

'I'm usually either up or down'

At 75, Chihuly discusses struggles with mental health

SEATTLE, July 29, (AP): The private studio of glass artist Dale Chihuly reflects his long obsession with collecting. Sheets of stamps cover one table; pocket knives are marshaled on another. Carnival-prize figurines from the first half of the 20th century line shelves that reach the ceiling.

Amid the ordered clutter, some items hint at more than Chihuly's eclectic tastes: a long row of Ernest Hemingway titles in one bookcase, and in another an entire wall devoted to Vincent van Gogh — homages to creative geniuses racked by depression.

Chihuly, too, has struggled with his mental health, by turns fragile and luminous like the art he makes. Now 75 and still in the thrall of a decades-long career, he discussed his bipolar disorder in detail for the first time publicly in an interview with The Associated Press.

He and his wife, Leslie Chihuly, said they don't want to omit from his legacy a large part of who he is, but they were also motivated to speak in part by a \$21 million demand letter they had received from a former contractor who claimed to have contributed to Chihuly's



In this May 19, 2017 photo, glass artist Dale Chihuly poses for a picture in front of his 'Glass on Glass' pieces in a reflection room at the Fred & Pamela Buffett Cancer Center in Omaha, Nebraska. (AP)

art.

"It's a pretty remarkable moment to be able to have this conversation", Leslie Chihuly said. "We really want to open our lives a little bit and share something more personal ..."

Dale's a great example of somebody who can have a successful marriage and a successful family life and successful career — and suffer from a really debilitating, chronic disease. That might be helpful for other people".

Chihuly, who began working with glass in the 1960s, is a pioneer of the glass art movement. Known for styles that include vibrant seashell-like shapes, baskets, chandeliers and ambitious installations in botanical gardens and museums, he has said that pushing the material to new forms, creating objects never before seen, fascinates him.

Even in the past year he has found a new way of working with glass — painting with glass enamel on glass panes, stacking the panes together and back-lighting them to give them a visual depth. He calls it "Glass on Glass", and it's featured for the first time in the new Chihuly Sanctuary at the Buffett

Cancer Center in Omaha, Nebraska, and at an indoor-outdoor exhibit last month at the Crystal Bridges Museum of American Art in Bentonville, Arkansas.

But the flip side of that creativity has sometimes been dark. He began suffering from depression in his 20s, he said, and those spells began to alternate with manic periods beginning in his late 40s.

"I'm usually either up or down", Chihuly said. "I don't have neutral very much. When I'm up I'm usually working on several projects. A lot of times it's about a six-month period. When I'm down, I kind of go in hibernation". He still works but doesn't feel as good about it. His wife noted that if he only went into the studio when he was up, he "wouldn't have had a career".

Asked what his down periods are like, Chihuly took a long pause. "Just pretty tough", he said. "I'm lucky that I like movies. If I don't feel good, I'll put on a movie".

Leslie Chihuly, who runs his studio, is more loquacious about the difficulties his condition has posed in their 25-year relationship.

La Machine



A giant mechanical dragon gets ready to roam the streets of Ottawa in a four-day urban theatre performance involving a 45-ton half-dragon half-horse that towers 12 meters high. Long Ma, named after a Chinese mythological half-dragon half-horse, is shown leaving the ground of Ottawa's City Hall on July 28. (AP)

Books

Clinton memoir looks at 2016 election, Russia

Hillary to explain 'What Happened' in new book

NEW YORK, July 29, (Agencies): Defeated Democratic White House hopeful Hillary Clinton promises to let her guard down and explain what happened in her shock electoral defeat to Donald Trump, including the mistakes she made, in a book to be published in September.

Publishers Simon and Schuster revealed that the previously unnamed book would be entitled "What Happened" and would be the former secretary of state's "most personal memoir yet."

"In the past, for reasons I try to explain, I've often felt I had to be careful in public, like I was up on a wire without a net. Now I'm letting my guard down," writes Clinton in the introduction.

Her publishers said the book would reveal what Clinton thought and felt during the bruising 2016 campaign that saw her make history as the first US woman to win the presidential nomination from a major party.

It will describe "what it was like" to run against Trump, "the mistakes she made, how she has coped with a shocking and devastating loss, and how she found the strength to pick herself back up," they said in an announcement ahead of the Sept 12 release date.

Clinton would take the reader "inside the intense personal experience" of an election "marked by rage, sexism, exhilarating highs and infuriating lows, stranger-than-fiction twists, Russian interference, and an opponent who broke all the rules," Simon and Schuster added. The tome will also see Clinton double down on her belief that Russian interference cost her the White House.

Clinton has repeatedly blamed her loss on Russian cyberattacks and has alleged that associates of Trump likely had a hand in the effort.

She also says then-FBI director James Comey dealt her campaign a severe blow when — just days before the November election — he briefly revisited an inquiry into the scandal

over her use of private email while at the State Department.

"Hillary shows just how dangerous the forces are that shaped the outcome, and why Americans need to understand them to protect our values and our democracy in the future," Simon and Schuster said.

Divert

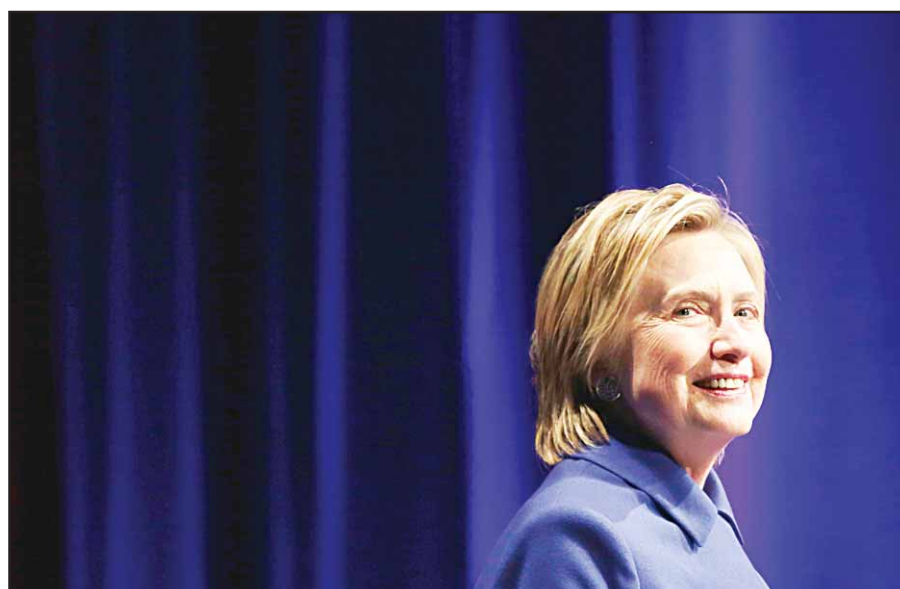
Trump has recently revived a campaign-era rallying cry that his former rival be prosecuted, setting off alarm bells in Washington and sparking accusations that he is seeking to divert attention from the widening probe into his campaign's alleged ties with Russia.

Clinton is the author of five previous books,

most recently "Hard Choices" published in 2014, as well as "An Invitation to the White House" and "It Takes a Village," all published by Simon and Schuster.

Clinton's memoir about her failed attempt to win last year's US presidential election will be called "What Happened," a declaration rather than a question, her publisher said in the run-up to its Sept 12 release.

Among the things the Democratic nominee will say happened are sexism against the first woman to be the presidential candidate for a major US party and "an unprecedented assault on our democracy by a foreign adversary," according to publicity material from the publisher, Simon and Schuster.



This file photo taken on Nov 16, 2016 shows Hillary Clinton speaking at the Children's Defense Fund Beat the Odds Celebration at the museum in Washington, DC. (AFP)

Staff in Clinton's campaign and at Democratic party headquarters saw thousands of their internal emails stolen and published online last year. US intelligence agencies have said that Russian intelligence agencies stole the emails as part of an effort by Russian President Vladimir Putin to foil Clinton's chances of becoming president.

Putin has denied the charges, and US President Donald Trump has expressed doubt about the conclusion of intelligence agencies he oversees. Clinton has at times faced intense scrutiny by the media and political opponents for more than 25 years since her husband, Bill Clinton, successfully sought the US presidency in 1992.

"In the past, for reasons I try to explain, I've often felt I had to be careful in public, like I was up on a wire without a net," Clinton wrote in the book's introduction. "Now I'm letting my guard down."

Despite polls showing the former secretary of state was expected to triumph in the election last November, Clinton won only 227 electoral college votes to Trump's 304. She won the popular vote by about 2.9 million votes.

Since then, she has made a handful of speeches and public appearances while working on the book.

In April, she told the Women in the World Summit in New York City that she had no intention of running for another public office and that she was writing a book that, in part, delves into what derailed her attempt to become America's first woman president.

"For people who are interested in this, the nearly 66 million people who voted for me, I want to give as clear and as credible an explanation as I can," she said. Clinton has also faulted the manner in which the Federal Bureau of Investigation, under director James Comey, investigated how she managed her email, some of which involved classified information, when she was secretary of state.

click

Latest

Continued from Page 23

55th birthday of our beloved leader cum social activist Thol Thirumavalavan hailing from the Indian state of Tamilnadu.

Free blood donors and volunteers are requested generously to contribute their valuable, precious drops of blood in various groups. All of them are warmly welcome for this noble blood donation camp which would help to save a number of lives in need. The Idea of the camp was conceived and approved in a resolution of the recently held executive committee meeting of the TKIPK, followed by obtaining permission booking with the authorities of the central blood bank. Thanks and cheers!!

Venue: The Central Blood Bank, Block 4, near 4th Ring Road Bridge and Tunis Street Hawally, Ibrahim Naser Al Hajri Street, near Mubarak Al Kabir Hospital, Jabriya

Date of Camp: Aug 18, Friday from Afternoon 01:00 pm to 04:00 pm

Announcement by Sankathamizh Vel, Secretary, Literature wing, TKIPK.

General

Share your story with Amricani: Do you or any of your family members, acquaintances or friends happen to have a story with the American Missionary hospital in Kuwait (Mustashfa Lemraicani) during the years from 1914-1967, the official period of offering medical services in Kuwait?

Please share with us your story or your memory during those old days by writing the event and sending it to the following email address: Mystory@damuseum.org.kw

Notes: 1. Please send your story only to the above mentioned email. Story shared in Instagram, Facebook or Twitter will not be considered.

2. Please write your story or memory and sign it with your full name, and your contact number.

3. It will be great if you send us your personal photos or those of the place related to the story (optional).

Your story will be part of a new book to be published by DAI.

I am confident that your contributions will be an essential part of the history of Amricani. Share with us!

KIFF anti-drugs campaign: As part of the Fraternity fest, Kuwait India Fraternity Forum (KIFF) is conducting Anti-Drugs Campaign among Indians living in Kuwait. According to the available statistics of Indian Embassy, 60% of the convicted Indians in Kuwaiti Jails are arrested on drug-related cases. The recent cases of death and captives of Indian drug abusers is a threatening news. To defend and to campaign against such social crisis by protecting individuals as well as the society has become obligatory. In this current situation, Kuwait India Fraternity Forum is conducting campaign by distributing handouts, conducting counseling, seminars etc. to educate the Indians living in Kuwait informed President Saifudheen Nalakath in a press release. For more details contact: 55062071 or email at kiffkuwait@gmail.com.

NYF offers free yoga classes: NYF Kuwait offers free yoga, breathing, meditation and reiki classes by a well-experienced female yoga teacher for all age groups. Classes are given on the basis of different health problems, stress and other problems by different techniques. Contact: 99315825.

Leadership Excellence Course: The Leadership Excellence Course (LEC) is a course modeled on the Seerah of Rasoolullah who is the best model of leadership for all mankind. The LEC focuses on the lessons that we can learn from the Seerah of Rasoolullah and see how we can apply them in our lives to become winners in this world and the next.

The objectives of the course are 1. Understand what leadership is from the Seerah of Rasoolullah and how to apply it in our lives today 2. Understand the purpose of our lives and learn to live that purpose with confidence 3. Understand the importance of connecting to Allah and learn how to do it 4. Understand how to leverage your strengths and overcome weaknesses 5. Understand how to articulate your life goal and create a road map to achieve it.

For more information please visit www.leckuwait.com or call 99514995 / 66363310.

AWL registration: If you would like to join the American Women's League (AWL), please call 99039723 or 94067999 or email: kuwait-awl@yahoo.com. All American women and wives of Americans are welcomed.

Ugandans register with UIK: Are you a Ugandan living and working in Kuwait? Would you like to get in touch with other Ugandans in Kuwait both socially and professionally? Then

Continued on Page 25