

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Wednesday, March 7, 2018: This year you open up to new opportunities that seem to appear from out of the blue. This fortunate period continues through the beginning of next fall, so use it well. Communication excels during this time. If you are single, you easily meet intriguing people. You might choose to date a lot until you feel as if you have met someone you would like to know better. If you are attached, the two of you seem to revive your interest in each other. Together, you could decide to pursue a new mutual interest. SAGITTARIUS often introduces you to avant-garde ideas.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

Capricorn - (Dec 22 - Jan 19)

**** You might opt to attend a series of

meetings. You'll need to gather more information and learn to take news with a grain of salt. Though you might have a reason to celebrate, being a skeptic would be wise. Check all facts before making a decision. Tonight: Catch some zzz's.

Aquarius - (Jan 20 - Feb 18)

***** Follow your sense of what needs to happen. You'll do your best to guide people and events in the direction that you visualize being best. Don't worry about closing a door that has been uncomfortable for you to walk through. Tonight: At a favorite neighborhood hangout.

Pisces - (Feb 19 - Mar 20)

*** Reach out for more information. You have a clear sense of direction. The best way to touch base with a key person, especially someone with whom you often butt heads, is through

a work-related matter. You can talk about other issues afterward. Tonight: Follow the music.

Aries - (Mar 21 - Apr 19)

**** You sense a difference in a partner or close associate. You feel as if no one can change your mind about the direction you have chosen to head in. Understand what is happening with a loved one. When eyeing a risk, look at the long term. Tonight: Go with spontaneity.

Taurus - (Apr 20 - May 20)

**** You finally sense some movement in the right direction. Opportunities appear through others. Be open and receptive to conversations that could be a bit uncomfortable at times. Listen to what others share, and imagine what it's like to be them. Tonight: Opt for a great chat.

Gemini - (May 21 - June 20)

***** You seem to be on top of a difficult situation, but could be weighing which way would be best to proceed. You will figure it out by having several important conversations. Give yourself the space to figure out what you want. Tonight: Go along with another person's request.

Cancer - (June 21 - July 22)

**** Your emotions run the show. You discover the importance of discussing your personal life with a close friend. You gain confidence just by being around this person. Be willing to discuss a professional matter as well, especially if the issue affects you. Tonight: Off to the gym.

Leo - (July 23 - Aug 22)

**** You might feel the need to head in a new direction and create a greater sense of satisfaction for yourself. Though you might

think you are spontaneous, in reality, you have worked through this matter on a subliminal level. Tonight: Allow your ingenuity to emerge.

Virgo - (Aug 23 - Sept 22):

**** You might get some flak today, but you can control your responses. You usually would be quite bothered by what you hear; however, that's not the case now. Refuse to be triggered by a somewhat deceitful person. Tonight: Let go of the day, and greet the night.

Libra - (Sept 23 - Oct 22)

**** You ask valid questions as you seek out answers. You could be overwhelmed by everything you need to understand. Keep reaching out to others and seeking new insights. The more people you ask, the more complete your perspective will be. Tonight: Meet a friend.

Scorpio - (Oct 23 - Nov 21)

**** Generally, you are considered to be a source of knowledge in certain areas, and you often give wise advice and insightful feedback. Avoid getting caught in trivial discussions, as you could get frustrated waiting for people to see the big picture. Tonight: Let the fun begin!

Sagittarius - (Nov 22 - Dec 21)

HHH You might feel let down by a particular series of events and by a lack of creativity. You could be tired of always hearing the same solution. Pull away from the issue, and allow yourself to let go. You might be surprised by what comes up. Tonight: Suddenly feeling rejuvenated.

Born today: Actor Bryan Cranston (1956), actress Laura Prepon (1980), actress Jenna Fischer (1974)

home decor



tuna can votive

Supplies:

7 tuna cans
7 votive candles
String
Wallpaper
Metal punch

Instructions: Wash the tuna cans thoroughly to get rid of the fishy stench. Wipe it dry. Cut the wallpaper into stripes to cover the outside of the cans. Take the back off and stick the wallpaper to the cans. Using the punch machine punch two holes on one side of the can, now loop one end of the string into the holes and tie a knot the other end of the string tie it to the hanger on the wall. Finally place the votive candles.

indoor gardening



epidendrum pseudepidendrum

This plant comes from Central America, Chiriqui (Panama). Epidendrum Pseudepidendrum is an epiphytic orchid, with lance-shaped, leathery leaves (8 inches long) and leafy stems. The fleshy flowers appear from summer to autumn, on 6 inch long, arching racemes. Flowers produced are about 2-1/2" inches in diameter with petals and sepals colored in green, and a brightly colored orange-scarlet lip. Requires support for stems.

Site: High humidity and bright, filtered light recommended in summer. Full light.

Temperature: It has a wide temperature tolerance. Nighttime lows should be 60°F to 64°F. Daytime temps should be 70° to 75°.

Water: Less water in winter.

beauty tips



tips to unclog pores

Take in hot water steam for fifteen minutes. After you have taken the steam, apply a mask of fuller's earth. Leave on for twenty minutes and then wash off with a towel dipped in warm water. Rinse your face with cold water and apply toner.

Wash your face. This is the most important thing that you can do to not let the dirt set on your face. Apply a gentle face wash or a cleaner to remove the oil and the dirt and rinse off with cool water. Now, take a gentle scrub and apply all around your face. In an upward and gentle circling, rub the scrub onto your skin. Continue for 2-3 minutes and then rinse your face thoroughly with lukewarm water. Blot your face with a clean towel, in order to let it dry. Thereafter, apply an astringent on your face, with the help of a cotton ball. Apply a comedogenic moisturizing cream or lotion on your face (you will get it from any medical store). Being an anti-clogging moisturizer, it doesn't let the pores get blocked.

taste buds



eggplant caponata

Ingredients: 1/4 c olive oil; 1 lg onion, chopped; 1 lg stalk celery, cut in 1/4" cubes; 1 eggplant, cut in 1/4" cubes; 1/2 pt cherry tomatoes, quartered; 1/2 c quartered pitted black olives; 1/2 c quartered pimiento stuffed olives; 1 (8 oz) can tomato sauce; 1/4 c sugar; 1/4 c tomato paste; 1/4 c red vinegar; 1-1/2 tsp drained capers; 1 1/2 tsp salt; 1 tsp basil; 3/4 tsp ground black pepper; 1/4 tsp ground red pepper.

Method: Place oil in onion in large microwave safe bowl. Cover with plastic wrap; vent one corner. Microwave on high 9 minutes, stirring every 3 minutes. Add celery to onion, cover, vent, microwave on high 4 minutes. Stir in eggplant, cover, vent microwave on high for 9 minutes, stirring every 3 minutes or until mixture is thoroughly heated. Add remaining ingredients, cover, vent, microwave on high until boiling, about 13 to 15 minutes. Let bowl stand covered until mixture cools to room temperature, stirring occasionally. Serve on crackers.

Dear Abby

Memories of long-ago assault revived by #MeToo movement

By Abigail Van Buren

Dear Abby: Years ago, my husband and I hosted a St. Patrick's Day party in our apartment for friends. There was a lot going on. I had to be at work early the next morning, so I went to bed while the party went on. I awoke a short while later to one of the men attempting to rape me. He stopped and attempted an apology by saying, "But you are just so pretty."

My husband and I graduated from high school with this person, and he is/was part of the same circle of friends. I have not told many people, but the few who do know have maintained a friendship with him, including my husband.

Because of the #MeToo campaign, all the emotions have come to a head for me now. I think about this assault daily. The worst thing for me is that even though he knows about it, my husband has chosen to remain friends with him for 35 years. How can I get past this?

— **Can't forget in Virginia**

Dear can't forget: I can only imagine how traumatic the assault was, and for that you have my sympathy. The friends you confided in may feel that because your attacker was drunk, what he did was somehow excusable. That your husband would be so forgiving is, frankly, shocking.

It may take the help of a licensed mental health professional to put this behind you, if that's possible. I sincerely hope you will reach out to a therapist who treats post-traumatic stress as well as victims of sexual assault, and include your husband in some of the sessions.

Dear Abby: I feel uncomfortable when people end conversations with "I love you." It creeps me out when a man does it. I always thought those words were reserved for someone you are intimate with, such as a spouse or possibly one's children. Am I wrong to think "I love you" has become meaningless from overuse? Or am I just a weird guy?

— **Uncomfortable in Texas.**

Dear uncomfortable: It's not uncommon for good friends of both sexes to say "Love you" or "I love you" to each other as well as to extended relatives. In my opinion, it's healthy for people to express their feelings, because there's never too much love. Our world could use more expressions of it, not fewer.

Dear Abby: What would you say about a man who still keeps a photo of himself with his late wife as his computer background picture two years after he remarried?

— **Second-fiddle second wife**

Dear wife: I'd say he may be too lazy or computer-inept to update it. If it were me, I'd "volunteer" to help him change it.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

دار الآباء الإسلاميين
Dar al-Athar al-Islamiyyah The al-Sabah Collection, Kuwait

أمي وإنا
Mommy and Me

7 March 2018, 10:30 AM
American Cultural Centre
(for kids ages 4 months - 3 years)

There is no registration fee, but please let us know you're coming by 4 PM on Tuesdays
education@daralmsuseum.org.kw

A flyer of the event.

It's not yours, it's mine!
How many times have you heard that?

SUSANNA MOORES

Storytime at Yarmouk
Wednesday, 7 March at 4 PM
Yarmouk Cultural Centre

No registration is necessary.
We will start promptly at 4 pm, so please arrive a bit early.

A flyer of the event.

what's on today

emergency number 112

Civil ID info: 1889988

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

■ **Bridge game:** Bridge tournament is being held every Sunday and Wednesday at 20:00 hours, played at the Graduates Club, next to Kuwait Engineering Society. Interested Bridge pairs or individual players please contact Mohammed Merchant, Tel: 24815622, 24841158, 99612287.

■ **Islamic classes in French:** The Enlightenment into Islam is offering Islamic Classes in French for ladies. Timings 4:30 to 7 pm. Every Wednesday. Please register at the office (Women's Section), 2nd floor. For more information please contact us. Telephone 25362684, 99789954, 99507076, 97743327. Fax 25342573 (attention —

Enlightenment into Islam)

■ **KTCC activities:** Worship service — every Wednesday 7:00-9:00 pm at North Tent, NECK.
Children's Bible School — every Wednesday 7 to 9 pm at Activity Building, NECK.
Overnight prayer — every 1st Thursday from 10 pm — 4:00 am at Diwaniya, NECK.
Communion Service — every 3rd

Wednesday.

The Following meeting are held at our KTCC Prayer House:
1) Children Bible School Teacher's Prayer — 1st Saturday 7 to 9 pm.
2) Children's Prayer — 2nd Friday 6:30 pm to 8:30 pm.
3) Bible Study — every 2nd and 4th Sunday at 7:30 pm to 9:00 pm.
4) ISOM — Batch 1 Class Tuesdays — 7 to 9 pm and Batch 2 Class Fridays — 4 to 6 pm.
5) Choir Practice — Mondays — 6 to 8

pm.

6) Men's Fellowship — 4th Friday — 10:00 am to 12:00 pm.
7) Women's Prayer — (Abbasiya) — 3rd Sunday — 6:30 to 8:30 pm and (Salmiya) 4th Tuesday — 6:30 to 8:30 pm.
8) Fasting Prayer — every 3rd Friday from 12:00 Noon — 3:30 pm.
9) Cottage Prayers — every 2nd and 4th Week.
10) Baptism Service — every 4th Friday.

Welcome to all Tamil known people to participate in our regular activities to worship the Lord in our own mother tongue and be blessed!
For details or for any prayer needs contact Tel No: 66920350 / 99432849.

communicate more effectively with each other and to encourage Ugandans out here to work together. We are also planning a celebration to mark 50 years of Uganda's Independence this year. If you have any questions regarding this association or if you are interested in registering, then please send us an email at ugandansinkuwait@gmail.com. We hope to hear from you soon.

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Free drum music classes: Free professional drum music classes are available at Salmiya for all age groups from beginners to advanced by a well experienced drum

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General

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living and working in Kuwait. The purpose of this exercise is to get together as Ugandans and to consider taking the first steps to establishing a more formal organisation. This association is voluntary. It is designed to create a forum for Ugandans in Kuwait to foster a sense of community, to

دار الآباء الإسلاميين
Dar al-Athar al-Islamiyyah

الأربعاء
Weds.
7
MUSIC
An Evening of Singing
with
Ahmad al-Salbi
أمسية غنائية
مع أحمد الصالبي
7pm Yarmouk Cultural Centre

الخميس
Thurs.
8
FILM
LIFE IS BEAUTIFUL
7pm Yarmouk Cultural Centre

A flyer of the events.