"We want to make a difference in Kuwait!"

By Canielle Farha Al-Rashed

Special to the Arab Times

For the girls, helping Kuwait’s street cats became more than a hobby. Lily and Sophie decided to use their time and efforts to make a difference for the felines of Kuwait.

For the girls, helping Kuwait’s street cats became more than a hobby. Lily and Sophie decided to use their time and efforts to make a difference for the felines of Kuwait.

"The girls began getting an idea to help the problem of animal abuse in Kuwait," Lily said.

With the help of their mentor, Maryam Al Qassimi, the girls began rescuing and fostering stray cats. Over the past two years, they have rescued and helped around 100 cats.

"The girls also helped create a social media campaign to raise awareness about the problem of animal abuse in Kuwait," Lily added.

Kuwait Katz

Kuwait Katz is a group of young Kuwaiti women who are dedicated to helping Kuwait’s street cats. They have been rescuing and fostering cats since 2015, and have helped over 100 cats in need.

"Kuwait Katz is an organization that is dedicated to raising awareness about the problem of animal abuse in Kuwait," Lily said.

Sandberg wants to change conversation about death

By Tristan M. Hirschberg

"Option B: Facing Adversity, Building Resilience, and Finding Joy," by Sheryl Sandberg, is a book that offers guidance and hope for those who are grieving.

"Sandberg wants to change the conversation about death," Lily said.

"She talks about the importance of finding resilience and joy in life, even after the loss of a loved one," Lily added.

"Sandberg found herself isolated after her husband’s death," Lily said.

"She was feeling invisible, as if she was standing in front of them but they couldn’t see her," Lily added.

"Sandberg writes about her experience of isolation and how she found a way to move forward," Lily said.

"The book is part narrative, reflecting Sandberg’s personal journey through grief, but it also includes insights and strategies that others can use," Lily added.

"It’s not a book about death, but rather a guide for people who are navigating through grief," Lily said.

"Overall, I recommend this book to anyone who is dealing with grief or loss," Lily said.

"It’s a book that encourages finding hope and joy in life, even after the loss of a loved one," Lily added.

Books

Brooke Wright’s new memoir

Crime thriller by Nesbo keeps readers guessing

By Johnathan Elsford

The women of Oslo, Norway, can’t stop raving about the new mystery novel by Jo Nesbo, “The Thief.”

Nesbo’s new book is a crime thriller that will keep readers guessing until the very end. The story follows a man who has been on the run for years, and who is finally caught by the police. As the investigation unfolds, the readers are taken on a thrilling journey through the streets of Oslo.

Nesbo’s writing is praised for its ability to keep readers invested in the story, and his characters are well-developed and relatable. The setting of Oslo is also beautifully described, making the story all the more immersive.

"Nesbo’s writing is sharp and to the point," a reader said. "I was hooked from the beginning, and couldn’t put it down until the end."