

# What's On

# h o r o s c o p e

By Jacqueline Bigar

## Happy birthday for Friday, July 6, 2018:

This year you flow through life with more ease. You have an unusually strong drive, which sometimes takes you away from those you love and your home life. You feel rewarded by your accomplishments. If you are single, you have an unusual mix that could draw potential sweethearts toward you. You could meet someone special anytime from now till your next birthday. If you are attached, the two of you are aware of the importance of your public image. You will love taking time off away from your hectic pace. ARIES pushes you to perform to your max. The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

## Capricorn - (Dec 22 - Jan 19)

\*\*\*\* You have a greater influence on your family and inner circle than you realize. You

are in the process of some dramatic changes that could take a toll on various people. Lighten up and focus on what is positive and fun in your life. Tonight: Invite a friend along on an adventure.

## Aquarius - (Jan 20 - Feb 18)

\*\*\*\*\* You might feel as if you are unstoppable. You feel much differently from how you have in quite a while. Others seem receptive to your comments and opinions. Everyone seems to be asking for your advice and feedback. Tonight: Go out with a close friend or loved one.

## Pisces - (Feb 19 - Mar 20)

\*\*\* Your emotional nature has been out of whack lately. Though you still feel strongly about certain matters, you can relax and enjoy yourself. Go with the moment, but stick to your budget: It could spiral out of control quickly if you are not careful. Tonight: Let

others pick up the tab.

## Aries - (Mar 21 - Apr 19)

\*\*\*\* You experience enough tension that you might decide to do something about the source of your angst. At first, you might waiver back and forth until you come up with a good answer. A discussion could lead to thoughts you have not considered up to now. Tonight: Stay calm.

## Taurus - (Apr 20 - May 20)

\*\*\* The past few days might have left you feeling less than great. You have been seeking a solution, but recognize that the matter is more complex than you had anticipated. A conversation with someone you see as intellectual opens up yet another possibility. Tonight: Let in some fun.

## Gemini - (May 21 - June 20)

## home decor



wallpaper switch-plate

### Supplies:

Wallpaper scraps or wallpaper border  
Light switch-plate  
Pencil  
Scissors

**Instructions:** Place the switch-plate on your wallpaper sample, and center it on the design that you've chosen. Using a pencil, lightly mark the outline of the switch hole on the front of your wallpaper. With sharp scissors, cut a line down the center of the rectangle that you have just created. Turn over the wallpaper so that you are looking at the back. Align the switch hole with the cut out in your wallpaper, carefully remove the back tape and stick the wallpaper to the plate.

## indoor gardening



aeranthes ramosa

Aeranthes ramosa commonly known as The Branched Aeranthes grows in Madagascar. It bears a total of 5-7 leaves that are 6-10 inches long and are arranged in two rows. The wiry flower spike grows to the length of 12 inches and bears 1-2 green-and-yellow flowers of a curious, almost glass-like appearance.

**Site:** Plants are best grown hanged in baskets and on mounted and usually require shade and warm temperatures.

**Temperature:** 55 – 60F

**Water:** Water regularly year round.

## beauty tips



sugar face scrub

### Ingredients:

1 tablespoon granulated sugar  
1 tablespoon dark brown sugar  
1 tablespoon almond oil  
2 tsp pure vanilla extract  
1 Tbsp ground oatmeal  
1 tsp cinnamon

### Instructions:

Combine all ingredients. Scrub face with mixture 2-3 minutes then rinse.

## taste buds



avocado omelet

**Ingredients:** 1 small avocado, sliced; 1 large tomato, chopped; 4 eggs; 2 Tbsp water; 1/4 tsp salt; dash ground pepper; hot pepper sauce, to taste; 1 Tbsp butter; 1 Tbsp green onions or chives, minced

**Method:** Sauté tomato pieces in small amount of butter until tender; keep warm. Beat eggs, water and seasonings until well mixed. Heat butter in large skillet; when foaming stops, pour in egg mixture. Tilt pan and lift cooked edges so uncooked eggs can low underneath. Remove from heat when eggs are set on top and lightly browned on the bottom. On half the omelet spoon cooked tomato, avocado slices and onion/ chives. Fold in half and slip onto hot platter. 3-4 servings.

## Dear Abby

Son strives to revive his mom's faded memories

By Abigail Van Buren

Dear Abby: I'm 52. My mom died when I was 11. It wasn't until I reached my mid-20s that I realized I have no memories of her, and few memories of my childhood before I was 11. Dad and I lived a few hours away from family, and after Mom passed, no one spoke about her much. I imagine that was because it was painful. She was only 29.

I never cried over her death, and I don't remember missing her as a child or teenager. There are only a handful of photos of her and a couple of passed-down stories. I understand that people block memories of traumatic events and things they don't want to remember. I remember the night it happened in detail, but not the memory of her. I have seen a few psychiatrists at different times during the course of my life to deal with stress and daily life issues, and while they were aware of my background, we never really got into this.

For some reason it's bothering me more and more now. I want to remember my mother. When I ask her friends and relatives about her, I get general answers — she was a nice person, very loving and crafty, etc. How does someone get their memories back? I've heard hypnosis can help, but I'm not sure. Do you have any advice?

— Son left behind

Dear son: Many people are reluctant to talk about family members who have passed on because they are afraid it will be painful for the listener. Perhaps if you approached your relatives and explained why you are asking for more details, it might jog some memories. However, if that doesn't bear fruit, then talking with a mental health professional about the fact that this is increasingly bothering you would be a good idea. That person can recommend hypnosis if it's appropriate.

Dear Abby: I am a divorced 53-year-old woman. My children are grown, and I have a good career in HR and payroll. It's not my dream job, though. I applied to and was accepted into a Master of Architecture program, but I just found out they will accept only 12 credits from my associate's degree, which means I will need five years of full-time college to achieve my dream, while working full-time, of course.

I'll be 58 when I graduate and probably should be planning for retirement, not taking on \$100,000 in student loans. Should I abandon this dream? Have I run out of time to take on such a lofty goal? Or should I just sit back and relax and travel now that my kids are grown? By the way, my retirement goal was age 72.

— Not sure in Michigan

Dear not sure: What you are contemplating takes a great deal of stamina. Some individuals in their 50s are up for the challenge, others not so much. Before you commit, talk to a guidance counselor at the school to explore what opportunities might be available to an older graduate with no work experience in the field.

Would you still plan to retire at 72? Your student loans could take many more years to pay off if you don't quickly become a high-earning architect, so consider your next move carefully and receive as much unbiased counsel as you can before making a final decision.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

## what's on today

Site for checking travel ban [www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp](http://www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp)

emergency number 112

Civil ID info: 1889988

■ **Free IFRA coaching classes:** Indian Football Referees Association (IFRA) will be starting free refresher/coaching classes for existing referees, new recruits, those aspiring to be referees and even those who would like to learn about the laws of the game at IEAS – Salmiya (Don Bosco).

Classes will be from 9:00 am to 12:00 pm every Friday.

Those interested may call 99519439 or get in touch with any IFRA member for registration.

■ **FBC tournament:** Filipino Badminton Committee (FBC) is inviting all badminton enthusiasts in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khalidoun Hawalli. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie Umandap – 97191268

■ **Arnis/Eskrima training:** Eskrimador-Kuwait a member of Cacoy Doce Pares World Federation now opens a new batch of training. Learn the Philippine national sports, which is Arnis/Eskrima with the authentic style and techniques. Training schedule will be every Friday from 11:00 am to 1:00 pm @ Kaifan Sports Complex-Karate Gym. Text or call #50292148-Herms.

■ **Tagalog Khutba for Filipinos:** The Ministry of Awqaf, Islam Presentation Committee, & Kuwait Philippine Cultural Center (KPC Center) invites all Filipino Muslim & Muslima to hear Khutba (Sermon) in Tagalog every Friday at Marzouq Al-Badr Mosque, Abu Bakr Al-Siddeeq St (at the back of Ambassador Supermarket and SM Supermarket, near Salmiya Police Station & Kuwait Airways Bldg) in Kuwait City. There will be a community started and lunch after Friday prayers at KPC Center in Farwaniya. For further information, please call KPC Center, Tel 4712574.

■ **Holy Quran classes:** Emanway Foundation – Musk is offering classes to teach English-speaking ladies (and girls ages 5 and up) to read the Holy Quran in Arabic. The method is al-Qaedah Noorania, a traditional program which has been used for many years around the world. (Note: 'Al-Qaedah' simply means 'base'; this can be likened to a basic phonics program.) No Arabic knowledge is required. Every Friday from 4:00 to 5:15 pm. Al-Salam Area (south Surra), Block 2, Street 201, House 30. Classes are free, but seats are limited, so register now by calling 66274724.

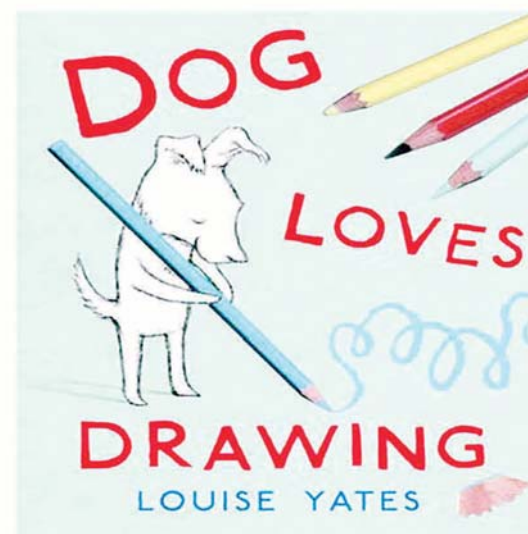
■ **PGMK service:** Praise God Ministry of Kuwait (PGMK) holds services in Telugu and English in the NECK Compound, Lighthouse Church.

Fridays and Saturdays – 11:30 to 1:00 pm in English / 1:15 to 3:00 pm in Telugu.

Sundays services in the Hall of Hope from 3.30 to 5 pm and then in Lighthouse Church from 7.30 to 9.30 pm.

■ **Redeemed Christian Church:** The

We all know that dogs love fetching and barking and eating and sleeping. But a special one is different; this



Storytime at Amricani  
Saturday, July 7 at 3:30  
Amricani Cultural Centre

No registration is necessary.

We will start promptly at 3:30, so please arrive a bit early.

A flyer of the event

دار الآداب الإسلامي  
Dr. al-Adhar al-Islamiyyah The al-Salib Collection, Kuwait

Chess, Backgammon and Scrabble  
Saturdays, 2:30 - 5 PM  
Amricani Cultural Centre  
No registration is necessary.  
Just drop in and play!  
[www.daraladib.org.kw](http://www.daraladib.org.kw)

هيا اللعب معنا  
Come Play with Us

A flyer of the event

Redeemed Christian Church of God (HOD Parish) worship in English.

Celebration Service: Friday 9 am – 11 am; Divine encounter: Sunday, 6:30 pm – 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm – 8:30 pm; Night vigil every last Friday of the month from 10 pm.

Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: [rcgchouseof-davidq8@gmail.com](mailto:rcgchouseof-davidq8@gmail.com)

■ **St Paul's Church weekly activities:** English worship services on Fridays at 10.30 am and on Sundays at 6.30 pm. The Friday English service has separate

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sessions for children and youth. A Mandarin language speaking congregations meets separately on Fridays at 10.30 am in the Youth Centre at St Paul's. A combined service with the English and Mandarin language congregations is held on the first Friday of every month. A family service is held on the second Friday of every month with presentations from different organs of the church. The Church of Pakistan has services in English every Thursday at St Paul's at 5.35 pm and for Urdu language speaking members every Friday at Diwaniya of the NECK Centre, Kuwait City at 5.45 pm. Please contact Fr Michael Mbona on mobile 65960781 or call at Church house on 23985929 or email to chaplain@stpaulskuwait.com or [mrmbona@gmail.com](mailto:mrmbona@gmail.com) For Mandarin speaking congregation contact Revd Zhu Peijin on 99551783 and her email address is [greenolive@hotmail.com](mailto:greenolive@hotmail.com)

Contact person: Fr Michael Mbona Mobile: 65960781 Email: [mrmbona@gmail.com](mailto:mrmbona@gmail.com)

■ **KTCC activities:** Worship service – every Wednesday 7:00-9:00 pm at North Tent, NECK.

Children's Bible School – every Wednesday 7 to 9 pm at Activity Building, NECK.

Overnight prayer – every 1st Thursday from 10 pm – 4:00 am at Diwaniya, NECK.

Communion Service – every 3rd Wednesday.

The Following meeting are held at our KTCC Prayer House:

1) Children Bible School Teacher's Prayer – 1st Saturday 7 to 9 pm.

2) Children's Prayer – 2nd Friday 6:30 pm to 8:30 pm.

3) Bible Study – every 2nd and 4th Sunday at 7:30 pm to 9:00 pm.

4) ISOM – Batch 1 Class Tuesdays – 7 to 9 pm and Batch 2 Class Fridays – 4 to 6 pm.

5) Choir Practice – Mondays – 6 to 8 pm.

6) Men's Fellowship – 4th Friday – 10:00 am to 12:00 pm.

7) Women's Prayer – (Abbasiya) – 3rd Sunday – 6:30 to 8:30 pm and (Salmiya) 4th Tuesday – 6:30 to 8:30 pm.

8) Fasting Prayer – every 3rd Friday from 12:00 Noon – 3:30 pm.

9) Cottage Prayers – every 2nd and 4th Week.

10) Baptism Service – every 4th Friday.

Welcome to all Tamil known people to participate in our regular activities to worship the Lord in our own mother tongue and be blessed!

For details or for any prayer needs contact Tel No: 66920350 / 99432849.