

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Sunday, Dec 15, 2019: This year could be rewarding if you learn to be flexible. An element of the unexpected runs through the year. You learn to relax and have more confidence in yourself. If single, you cannot count on a new bond being long term until it is. You will experience many ups and downs. If attached, the two of you find this year exciting. One of your biggest issues will be your lifestyle choices. You will find the right pace and pattern for you. LEO might push you to agree with them, but they mean well.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** One-on-one relating is highlighted. You are not always comfortable with this type of interaction and might exhibit a bit of discomfort -- like walking away from the affectionate person! Tonight: Say yes to a

unique opportunity. This Week: You discover anything is possible if you allow others to participate.

Aquarius - (Jan 20 - Feb 18)

**** Defer to another person who you care a lot about. You might be strong-willed, but so is this person. Knowing when to pull back and let the other party have more of what he or she desires is important to your bond. Tonight: Out and about.

This Week: Speak your mind, but listen well to the response. Understand where someone is coming from.

Pisces - (Feb 19 - Mar 20)

*** Defer to others who seem to know what they want and what works for them. Your fatigue might be a surprise to you but not to others who have watched your hectic pace this month. Tonight: Simmer down.

This Week: Others hold the cards. You might have more time than you thought!

Aries - (Mar 21 - Apr 19)

**** When others get near you, they sense vital, exciting energy coming off you. You easily could be convinced to throw a spontaneous get-together involving the holidays, or you may decide to do away with Christmas in the traditional sense. Tonight: Just be yourself.

This Week: Expect to become very busy starting Tuesday.

Taurus - (Apr 20 - May 20)

*** Your loving nature emerges when dealing with a family member or staying close to home. You might choose to get all your decorating done or wrap as many packages as you can. Tonight: Indulge in a favorite meal.

This Week: Getting going could be challenging, but your fun, romantic personality emerges by Wednesday.

Gemini - (May 21 - June 20)

**** You are likely to see a personal matter in a different light. You have pushed hard to achieve certain results. You might not be ready to say much about your feelings around this situation. Tonight: Just keep smiling.

This Week: You have a lot to share and will on Monday and Thursday. Expect a demanding work week.

Cancer - (June 21 - July 22)

**** Try to avoid any last-minute shopping. Make up your mind to finish your shopping right now while you still have a few moments to breathe. Tonight: Go as late as you can to complete your shopping.

This Week: Beginning Tuesday, express your thoughts as completely as possible.

Leo - (July 23 - Aug 22)

**** Keep clearing out as much as you can for the holidays. You could find someone's mood at home cantankerous and difficult. Try not to get into a scrap about it.

Tonight: Anything is possible.

This Week: Be more direct with an associate, and listen to what is shared; a resolution is possible.

Virgo - (Aug 23 - Sept 22)

**** You could need a break for today. Stay in bed. Sleep in and pretend it is a snowy day without obligations. Recharging in this manner could help you feel great. Tonight: Do not push. Order in.

This Week: On Tuesday, you hit your power days of the month. Enjoy.

Libra - (Sept 23 - Oct 22)

**** Be touched by what someone would do in order to get your attention. Know that you are cared for, perhaps not as you wish, but cared for anyway. This person could be a friend or admirer. Tonight: Accept an invitation to a special gathering.

This Week: Thursday you seem ready for an early weekend. Go for it.

Scorpio - (Oct 23 - Nov 21)

**** You could be overwhelmed by what is happening around you. You seem to have invitations left and right. You cannot possibly be present at all these events at one time! Be realistic. Tonight: Out where you want to be.

This Week: Step out of the limelight Monday. Focus on a key goal.

Sagittarius - (Nov 22 - Dec 21)

**** Reach out for someone at a distance who you care a lot about. This person often puts a smile on your face -- even just speaking on the phone. You might want to make plans to visit soon. Tonight: Where you can be entertained.

This Week: You have a lot to share, and you will once you get work done.

□ □ □

Born today: Actor Adam Brody (1979), actor Don Johnson (1949), engineer Gustave Eiffel (1832)

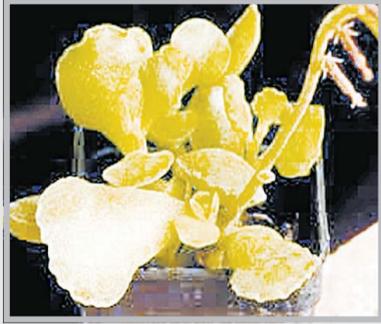
home decor



painting with brush

Brush: The type of brush you choose is an important part of painting; you'll soon discover how easy it is to use brushes and rollers competently. **Loading a brush:** Never dip a brush more than about one-third the length of the bristles into the paint. If you do, the brush will become next to impossible to clean. **Cutting corner:** To cut in at a corner, paint out from the corner for five or six strokes, then smooth over them with a single, long. Smooth stroke.

indoor gardening



adromischus cristatus

Adromischus cristatus also known as Crinkle Leaf Plant is found in Eastern Cape of South Africa. It is a perennial with short erect branches 20-50 mm long covered with fine aerial roots. **Site:** Does best in full sunlight coming from the South/West. Requires good ventilation and low humidity. **Temperature:** 50-75°F. **Water:** Drench the soil and let it become barely moist between waterings. Remember to reduce watering during the winter.

beauty tips



lavender hand wash

Ingredients: 1/2 cup dried lavender flowers; 1/2 cup finely chopped fresh sage; 2 cups of water; 8 drops of lavender oil. **Directions:** In a saucepan, combine lavender flowers, sage and water. Simmer, covered, on low heat for 20 minutes. Strain mixture through cheesecloth and let cool. Discard the solids, retain the liquid. Add lavender oil, shake to emulsify, and then apply to hands with a soft wash cloth or cotton pads.

taste buds



ginger drink

Ingredients: 30 gms dry ginger; 4 tsp sugar and 10 gms coriander seeds. **Method:** Heat about 4 glasses of water, then add the dry ginger, coriander seeds, sugar. Let the water boil for about 5 minutes, then strain the water. Refrigerate it and serve it chilled.

Dear Abby

Girl's queries unsettle her parents' longtime friends

By Abigail Van Buren

Dear Abby: My wife and I recently hosted some longtime friends for a few days while they were passing through our area on vacation. We had a fine time reconnecting, although my wife commented after they left that they seemed to have "slowed down a bit" -- to which I responded, "Yeah. Us, too, I guess."

We just received an email from that couple's adult daughter, with whom we're also friendly, asking about our perceptions of her parents' well-being. We are not comfortable responding to her very pointed questions about their eating habits, bedtimes, taking of medications, mental sharpness, etc. while they stayed with us. Is this kind of inquiry common today, or do these folks have "helicopter kids"?



Abigail

— **Anywhere, USA**

Dear Anywhere: If it's common, I'm unaware of it. It's the first question of this kind that I have received. Clearly, the daughter has noticed something going on with her parents that has her worried. Because "the kids" are so concerned about their parents' welfare that they feel compelled to ask these kinds of questions, perhaps they should travel with them so they can supervise.

If you choose to answer that email, an appropriate response would be, "I think we have all slowed down a little, but if you want to know what your folks ate (etc) while they were with us, you should ask them."

Dear Abby: Years ago, a gentleman wrote to you asking what he should get his aged parents who didn't need another "thing." You suggested he write them a letter telling them why he was thankful for them. He wrote you back later telling you he had taken your advice, how much it meant to his father and that, shortly afterward, his father died.

I immediately wrote each of my parents a letter listing the things I learned from them and what I cherished about them. It was the perfect, most meaningful thing I could have done for them. They have since passed on. I am so thankful that I was able to do that for them.

I have read your column for about 35 years. It is always respectful and full of common sense. Thank you.

— **Grateful in Coeur D'Alene, Idaho**

Dear Grateful: You're welcome. I'm glad you picked up on the suggestion and that it made your parents happy. I can think of few people who would not welcome -- and treasure -- a love letter if it's sincere.

Dear Abby: I lost my hubby after 50 happy years, and yet I don't cry. What's wrong with me?

— **Grieving In California**

Dear Grieving: There is nothing wrong with you. If your husband was ill for a period of time before his death, you may have had more than enough time to grieve his loss as he was slipping away. If his passing was sudden, you may be in shock, which is why your tears won't come. Not everyone grieves in the same way, drowning in an ocean of tears, so please do not judge yourself harshly -- or at all.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

what's on today

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

emergency number 112

Civil ID info: 1889988

■ **St Paul's Church events:** Welcome and consider being part of our upcoming festivity events at the St Paul's Anglican Church, Diocese of Cyprus and the Gulf. ● Sunday, Dec 15: "Christmas Carols by Candlelight" at 6 pm followed by fellowship refreshments. Guest choirs will perform. ● Friday, Dec 20: Dedication of the New Chapel by Archbishop Michael Lewis at 10 am. Celebration and refreshments will follow. ● Tuesday, Dec 24: Christmas Eve service at 6:30 pm. ● Wednesday, Dec 25: Christmas Day service at 6:30 pm. ● Tuesday, Dec 31: New Year's Day Vigil at 6:30 pm. Our church is home to Christians from Western Europe, North and South America, Eastern Europe, Asia, Africa and India. Members from the Protestant, Reformed, Anglican/Episcopal, Evangelical and other traditions make up a warm and dynamic St Paul's Church family. Visit our website or contact Revd Michael Mbona (Chaplain and Rector) Mobile: 65960781 or Email: mrmbona@gmail.com Church location: Cnr 9th Ave & 6th St North, Block 14, Ahmadi, Kuwait.

■ **Bridge game:** Bridge tournament is being held every Sunday and Wednesday at 20:00 hours, played at the Graduates Club, next to Kuwait Engineering Society. Interested Bridge pairs or individual players please contact Mohammed Merchant, Tel: 24815622, 24841158, 99612287.

■ **PGMK service:** Praise God Ministry of Kuwait (PGMK) holds services in Telugu and English in the NECK Compound, Lighthouse Church. Fridays and Saturdays -- 11:30 to 1:00 pm in English / 1:15 to 3:00 pm in Telugu. Sundays services in the Hall of Hope from 3:30 to 5 pm and then in Lighthouse Church from 7:30 to 9:30 pm.

■ **Redeemed Christian Church:** The Redeemed Christian Church of God (HOD Parish) worship in English. Celebration Service: Friday 9 am -- 11 am; Divine encounter: Sunday, 6:30 pm -- 8:30 pm; Digging Deep (Bible studies):

Drinking problem?: Friends of Bill W. are available to help. Totally confidential. Email: rohsecretary@gmail.com

Narcotics Anonymous: NA can help with addiction problems. Totally confidential: 94087800 English/Arabic.

Cancer online support group: If you are Cancer patient or family member fighting with this deadly disease, come join our online support group. Best way of dealing with this disease is providing support and share our experience with each other. There are lot of things which even doctors can't tell so be member of this website and start sharing your experiences which may help others. October is recognized as National Breast Cancer Awareness Month (NBCAM). The primary purpose is to promote self examination and screening mammography as the most effective way to save lives by detecting breast cancer at early stage. For more information visit: <http://fightingwithcancer.webs.com/>

IN THE NAME OF ALLAH, THE MOST GRACIOUS, THE MOST MERCIFUL

INDIAN MUSLIM ASSOCIATION YOUTHWING - KUWAIT

Cordially Invites you to the

PUBLIC PROGRAM

"IT IS ONLY THOSE WHO HAVE KNOWLEDGE AMONG HIS SLAVES THAT FEAR ALLAH,"
(Quran 35:28)

19 DEC 2019 THURSDAY 7:30 PM

For More Details:
Fahaheel : 50134779
Khaitan : 65140942
Salmiya : 51668837

Venue:
Islah Community Centre, Rawda.

www.imayouthwing.org | imayouthwing | uthtubed | youthwingkuwait | 97124000

A flyer of the event.

December 15 - 18

Music الاحد Sunday 15 موسيقى من كيرغيزستان بالتعاون مع السفارة الكيرغيزستانية Music of Kyrgyzstan In cooperation with the Embassy of Kyrgyzstan 7PM, Yarmouk Cultural Centre

Lecture الاثنين Monday 16 Ahmad Al-Jallad The Rise of Arabic: From an epic past to an evidence-based history 7PM, Yarmouk Cultural Centre

Music الاربعة Wednesday 18 ألفرد جميل Alfred Jameel 7PM, Yarmouk Cultural Centre

www.darmuseum.org.kw @DAI_Kuwait

A flyer of the events.

Latest Embassy of the People's Republic of Bangladesh in Kuwait will remain closed on Monday, Dec 16, on the occasion of Victory Day of Bangladesh.

Dec 16 **Bangladesh Embassy closure:** The

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24818267 or e-mail to arabtimes@arabtimesonline.com. All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

Tuesday, 6:30 pm -- 8:30 pm; Night vigil every last Friday of the month from 10 pm. Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rcoghhouseofdavidq8@gmail.com

■ **KTCC activities:** Worship service -- every Wednesday 7:00-9:00 pm at North Tent, NECK. Children's Bible School -- every Wednesday 7 to 9 pm at Activity Building, NECK. Overnight prayer -- every 1st Thursday from 10 pm -- 4:00 am at Diwaniya, NECK. Communion Service -- every 3rd Wednesday. The Following meeting are held at our KTCC Prayer House:
1) Children Bible School Teacher's Prayer -- 1st Saturday 7 to 9 pm.
2) Children's Prayer -- 2nd Friday 6:30 pm to 8:30 pm.
3) Bible Study -- every 2nd and 4th Sunday at 7:30 pm to 9:00 pm.
4) ISOM -- Batch 1 Class Tuesdays -- 7 to 9 pm and Batch 2 Class Fridays -- 4 to 6 pm.
5) Choir Practice -- Mondays -- 6 to 8 pm.
6) Men's Fellowship -- 4th Friday -- 10:00 am to 12:00 pm.
7) Women's Prayer -- (Abbasiya) -- 3rd Sunday -- 6:30 to 8:30 pm and (Salmiya) 4th Tuesday -- 6:30 to 8:30 pm. Welcome to all Tamil known people to participate in our regular activities to worship the Lord in our own mother tongue and be blessed! For details or for any prayer needs contact Tel No: 66920350 / 99432849.

The Embassy will arrange the following program on Monday, Dec 16 at the Chancery to observe the Victory Day of Bangladesh: Chancery Roof: 09:00am: Ceremonial hoisting of the national flag. Multipurpose Hall: 09:15am: Recitation from the Holy Quran. 09:20am: Observance of one minute silence. 09:21am: Place wreaths at the portrait of the Father of the Nation Bangabandhu Sheikh Mujibur Rahman. 09:25am: Reading out the messages. 09:35am: Discussion on the Day. 10:35am: Speech by HE the Ambassador. This is for the information of all concerned.

Dec 19 **IMA public program:** Indian Muslim Association -- Youth Wing (IMA-YW) will conduct a public program on Thursday, Dec 19 at 7:30 pm at the Jamaitul Islah Center -- Rawda. Guest speakers from India Br Labeed Shafi, National President, SIO of India and Br Syed Azharuddin, General Secretary, SIP of India will deliver prominent speeches. For details contact: Fahaheel 50134779; Khaitan: 65140942; Salmiya: 51668837 **Continued on Page 16**