Have you noticed the red fruits growing along the roadsides? They are wild blackberries, which can be picked and eaten. These berries are non-cultivated, and their seeds have been spread by birds and animals. Blackberries grow in abundance along the roadsides, and their fruits are ripe from July to September. To harvest blackberries, you can follow these steps:

1. **Identify the blackberries:** Look for clusters of red fruits with green stems. The leaves are typically five-lobed and somewhat hairy.
2. **Harvest the blackberries:** Use clean gloves to handle the berries, as they can be thorny. Use a garden fork or shears to pluck the berries from the vine gently. Be careful not to damage the plant or other berries.
3. **Clean the blackberries:** Rinse the berries in cold water to remove any dirt or debris. You may also need to remove any small sticks or twigs from the berries.
4. **Use the blackberries:** Blackberries can be eaten fresh, used in jams and jellies, or incorporated into various desserts and recipes. They are also delicious when mixed with other fruits or used in smoothies.
5. **Avoid over-picking:** It is important to leave some blackberries on the plant to ensure the continuation of the blackberry population. Avoid picking too many berries from one location. This is especially important in areas where blackberries are a rare species or where over-picking could lead to their decline.

By following these steps, you can responsibly enjoy the natural bounty of wild blackberries. Happy picking!