

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Friday, January 26, 2018: This year you have unusually high energy, and likely will need several different outlets, ranging from exercising to pursuing a creative hobby. You will be able to keep going and not get tired. If you are single, your high level of enthusiasm attracts many wannabe suitors. Several months before your next birthday, a friendship could develop into something more. If you are attached, the two of you often act like new lovers. Your relationship develops an even more playful tone. A GEMINI in the family or within your circle of friends adds to the quality of your relationship.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** Use the morning to brainstorm crea-

tively with a loved one. You'll come up with unusual answers for an associate who seeks you out. Clearly, this person needs and wants your help. Accept an invitation to join a friend later in the afternoon. Tonight: Go till the wee hours.

Aquarius - (Jan 20 - Feb 18)

**** You might choose to stay close to home. For some of you, you could opt to work from home, whereas others might decide to call in and get some extra beauty sleep. Touch base with friends in the afternoon in order to confirm some fun and lively plans. Tonight: TGIF!

Pisces - (Feb 19 - Mar 20)

**** Speak your mind, and be clear about what you want. Someone close to you will make an attempt to draw you in closer. You might not be quite ready for this dance. Later in the afternoon, you could opt to head

home for a much-needed nap. Tonight: Invite friends over.

Aries - (Mar 21 - Apr 19)

**** You might feel burdened by a financial issue in the morning. No matter how disciplined you are, you could find this situation to be a drag. You'll perk up after lunch, when you seem to veer in a new direction and have better and happier thoughts. Tonight: Speak your mind.

Taurus - (Apr 20 - May 20)

**** Your high energy gets you going in the morning. You might slow down in the afternoon, as you'll need to take a hard look at a financial matter. Whether you're spending or saving, you will take a stand about what you want. Tap into your self-discipline. Tonight: Out with friends.

Gemini - (May 21 - June 20)

**** State your needs clearly, and ask for more of what you want. Not everyone thinks in the same way you do, so remember to keep that in mind. You generally are rather conventional; however, it seems that you are heading in a new direction. Tonight: Let the fun continue.

Cancer - (June 21 - July 22)

**** You are a child of the Moon, and with each new movement of the Moon, your mood is likely to change. To some, you are a multifaceted individual with variable emotional depths. Do not be surprised if some people run away from you as well. Tonight: Not to be found.

Leo - (July 23 - Aug 22)

**** You often feel challenged at this time of year, when the Sun is in your opposite sign, Aquarius. Should you run into an Aquarius, see if you can find a common inter-

est. A close bond is likely to evolve, so long as you are willing to express your feelings. Tonight: Out and about.

Virgo - (Aug 23 - Sept 22)

**** You'll want to do some much-needed research in the morning. You also need to detach a bit from an ongoing issue. How you see a situation could change dramatically, to your delight. You gain in visibility from noon on. Tonight: You might have some hard choices to make.

Libra - (Sept 23 - Oct 22)

**** You have a certain style that draws people toward you. That same magnetism seems to lock up one specific person who can't seem to get away from you. The two of you make an excellent team, whether you're lying low or taking off on an adventure! Tonight: All smiles.

Scorpio - (Oct 23 - Nov 21)

**** You might be more in touch with people's feelings than usual, including your own. Look at the morning as being an instrumental time to figure out who a key associate really is. Find out what you have in common, and then go from there. Tonight: Let the party go on and on!

Sagittarius - (Nov 22 - Dec 21)

**** Note the time it takes you to work through several challenging issues in the morning. By the afternoon, you might have to stop cocooning and become more present with a loved one. Understand that this person needs more of your time and attention. Tonight: Respond to others.

Born today: TV host Ellen DeGeneres (1958), musician Eddie Van Halen (1955), actor Paul Newman (1925)

home decor



steps to remove wallpaper

Step 1: Use a wallpaper scorer to create small holes in the paper.

Step 2: Combine the water and fabric softener in a large spray bottle at a concentration of one to one.

Step 3: Use a spray bottle to saturate a section of the wallpaper. Spray only as much of the wall as you can comfortably strip in a 15-minute period.

Step 4: Grab pieces of wallpaper at a bottom corner and carefully pull upward. Use a wide putty knife to facilitate the removal of the paper.

Step 5: Mix a tablespoon of dish detergent with very hot water. Wipe down the walls with sponge scrubbing carefully to remove all traces of wallpaper adhesive.

indoor gardening



lemboglossum apterum

Lemboglossum apterum is the most beautiful of all the lemboglossums, certainly the largest flower in this genus. They have large ivory/white flowers with golden freckles are produced on newly matured bulbs. It comes from Mexico at a fairly high elevation. As a result it likes cooler climates. Lemboglossum apterum is an easy grower with long lasting flowers.

Site: Moderate to bright light.
Temperature: Cool to intermediate; 48°F min. to 78°F max.

Water: 2-3 waterings per week, allow to dry slightly between waterings.

beauty tips



sugar body polish

Ingredients:

3 table spoon sugar
1 table spoon fuller's earth or multani mitti
1 table spoon rose petals powder
1 table spoon spices (mixture of nutmeg, cinnamon and cloves)
Honey (as required)
Essential oils (optional)

Method:

Mix all the ingredients except essential oils and honey. Add honey and make a gooey paste. Add 1-2 drops of your favorite drops of essential oils and, scrub and rub a dub.

taste buds



black forest cheesecake

Ingredients: Crust - 1 cup chocolate wafer crumbs; 3 tbsps margarine, melted

Filling - 16 ounces cream cheese, softened; 2/3 cups granulated sugar; 2 eggs; 1/4 cup heavy cream; 6 ounces semisweet chocolate chips, melted; 1/4 teaspoon almond extract.

Method: Combine crumbs and margarine; press onto bottom of a 9-inch spring form pan. Bake at 350° F for 10 minutes. Combine cream cheese and sugar, mixing at medium speed on electric mixer until well blended. Add eggs, one at a time, mixing well after each addition. Blend in heavy cream, chocolate and extract, mix until smooth. Pour mixture over crust. Bake at 350° F for 45 minutes. Loosen cake from rim of pan; cool before removing rim of pan. Chill for at least 6 hours.

Dear Abby

Man's harsh treatment of his wife mars friendship

By Abigail Van Buren

Dear Abby: I have a good male friend whose company I have enjoyed very much. He's outgoing and likes many of the same activities I do. Should I ever need anything, I know he would be there for me.

Unfortunately, this same person is very disrespectful to his wife. He's severely critical of everything she does. I have seen him yell and make disparaging remarks to her, to the extent that I feel it borders on abusive. His wife is a warm, caring, selfless individual who deserves to be loved by someone who appreciates all that she is and does.

Because of the way he treats her, I no longer enjoy being around him. I'd like to remain friends with this couple, but I'm not sure how to. I am very sad about all of this. Please help me.

— Anguished in Arizona
Dear anguished: I don't blame you for feeling sad about what you have witnessed. While you would like to continue the friendship, please recognize that unless some changes are made, it isn't going to happen. You would be doing your friend (and his wife) a favor to tell him how bad his verbal abuse makes HIM look and how harmful it is to his wife. And while you're at it, suggest that if they are having problems — which they obviously are — they try to work them out with a licensed marriage and family therapist.

Dear Abby: Recently my middle sister started dating my younger sister's ex-boyfriend. My younger sister dated this guy in college (10 years ago) and really cared for him. It ended when she found out he had cheated on her. Younger sister is now married and has a small child.

Middle sister started dating this ex a few months ago and really likes him. He has been over to see my parents, and they are supportive of the relationship. The problem is, no one wants to tell my younger sister for fear of her being mad.

I talk to her almost daily. I'm afraid that once she finds out, which is bound to happen, she will be more upset with me (and my parents) for hiding it from her than the fact that they're dating. Should I tell her or is it not my place?

I don't want to feel like I am lying or hiding anything anymore, but I also feel like my middle sister should admit it, which she said she isn't ready to do because she doesn't want to say anything unless this turns into something serious. What should I do?

— Caught in the middle

Dear caught in the middle: From where I sit, you have sized the situation up accurately. Your younger sister will be mortified when she realizes that everyone knew her sister has been dating the ex for months and it was kept from her. Talk to your middle sister. Insist that the sneaking around stop, because it could cause a permanent breach in the family.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

what's on today

emergency number 112

Civil ID info: 1889988

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

Indian flag hoisting: The 69th Republic Day of India will be celebrated in Embassy premises on Friday, Jan 26, 2018 with the hoisting of Indian Tri-colour at 9:00 am by the Ambassador. This will be followed by the reading of the President's Message to the Nation, patriotic songs by school children and an Open House Reception.

All Indian nationals and friends of India in Kuwait are most cordially invited to attend the function.

TTM Club contest: Timbre Talkers Toastmasters Club (TTM) contest today at the Australian College of Kuwait at 1:30 pm.

There are four exciting categories of contests starting with International Speech Contest where contestants will fight it out to determine who has delivered the best five-to-seven minutes speech on any subject of their choice. The Humorous Speech contest will leave you in side-splitting pain as you laugh your way through a series of hilarious speeches. The evaluation contest will show you how a speech can be broken down and analysed at Toastmasters by our contestants. A good evaluation is both critical and motivating for the speaker. And finally witness the contestants make coherent and profound two-minute speeches at the Table Topics Contest with topics handed to them on the spot!

TTM would love to welcome everyone who wishes to be part of the audience at the Australian College of Kuwait on Jan 26, at 1.30 pm.

Come and be a part of the 'Resonance of speeches'. For more details, contact President at 97731210, VP Education at 65969613 or the VP Membership at 99559684.

MahaQuizzer '18 in Kuwait: MahaQuizzer today at the following centers:

1. Salmiya (Indian Public School)
2. Ahmadi (FAIPS DPS)
3. J'leeb Shyoukh (United India School)
Timing: 2.00 pm to 3.30 pm

The winners will be receiving attractive prizes. All quiz enthusiasts are invited to participate and test your quiz talent. For further details & free online registration log on to: <http://www.nitcaakuwait.org/mahaquizzer>

For regular updates, please follow our Facebook Page: <https://www.facebook.com/TrishnaKuwait/>; Moti David mob: 65652417

WFK Kavi Sammelan/Mushaira: Writers' Forum Kuwait is proud to present its multi-lingual Kavi-Sammelan / Mushaira / Poetry Reading. Poets shall present their poetries in varied Indian languages such as Dogri, English, Gujarati, Hindi, Malayalam, Marathi, Punjabi, Tamil, Urdu etc. Hindi translation of vernacular poetry will also be read. The Forum, in its unique way, attempts to bring all Indian languages under one Fora and weaves a multi-layered fabric of national integration with the spirit of unity amongst its members and the people in general. HE the Ambassador of India to Kuwait is expected to be the honourable chief guest.

Date: Jan 26, 2018 (Friday) 6.00 pm onwards.

Venue: Indian Community School (Senior Girls), Salmiya, opp. Thakkar Restaurant

دار الأثر الاسلاميyyah
Dar al-Athar al-Islamiyyah

MUSIC
الأحد Sun.
28
Jugalbandi
Fakhir Anwar Choudhry (Tabla)
Munira Dildar Khan (Sangeet)
Nasim Anwar Choudhry (Tabla)
7pm Yarmouk Cultural Centre

LECTURE
الاثنين Mon.
29
Beauty Lies Within:
The art of protein structures
Bahareh Azizi
7pm Yarmouk Cultural Centre

MUSIC
الأربعاء Weds.
31
An evening of "Ney"
with Maestro Faisal al-Tammimi
امسية ناي
للماسترو فيصل التميمي
7pm Yarmouk Cultural Centre

A flyer of the events

KLS
Kuwait Liberal Society
Would like to invite you to our seminar about Animal rights
«Our Planet Theirs Too»
On Tuesday 30-1-2018 at 7:00 PM
At the Kuwait Liberal Society
Alshuhada - Block 2 - Street 201 - House 71
Inquiry: 55099590
Participants:
Tamara Hayat Timi Cissna
A flyer of the event

All Indians are welcome. Entry is free.
For further details, please contact: Mrs Maimuna Chougale (President) 94090630 or Rajesh Verlekar (General Secretary) 97692149.

FBC tournament: Filipino Badminton Committee (FBC) is inviting all badminton enthusiasts in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khalidoun Hawalli. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie

Umandap - 97197268

Arnis/Eskrima training: Eskrimador-Kuwait a member of Cacooy Doce Pares World Federation now opens a new batch of training. Learn the Philippine national sports, which is Arnis/Eskrima with the authentic style and techniques. Training schedule will be every Friday from 11:00 am to 1:00 pm @ Kaifan Sports Complex-Karate Gym. Text or call #50292148-Herms.

Free IFRA coaching classes: Indian Football Referees Association (IFRA) will be starting free refresher/coaching classes for existing referees, new recruits, those aspiring to be referees and even

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24618267 or e-mail to [arabtimes@arabtimes@arabtimesonline.com](mailto:arabtimes@arabtimesonline.com).

All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

those who would like to learn about the laws of the game at IEAS - Salmiya (Don Bosco).

Classes will be from 9:00 am to 12:00 pm every Friday.

Those interested may call 99519439 or get in touch with any IFRA member for registration.

Tagalog Khutba for Filipinos: The Ministry of Awqaf, Islam Presentation Committee, & Kuwait Philippine Cultural Center (KPC Center) invites all Filipino Muslim & Muslima to hear Khutba (Sermon) in Tagalog every Friday at Marzouq Al-Badr Mosque, Abu Bakr Al-Siddeeq St (at the back of Ambassador Supermarket and SM Supermarket, near Salmiya Police Station & Kuwait Airways Bldg) in Kuwait City. There will be a community started and lunch after Friday prayers at KPC Center in Farwaniya. For further information, please call KPC Center, Tel 4712574.

St Paul's Church weekly activities: English worship services on Fridays at 10.30 am and on Sundays at 6.30 pm. The Friday English service has separate sessions for children and youth. A Mandarin language speaking congregations meets separately on Fridays at 10.30 am in the Youth Centre at St Paul's. A combined service with the English and Mandarin language congregations is held on the first Friday of every month. A family service is held on the second Friday of every month with presentations from different organs of the church. The Church of Pakistan has services in English every Thursday at St Paul's at 5.35 pm and for Urdu language speaking members every Friday at Diwaniya of the NECK Centre, Kuwait City at 5.45 pm. Please contact Fr Michael Mbona on mobile 65960781 or call at Church house on 23985929 or email to chaplain@stpaulskuwait.com or mrmbona@gmail.com For Mandarin speaking congregation contact Revd Zhu Peijun on 99551783 and her email address is greenolivevttc@hotmail.com
Contact person: Fr Michael Mbona Mobile: 65960781 Email: mrmbona@gmail.com

Redeemed Christian Church: The Redeemed Christian Church of God (HOD Parish) worship in English.

Celebration Service: Friday 9 am - 11 am; Divine encounter: Sunday, 6:30 pm - 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm - 8:30 pm; Night vigil every last Friday of the month from 10 pm. Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rcchouseofdividq8@gmail.com