



Turkey Hunters



Al-Qassem All Stars



Hariban Slazers

FACES OF CONCUSSIONS



In this Jan 12, 1992 file photo, East's Kevin Turner, of Alabama, dives over the top for a touchdown in the fourth quarter of the Japan Bowl, the American collegiate all-star football game, at the Tokyo Dome. (AP)

'Living and dying with the disease'

Football 'families' share lives with CTE after NFL

NEW YORK, July 29, (AP) — Jim Hudson's wife came home one day and found him sitting on a couch, clutching a golf ball, with tears streaming down his face.

The former New York Jets defensive back, a star of the team's only Super Bowl championship, had played a lot of golf; he was a single-digit handicap at the time. But he was watching the Golf Channel because he had forgotten what the ball in his hand was for, or how to play.

"You watch the life go out of someone's eyes," Lise Hudson said.

A college national champion whose interception in the Super Bowl helped clinch the 1968 NFL title for Joe Namath and the Jets, Hudson was among more than 100 former football players diagnosed with chronic traumatic encephalopathy in a study published this week.

The disease can cause memory loss, depression, violent mood swings and other cognitive and behavioral issues in those exposed to repetitive head trauma.

Boxers. Members of the military. Football players — including not only Hudson but also Earl



Staggs

Morrall, whose pass he intercepted in Super Bowl III to help seal what is still considered the greatest upset in NFL history.

At Morrall's 2014 memorial service, his family played a video with highlights from a career that included three NFL championships and the league's MVP award. He was also shown taking horse-collar tackles and helmet-to-helmet shots that football's custodians at all levels have since tried to curtail.

"Dad shook his head," Matt Morrall said, "and went back in."

In the largest update on CTE so far, Boston University and VA researchers reported in the Journal of the American Medical Association on Tuesday that they found signs of the disease in nearly 90 percent of the 200 brains examined, including 110 of 111 from NFL players.

The study included quarterbacks who are taught to stay in the pocket, where they absorb crushing hits, and linemen who sustained repeated, sub-concussive blows to the head. It included kickoff specialists who sprint down the field in search of contact — a role known as "the suicide squad."

"They were like a bunch of kamikazes," said Virginia Grimsley, the widow of Oilers and Dolphins linebacker John Grimsley.

It included players, like Don Paul, whose family watched his body and his brain deteriorate until he was almost 90. And it included players like Dave Duerson, who would not let that happen, killing himself at 50 — with a bullet to the chest, so that his brain could still be studied.

This week, The Associated Press asked the surviving relatives of more than a dozen players involved in the study to describe living and dying with CTE.

These are the people who saw the disease up-close:

■ The daughter who made sure her dad made it to Thanksgiving dinner.

■ The children who had to remind their father that their mother

had died so many times that they eventually stopped telling him, to avoid upsetting him anew.

■ The wives forced to feed their husbands — many would become ex-husbands; so many families disintegrated under the strain of the disease — or push around in a wheelchair a once-imposing physical specimen.

Some said football wasn't worth the damage. Others still love the sport.

Some quit the game themselves, or forbade their children from playing.

Others just want it to be safer.

"It's something parents should be discussing with their kids: 'You're not going to feel it now, but you'll feel it later,'" said Scott Gilchrist, the son of Bills star Cookie Gilchrist. "'Would you like to try golf?'"

In an interview at her home in Austin, Texas, Lise Hudson described her husband's idyllic post-football life, breeding and training quarter horses, hunting and fishing with their kids. "If you think of the Marlboro Man, he was it," she said.

Then things changed. Jim Hudson went to the wrong school to pick up his daughter; it seemed funny, at the time. Years later, it was hand tremors, financial errors and a routine trip to the supermarket that ended with him wandering lost in a parking lot.

Hudson died in 2013 with what was originally thought to be Parkinson's dementia, but was later diagnosed as CTE, which is caused by brain-killing clumps of a protein called tau. Originally studied in boxers in the 1920s, CTE has been linked to repeated head trauma; its prevalence among football players has forced the powers in the game to rethink the rules about how the sport should be played, and who should play it.

"I hope it doesn't kill the game, but that it stops killing the players," Lise Hudson said. "We'd better get on it and figure it out."

Some were called "stingers." Other times he "got his bell rung."

Add them all up, as Kevin Turner once did for his father, and he probably had more than 100 concussions.

"That's probably the sad part of it. He'd probably do it again," Raymond Turner said in an interview at his home in suburban Montgomery, Alabama.

"Knowing what he knew at the end, he would have been smarter," the player's father said. "But then, it was just 'get back out there' after two or three plays. He just had so many."

A fullback at Alabama before playing eight years in the NFL for New England and Philadelphia, Kevin Turner was 46 when he died in 2016. He had been diagnosed with amyotrophic lateral sclerosis (ALS or Lou Gehrig's disease), but after studying his brain researchers declared that it was actually CTE.

Days after the publication of the JAMA study, Raymond Turner showed a reporter the room in his lakeside home filled with memorabilia from his son's career. The walls are covered by framed jerseys, newspaper clippings and photographs.

Next to the front door hangs a drawing of his son in a football jersey, wearing his No. 34.

"He was given this life because he was strong enough to live it," the inscription read. "And he lived it well."

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Turkey Hunters & Al Qassem All Stars lead opening salvo

PBAK 2017 Officers Cup Team Tournament kicks off

KUWAIT CITY, July 29: The pin busters of the Philippine Bowling Association in Kuwait are back in action after a two-week break as the 2017 PBAK Officers Cup Team Tournament officially opened on Friday at the COZMO Bowling Center in Kheifan. Eleven teams were presented by the masters of ceremony Myra Nicole Manalo and Maria Perly Virly.

The event kicked off with a brief program, parade of participating teams with their members followed by the playing the national anthems of Kuwait and Philippines. Invocations were led by Lito Michael and Ahmad Fahmi, followed by the recitation of Oath of sportsmanship by vice president Sonia Mathews, declaration of tournament open by the over-all tour director Hermie Saliba and finally, the ceremonial ball rolling led by various nationalities who are active members of the organization.

BOWLING

On the first day, Turkey Hunters, Al Qassem All Stars, Hariban Slazers, Original Pin Busters, and the Mangaf Strikers blazed to victory in their winning form.

The 12 participating teams with their members are: Al Qassem All Stars- Fadel Al Qassem (team captain), Abdul Aziz Al Aslawi, Ibrahim Al Busafi, Ali Jawli, Fahad Al Rageeb, Ibrahim Al Jadi, Mousa Abdullah, Hassan Al Qassem, Habeeb Reda, Hanadi Mezaiel and Laras Nitikusumo; Asian Air Safari- Hermie Saliba (team captain), Waleed Al Gharib, Aseel Al Roomi, Farid Gabriel, Saleh Khaled, Mustafa Dardara, Mohammad Najem, Faisal Al Saleem, Salem Al Mutawa and Sonia Mathews; COZMO- Ferdie Saliba (team captain), Noe Mahayag, Ronell Valencia, Lito Michael, Gani dela Cruz, Ruben Cervantes, Ali Al Qattan, Ely Ibrada, Nasser Hajras, and Allen Morais; Hariban Slazers- Mandy Manalo (team captain), Mar Evangelista, Camilo Baker III, Eddie Pena, Joel Tizon, Moises Amahan, Agnes Noble, Maria Perly Virly, Myra Manalo and Eden Evangelista; Oki Doki Strikers- Joe Presenta (team captain), Rocky Castil, Cris Carungay, Rey Ualat, Reygan Percy, Imelda Daguijo, Jelyn Colegijo, Bima Nitikusumo and Abel Nitikusumo.

Turkey Hunters- Rudy de Lima (team captain), Nouri Al Amiri, Feras Al Muhareb, Abdul Rahman Al Tayeb, Mohammad Karam, Ron Fabor, Rani Skeik, Neveen Wasel, Ayad Al Amiri, Basel Al Enezi & Yacoub Al Shatti; Mangaf Strikers- Jason Gamba (team Captain), Adofo Prena, Jess Tolentino, Ceddie Martin Faa, Robert Opena, Norlan Balasan and Jhon Narvasa; NUSANTARA- Ahmad Fahmi (team captain), Tatang Razak, Erlisa Gantorsori, Gantorsori Tanjung, Nuki M. and Saleh Al Faraj; Original Pin Killers- Christopher Bush (team captain), Jun Husmillo, Rashid Aker Ali, Ahmad Fadel Karam, Aris de Guzman, Jacky Guitang, Ali Arqoub, Aji Varghese Ishaq Al Waahid and Alma Turley; Swooping Eagles- Alonzo Bush (team captain), Danny Solis, Riz Roque, Jessica Balagat, Angie Bush, Jocelyn Barros Ty, Jeremy Roque and Mona Corpuz and Kuwait Star- Mohammad Othman (team captain), Ulysses Menezes, Jason D' Souza, Abdullah Abbas, Aziz Ali Ashkanani, Hussein Al Mejedi, Mohammad Al Saeed, Mohammad Malik and Khaled Al Drea.

Competing teams are playing with five (5) players in any single game and can field all men or ladies, or combinations. The five (5) players entry can only have a maximum of three (3) graded Class MA and two (2) lower class combinations supported by handicap points. Depending on the length of games in a single round robin match up which includes the championship, the top four (4) teams will be directly declared as champion, 1st, 2nd, 3rd runners up. This tournament now features the Doubles, Trios and Master's event using the oiling patterned to be used for 2017 Re-



Swooping Eagles



Kuwait Stars



NUSANTARA

Personal best

Bahraini teen takes 'plunge at worlds'

BUDAPEST, July 29, (AFP) — Like many her age, Bahraini teenager Ritaj Amin, 13, likes listening to American pop idol Charlie Puth on her phone, reading books, and wearing nail polish.

This week though, as the youngest competitor at the world championships in Budapest, Amin has been rubbing shoulders with swimming greats like US superstar Katie Ledecky, and South Africa's Chad Le Clos.

"I used to watch Le Clos on the phone and now he's over there in front of my face, it's mind-blowing, I can't really believe it," she told AFP Friday at the meet venue.



Amin

SWIMMING

Benefiting from the Bahraini federation's policy of putting young swimmers on the world stage, Amin has followed closely in the slipstream of Alzain Tareq who was 10 when she competed at the last world championships in Kazan, Russia, in 2015.

After a rule change by the sport's governing body FINA, Tareq — "my best friend" says Amin — was unable to swim in Budapest.

Currently Bahrain's fastest female swimmer, Amin posted a personal best in her 50m butterfly heat on Friday, although she fell well short of reaching the semi-final, over 10 seconds behind pace-setting Olympic champion Sweden's Sarah Sjöström.

FBC 85th summer smash '17 enters 2nd wk

By Michelle Fe Santiago Arab Times Staff

KUWAIT CITY, July 29: The Filipino Badminton Committee in Kuwait (FBC) 85th Summer Smash 2017 regular tournament entered its second week as games went off to a running start with several thrilling matches. The elimination games continued to

heat up on Friday at the Kuwait Disabled Sports Club in Hawally with veteran and amateur badminton players participating in the event. Players smashed and swooshed their rackets as they battled it out to reach the finals.

Meanwhile, there was a huge turnout of Novice 1 and 2 players in the Winner-Take-All event and

here are the winners in the WTA-Novice 1 and 2:

Novice 1 (Open Mix Doubles)

Champion — Joemar Geri Malaya & Rhunnel Cervo, Runner-Up — Jolly Ni & Mujib Rahman

Novice 2 (Open Mix Doubles)

Champion — Dipu George & Joy Francis, Runner-up — Randy De Leon & Khalid Baig Mirza
FBC President Jimmy Carandang is inviting all badminton enthusiasts to join every Friday in the

BADMINTON

regular tournament from 8 am to 1 pm that includes the Winner-Take-All one day tournament.

On the other hand, FBC Singles and adults/kids badminton coaching/tutorial and court rental are from 2 pm to 5 pm. For inquiries please call FBC new hotline numbers 96009170 or 55204283 (Viber/WhatsApp) or visit the Kuwait Disabled Sports Club in Hawally.



Novice 1 winners



Novice 2 winners

gional Bowling Event 20th GCC-All Filipino Bowling Tour.

After the first round play Turkey Hunters was declared Team of the Week (2882); Team High Game Scratch (936) and Team High Series (2882).

Category Name	Individual High Game
Men's A	Waleed Al Ghareeb 222
Men's B	Feras Al Muhareb 268
Men's C	Abdul Rahman Al Tayeb 219
Ladies A	Hanadi Mezaiel 188
Team High Game (Scratch)	

Turkey Hunters - 936

Category Name Individual High Average

Men's A Waleed Al Ghareeb

206.00

Men's B Feras Al Muhareb 226.00

Men's C Ali Al Qattan 177.66

Ladies A Hanadi Mezaiel 174.66

Ladies B Abel Nitikusumo 156

Abe Nitikusumo 152.00

Team High Series (Scratch + Handicap)

Turkey Hunters - 2882

Weekly High Series:

1. Turkey Hunters - 2882

First round results: 1. Turkey Hunters (2982); 2. Al Qassem All Stars (2842); 3. Asian Air Safari (2784); 4. Hariban Slazer (2758); 5. Original Pin

Killers (2718); 6. Swooping Eagles (2676); 7. COZMO (2668); 8. Mangaf Strikers (2629); 9. Kuwait Stars (2617); 10. NUSANTARA (2555); and 11. Oki Doki Strikers (2548).

PBAK now on its 31st year since its establishment in Kuwait has been conducting non-stop and all year round bowling tournaments. PBAK is inviting all bowling enthusiast to join in its local and regional events in the world of bowling. For further information and details, please contact the Membership Officer Myrah Manalo 65783239 or Tournament Director Hermie Saliba 67615408. For more updates, you may also visit its website at www.pbak.info or Facebook fan page at www.facebook.com/pbak.bowlers.