

One of most famous cultural exports of France

'Kuwaiti touch' ... local chefs excelling in art of French cuisine

By Faisal Al-Buloushi and Lama Al-Awadhi

KUWAIT CITY, May 3, (KUNA): French cuisine is known throughout the world for its unique texture, outstanding flavor, and distinctive presentation, making it one of the most famous cultural exports of France.

Like their other global peers, Kuwaiti chefs had made it their mission to excel in the art of French cuisine via adding a bit of local flavor to the whole process.

Most people probably enjoy the famous French "duck breast" dish, but they would surely be astonished by its succulent Kuwaiti derivative, one of the creations of Chef Feras Al-Zaid, which adds orange to the mixture.

Al-Zaid uses fresh ingredients from Kuwaiti farms to reinvent classic French dishes, like his "orange duck".

Before indulging in the main course, Al-Zaid offers an appetizer — a soup inspired by the recipe of the great French Chef Guy Savoy — using truffles from the Kuwaiti desert instead of mushrooms.

For this creative young chef, French cuisine is not only the essence of gastronomy, but also a school of culture that teaches the restaurant industry how to structure a kitchen.

"The concept of setup and the brigade system helped me to organize who does what: the chef, the clerk, the party manager," he said.

In addition to executing the recipes, specific French cooking techniques are applied in the preparation of all the dishes, even non-French ones, he affirmed, adding that the techniques and approaches of other kitchens have for most originated from French cuisine. The young creative chef is also founder of the "Community Table", a platform that celebrates food and culture by hosting pop-up menus and workshops in top restaurants around Kuwait.

Sharing Al-Zaid's opinion, the chef and expert Ahmed Al-Bader believed that French cuisine was "the mother of all cuisines". Since joining "Le Cordon Bleu" in 2004 and the French Culinary Institute in 2008, Al-Bader noted that he always referred to the basics of French cuisine in all of his projects, namely the technique of cutting vegetables using the "batonnet" and "julienne macedonia".

In his experience in developing a new menu, Al-Bader said that "I made sure to brew the two cultures, French and Kuwaiti, without killing the original taste".

For example, the tuna dish with ginger and watermelon — a sort of a Kuwaiti-French cuisine invention — is one of the creations of Chef Al-Bader. The fish replaces white poultry



Feraz Al-Zaid



Ahmed Al-Bader



Faisal Al-Nashmi



Nuqat by Chef Feras Al-Zaid



Tuna Tartare by Chef Ahmed Al-Bader



Pain perdu By Chef Faisal Al-Nashmi

and watermelon as base soup.

On his part, the only Kuwaiti representative at the world gastronomic event "GOUT DE France" — organized by Michelin-star chef Alain Ducas — talented chef Faisal Al-Nashmi insisted on the integration of French cooking tech-

niques, either in his Asian based restaurant (Street Al-Makan) or even in the American brasserie (Table Otto).

He proudly serves many French dishes including the "aligots", a famous French side dish that consists of potatoes cooked with care accompanied by "sous vide tenderloin"

steak and grilled basil oil on top. Prestigious and inspiring, the Kuwaiti chefs stressed that learning French cuisine is a "must" to excel in the business and it would not be wrong to add a bit of a Kuwaiti flavor to the mix.

70,687 road accidents, 428 traffic related deaths recorded in 2017

Brochures, leaflets to be offered during Arab Traffic Week on Friday

KUWAIT CITY, May 3, (KUNA): Kuwait's Interior Ministry said on Thursday that 70,687 road accidents were recorded and nearly five million traffic violations were issued in Kuwait in 2017 leading to 428 accident-related deaths. The figures were released by Interior Ministry acting chief spokesman Brig Gen Tawheed Al-Kanderi ahead of Arab Traffic Week, which begins on Friday.

In a statement marking the occasion, Al-Kanderi said it aims to remind motorists of the importance of abiding by traffic regulations and road safety guidelines.

Amongst these violations, he particularly urged against the use of mobile phones while driving, mentioning this was the major cause of these deaths. A total 55,321 tickets were

Program details to be announced soon  
KTV OKs schedule for serials

KUWAIT CITY, May 3: With the unprecedented shift in local drama during Ramadan, KTV has approved the schedule for eight local serials on heritage, comedy and contemporary comedy based on directives from the State Minister of Youths Affairs Mohammad Nasser Al-Jabri and his Undersecretary Tariq Al-Marzam, reports Al-Qabas daily.

The daily noted details of the program titled "Ya Helow Jama'na" will be officially announced at a ceremony inside the programs production building in Salmiya area next Sunday featuring pioneers of Kuwaiti arts and youthful stars, includ-

ing Saad Al-Faraj in the drama "Simom", Souad Abdullah in "Ebrat Share'a", Hayat Al-Fahd in "Hessa Pen Series", Tariq Al-Ali in "Wahed Mohem", and Huda Hussein in "Etr Al-Rouh".

clared the launch of operation of Vietnam refinery and sale of oil products from this month.

Regarding the enhancement of KPC's role in contributing to the activation and support of local economy through refinery and petrochemical projects, Al-Adsani highlighted the release of five investment opportunities for the private sector.

He clarified that 1,797 employees were newly appointed in the oil sector, and the percentage of implementation of Kuwaitization policy for recruitment and contracting has reached 25.9 percent.

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collaboration throughout the week-long event.

It will be handing out brochures and leaflets to the public across numerous government

buildings and shopping malls and will launch several public announcements over public and social media platforms, he added.

Several Kuwaiti alumnae of the Minnesota State University in Mankato, USA have been invited by their alma-mater to attend the 150th anniversary of the establishment of the university. The event will take place in October this year. The invitations were given to the former Kuwaiti graduates of the Minnesota State University during a ceremony held in honor of them few days ago at Millennium Hotel and Convention Center in Kuwait. Present at the ceremony were Deputy President of the university Dr Mark Johnson, Dean of International Admission Dr Ann Dalan, Director of Service Center for International Students Frey and several other officials. In his speech, Dr Johnson revealed that the number of Kuwaiti students in the Minnesota State University has been on a rise since the first visit of the members of the university administration to Kuwait in 2006, adding, "However, Kuwaiti students have been studying in that campus for more than 36 years and its graduates returned to Kuwait and are today occupying high ranking offices in this country".



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News in Brief

**Amir congratulates Poland:** His Highness the Amir Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah sent Thursday a cable to President of Poland Andrzej Duda, congratulating him on his country's national day.

His Highness the Crown Prince Sheikh Nawaf Al-Ahmad Al-Jaber Al-Sabah and His Highness the Prime Minister Sheikh Jaber Al-Mubarak Al-Hamad Al-Sabah sent similar cables. (KUNA)

**Minister in hospital:** Capital Governor Lieutenant Thabet Al-Muhanna recently visited Ministry of Information and State Minister for Youth Affairs Mohammad Al-Jabri who is admitted in Al-Salaam Hospital for treatment of an illness, reports Al-Shahed daily.

The governor wanted to check on the health status of Al-Jabri, and wished him speedy recovery so that he can return to his family and loved ones in good state of health.

**GCC slams Libya attack:** The Gulf Cooperation Council (GCC) has condemned in the strongest terms an attack perpetrated by suicide bombers targeting a Libyan electoral commission, which killed and wounded scores of people. This despicable act of terrorism runs counter to Islamic and human values, and undermines efforts to restore peace to Libya, the regional bloc's Secretary-General Abdullah Al-Zayani said in a statement.

He extended condolences to the Libyan government and people, wishing the wounded a speedy recovery.

Two suicide bombers stormed the headquarters of Libya's electoral commission in the capital Tripoli on Wednesday, killing 14 people and wounding 19 others.

The so-called Islamic State (IS) claimed responsibility of the attack. (KUNA)