

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Sunday, Feb 24, 2019: This year you break a pattern, which will allow you to become more innovative and positive. You are anchored and know what you want. You will be difficult to stop. If single, you have a distant, dreamy look that often attracts others. Winter 2019 love will heat up your life. If you're attached, the two of you will establish a long-term dream or desire. You might not like it when it manifests. Update your goals before you go after them. You will be happier in the long run. Scorpio helps you look at the long-term issues in your life.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** Zero in on friends. You might need a few carefree days to play and enjoy the good life. Your sense of discipline works against you. Understand that sometimes you do need to be more easygoing. Tonight: Let the other

party start up a conversation.

This Week: Play it low-key until Thursday.

Aquarius - (Jan 20 - Feb 18)

**** Your ability to lead others might be subtle, but it is effective. Don't push so hard to achieve certain results; you don't need to. Invite a few friends and family members over for a fun afternoon. Tonight: Let the party go on.

This Week: Reach out for someone you care about. This person needs to hear from you.

Pisces - (Feb 19 - Mar 20)

**** One-on-one relating takes you to a new level of understanding. You feel connected to someone who often seems distant. Your ability to empathize emerges. When you walk in this person's shoes, you understand a lot. Tonight: Rent a movie.

This Week: Responsibilities run high, as do rewards.

Aries - (Mar 21 - Apr 19)

**** Your instincts help you hit a home run with a loved one or a key partner. How you see this person might change as you come to understand how intuitive he or she is as well. Learn to weave your ideas together rather than have an argument. Tonight: Be a duo.

This Week: Be willing to look at the implications and not the immediate.

Taurus - (Apr 20 - May 20)

**** Others distract you from what you want to accomplish. You find several people in your immediate circle somewhat witty, into concepts and not grounded. Be aware of what is happening. Tonight: A must appearance.

This Week: Deal on a one-on-one level with a touchy matter.

Gemini - (May 21 - June 20)

**** You could try to do something differently and not get the response you had in

your mind. Your expectations might be off; review them with a loved one and get feedback. Tonight: Pace yourself.

This Week: Defer to another person. You will be happier.

Cancer - (June 21 - July 22)

**** Your emotional frequency and ability to get past a problem peak. Honor a sudden realization that could have implications. Look past the obvious and consider your options. Defer to another person who might have a better grasp of recent events. Tonight: Paint the town red.

This Week: Pace yourself, and you will accomplish a lot.

Leo - (July 23 - Aug 22)

**** How you deal with a loved one or roommate reflects who you are. Do not question what needs to happen; just follow through. You might feel ill at ease taking up a practical activity. You need to process. Tonight: At home.

This Week: Your creativity soars. You find answers and solutions. Others need your help too.

Virgo - (Aug 23 - Sept 22)

**** A loved one has a way of opening you up to many variations and thoughts. You will have a good time working through them. You are serious-minded in general. Lighten up; do not look for nor make commitments. Tonight: Visit with a loved one.

This Week: You will make a difference in what occurs if you can stay centered. Your personal life takes high priority.

Libra - (Sept 23 - Oct 22)

*** Your more-aware side emerges, allowing you to gain a greater sense of well-being. Reach out and handle a personal matter in a different style. You finally come to a conclusion that supports your lifestyle. Tonight: Enjoy the moment.

This week: Speak your mind. Let others adjust.

Scorpio - (Oct 23 - Nov 21)

**** You beam, and others notice. Staying away from you could be very difficult and challenging on another level. Understand what drives a loved one toward you and causes such emotional highs and lows. Process but do not judge. Tonight: As you like it.

This Week: Pay attention to money matters.

Sagittarius - (Nov 22 - Dec 21)

**** Be more direct. Listen to what happened, and imagine what was happening that you were not aware of. Say little. Stay aware and know your limits. Investigate what is happening through observation. Use care with finances. Tonight: Careful with spending.

This Week: Stay on top of calls, work and any matter of key importance.

Born today: Inventor Steve Jobs (1955), actress Emmanuelle Riva (1927), actor Steven Hill (1922)

home decor



air fresheners

First dissolve 1/8 cup baking soda in 2 cups hot water then add 1/2 cup lemon juice. Bring 1 cup water, 1 cup vinegar, 1 tsp vanilla extract and 1 tsp cloves to a boil then simmer over medium heat for two minutes. Remove from heat and allow to cool. Strain cloves then pour liquid into spray bottle, shake and use as needed.

Cut an orange in half and remove the pulp. Fill the empty shell with some salt. Put in the back of your fridge as a fridge freshener. The salt absorbs stale and nasty odors while the shell releases a fresh, orange smell. I also tuck one of these behind the toilet in our bathroom.

indoor gardening



anthriscus cerefolium

Chervil (Anthriscus cerefolium) is a delicate annual herb. This herb is native to the Middle East, southern Russia, and the Caucasus. The plants grow to 40-70 cm, with tripinnate leaves that may be curly. The small white flowers form small umbels, 2.5-5 cm across. The fruit is about 1 cm long, oblong-ovoid with a slender, ridged beak.

Site: It prefers a cool and moist location.
Temperature: Room temperature.
Water: Keep it well watered.

beauty tips



smooth lines with pencil liner

Rest the elbow of your dominant arm on a hard surface, and rest your wrist on your face. Tilt your head back slightly and bring your eyes to a half-open state. This creates a good angle for application, while allowing you to see what you're doing. Use your index finger and pull your eyelid gently to the side and slightly up, toward the far end of your eyebrow. Draw a line across the upper lid on the lash line, as close to your lashes as possible while still on the lid.

taste buds



chocolate cream slush

Ingredients: 2 cups water; 1 cup cream; 1-1/2 cups granulated sugar; 1/3 cup cocoa; 1/2 tsp cinnamon

Methods: Combine all the ingredients in a saucepan over medium high heat. Whisk the ingredients until sugar and cocoa have dissolved. This should take no more than 2 or 3 minutes. Once dissolved, remove pan from stove and cool, pour into a container. Freeze overnight. When frozen and ready to serve, scrape slush into cups, providing both a straw and a spoon.

Dear Abby

Wife has too little to say on biggest issues of life

By Abigail Van Buren

Dear Abby: My husband and I have problems communicating because I don't talk enough, but that's the way I was raised. My family just didn't talk about serious things. I'm not saying avoidance is right, but I have a hard time talking seriously.

When I feel put on the spot, I find it difficult to form my words correctly, and I shut down. My husband doesn't understand why I don't talk when it comes so easy for him. This gives him the impression that I don't "want" to talk, and therefore, I don't care about our marriage as much as he does. Any advice?

— My Lips Are Sealed

Dear My Lips: Issues that are not discussed often grow greater until they erode relationships. If you value your marriage, use this issue as a jumping-off point to start talking with a psychologist or other licensed mental health professional.

The way you were raised was unhealthy. It is destructive to building relationships as well as self-esteem, and can have lifelong consequences, as you are finding out. Please don't put it off, because your communication problem won't resolve until you do something proactive about it.

Dear Abby: May I educate your readers about a little-known disorder called misophonia? It means "hatred of sound," and it can cause rage or panic. Misophonia is triggered by sounds such as breathing, eating, yawning, chewing or whistling. It can also be caused by a repetitive motion, such as when someone is fidgeting, jostles you or taps their foot continuously.

I suffer from this disorder. I work in the health care field and am often surrounded by people who chew and/or pop/crack their gum. I have had the difficult, often embarrassing, conversation about my disorder many times to no avail. The gum-chewing continues.

Do you agree it is unprofessional to chew gum in the workplace? How do I make people understand this is a real disorder that causes me physical pain and duress?

— Suffering in the West

Dear Suffering: I have to agree that chewing gum in the workplace is both un-sightly and unprofessional. In the interest of full disclosure, I confess I'm guilty of the crime. Before I condemn anyone for eating, chewing, yawning, foot-tapping, etc., allow me to point out that the solution to your problem may be as simple as noise-canceling headphones. I urge you to try it before requesting a private office.

Dear Abby: Is it selfish for a 62-year-old recently widowed grandmother to want more in her life besides her one daughter and three grandchildren?

— Wants more in the east

Dear Wants More: Of course it isn't selfish! If "someone" is trying to sell you that nonsensical idea, my advice is not to buy it. You deserve happiness and fulfillment, and you should not allow anyone to prevent you from seeking it.

(Could it be the "someone" wants a free baby sitter?)

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)



Photos from the event

Sharada Sangeetha Vidyalaya organises 'Krishna Ganam'

Sharada Sangeetha Vidyalaya (SSV) organized its annual program titled "Krishna Ganam" at the Udhayam Grand Hall, Mangaf on Feb 15. The event is the brainchild of Guru Smt Devi Hariharan, who also celebrated her 13th anniversary as a music teacher with this program. It started with the lighting of the lamp, by the Chief Guest Mahesh Iyer, the Guest of Honor Dr Ananthi Natarajan, the Guru and other esteemed guests. Twenty children from different age groups, under the tutelage of Guru Smt Devi, sang an entirety of 20 songs in different ragas with passion and enthusiasm. They rendered beautiful com-

positions in praise of Lord Krishna viz "Enna Dhavam Seidhanai" in Ragam Kaapi, "Swagatham Krishna" in Ragam Mohanam, "Rangapura" in Ragam Brindaavana Saaranga, "Alaipayuthey" in Ragam Kananada and many more.

Avantika, Kalaiyarasi, Kaviyarasi, Lakshitha, Bavishni, Madirakshana, Shyam, Dakshashri, Shrinithi, Jayashree, Deivashree, Anandini, Chandrini, Durai, Swathi, Yazhini, Lakshani, Harini, Rahavi, Lakshana and Vasanthi presented these songs with zeal and managed to keep the audience enthralled throughout the evening. The stu-

dents were accompanied for the event by Vidwan Sri Balamurali on the violin, Vidwan Sri Perunna Hari on the mridangam, and Sri Ragesh on the Ghatam. Both the Chief Guest and the Guest of Honor had high praise for the Guru and her style of teaching. Towards the end, all the students received mementos in appreciation of their performance from their Guru, Iyer and A. N. Natarajan. The program ended successfully, amidst heavy rainfall, with "Bhaagyada Lakshmi" in Ragam Madhyamavathi after which the audience and participants proceeded for dinner.

what's on today

emergency number 112

Civil ID info: 1889988

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

■ **Bridge game:** Bridge tournament is being held every Sunday and Wednesday at 20:00 hours, played at the Graduates Club, next to Kuwait Engineering Society. Interested Bridge pairs or individual players please contact Mohammed Merchant, Tel: 24815622, 24841158, 99612287.

■ **IPC Islamic Courses:** "Say: O my Lord, let me grow in knowledge". IPC is offering Islamic courses in English (for ladies only). Muslims and non-Muslims are welcome.

1. Tilawa Surah Ar-Rad and Surah Ibrahim — Sundays at 5:30-7:00 pm; 2. Principles of Tafsir (part 2) - Sundays at 7:00-8:30 pm; 3. Tajweed 3 - Tuesday, at 5:30-7:00 pm; 4. Jesus in Surah Mariam (part 2) - Tuesdays at 7:00-8:30 pm. Instructor: Sr Zeinab Hassan Ashry Place: IPC - Women Section Al-Raw-

dah, Area 3, Street 30, House 12, opp 4th Ring Road. Email: ipc_sch@yahoo.com, Telephone: 22512257.

■ **St Paul's Church weekly activities:** English worship services on Fridays at 10:30 am and on Sundays at 6:30 pm. The Friday English service has separate sessions for children and youth. A Mandarin language speaking congregations meets separately on Fridays at 10:30 am in the Youth Centre at St Paul's. A combined service with the English and Mandarin language congregations is held on the first Friday of every month. A family service is held on the second Friday of every month with presentations from different organs of the church. The Church of Pakistan has services in English every Thursday at St Paul's at 5:35 pm and for Urdu language

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All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

speaking members every Friday at Diwaniya of the NECK Centre, Kuwait City at 5.45 pm. Please contact Fr Michael Mbona on mobile 65960781 or call at Church house on 23985929 or email to chaplain@stpaulsku

wait.com or mrbona@gmail.com For Mandarin speaking congregation contact Revd Zhu Peijin on 99551783 and her email address is greenolivecc@hotmail.com

Contact person: Fr Michael Mbona Mobile: 65960781 Email: mrbona@gmail.com

■ **Redeemed Christian Church:** The Redeemed Christian Church of God (HOD Parish) worship in English.

Celebration Service: Friday 9 am — 11 am; Divine encounter: Sunday, 6:30 pm — 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm — 8:30 pm; Night vigil every last Friday of the month from 10 pm. Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rcgchouseofdividq8@gmail.com