chief guest.

■ **Arnis/Eskrima training:** Eskrimador-Kuwait a member of Cacooy Doce Pares World Federation now opens a new batch of training. Learn the Philippine national sports, which is Arnis/Eskrima with the authentic style and techniques. Training schedule will be every Friday from 11:00 am to 1:00 pm @ Kaifan Sports Complex-Karate Gym. Text or call #50292148-Herms.

■ **Free IFRA coaching classes:** Indian Football Referees Association (IFRA) will be starting free refresher/coaching classes for existing referees, new recruits, those aspiring to be referees and even those who would like to learn about the laws of the game at IEAS - Salmiya (Don Bosco).
Classes will be from 9:00 am to 12:00

pm every Friday.
Those interested may call 99519439 or get in touch with any IFRA member for registration.

■ **FBC tournament:** Filipino Badminton Committee (FBC) is inviting all badminton enthusiast in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khaldoun Hawalli. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie Umandap - 97197268

■ **UBC badminton tourney:** United Badminton Club (UBC) is inviting all players and enthusiast of all nationalities to join their badminton tournament every Friday from 9:00 am to 4:00 pm. UBC offers 10 badminton courts for their tournaments, where an exciting prize awaits to the winners. And not just that, they also have raffle prizes for those who joined their tournaments. UBC also allowing exclusive badminton courts for hourly rentals. UBC is a newly-formed badminton club located at Street 9, Block 3, Fahaaheel Sports Club, Fahaaheel, Ahmadi Al Asimah Kuwait headed by Dennis Romeo Malay and Jimmy Carandang. For more information please contact the following number 6566753.

■ **Redeemed Christian Church:** The Redeemed Christian Church of God (HOD Parish) worship in English.
Celebration Service: Friday 9 am - 11 am; Divine encounter: Sunday, 6:30 pm - 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm - 8:30 pm; Night vigil every last Friday of the month from 10

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24616267 or e-mail to [arabtimes@arabtimes@arabtimesonline.com](mailto:arabtimes@arabtimesonline.com).

All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

pm.
Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rcgchouseofdivadq8@gmail.com

■ **St Paul's Church weekly activities:** English worship services on Fridays at 10:30 am and on Sundays at 6:30 pm. The Friday English service has separate sessions for children and youth. A Mandarin language speaking congregations meets separately on Fridays at 10:30 am in the Youth Centre at St Paul's. A combined service with the English and Mandarin language congregations is held on the first Friday of every month. A family service is held on the second Friday of every month with presentations from different organs of the church. The Church of Pakistan has services in English every Thursday at St Paul's at 5:35 pm and for Urdu language speaking members every Friday at Diwaniya of the NECK Centre, Kuwait City at 5:45 pm. Please contact Fr Michael Mbona on mobile 65960781 or call at Church house on 23985929 or email to chaplain@stpaulskw.com or mrbbona@gmail.com For Mandarin speaking congregation contact Revd Zhu Peijin on 99551783 and her email address is greenolive@hot.com
Contact person: Fr Michael Mbona

Mobile: 65960781 Email: mrbbona@gmail.com

■ **Tagalog Khutba for Filipinos:** The Ministry of Awqaf, Islam Presentation Committee, & Kuwait Philippine Cultural Center (KPC Center) invites all Filipino Muslim & Muslima to hear Khutba (Sermon) in Tagalog every Friday at Marzouq Al-Badr Mosque, Abu Bakr Al-Siddeeq St (at the back of Ambassador Supermarket and SM Supermarket, near Salihiya Police Station & Kuwait Airways Bldg) in Kuwait City. There will be a community started and lunch after Friday prayers at KPC Center in Farwaniya. For further information, please call KPC Center, Tel 4712574.

■ **Holy Quran classes:** Emanway Foundation - Musk is offering classes to teach English-speaking ladies (and girls ages 5 and up) to read the Holy Quran in Arabic. The method is al-Qaedah Noorania, a traditional program which has been used for many years around the world. (Note: 'Al-Qaedah' simply means 'base'; this can be likened to a basic phonics program.) No Arabic knowledge is required. Every Friday from 4:00 to 5:15 pm. Al-Salam Area (south Surra), Block 2, Street 201, House 30. Classes are free, but seats are limited, so register now by calling 66274724.

■ **ENK's worship service:** Every Nation Kuwait (ENK) invites you to our Worship Service every Friday, 9 am at Royal King Palace Restaurant, Kuwait City. Pls contact: 99248990 for more details.

■ **J.I.L Worship Services:** J.I.L Kuwait invites everyone on their worship service every Friday 10:30 am at the Villa located at Gharada. For more info please call 6195797 or 6330562.