

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Friday, October 23, 2015: This year you feel as if you can have whatever you want. Make sure you know what exactly you desire. You don't want to get it only to find out that you no longer want what it. Go through your wish list ASAP. Make it ok to change some of your goals. If you are single, you could meet someone spectacular through a friend. Whether this person is The One won't matter. If you are attached, be aware of the role of your day-to-day interactions with your sweetie. You can make your relationship flow even more smoothly. PISCES understands you better than you realize.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** You'll start a conversation, but you

might not be up to finishing it, as it could go on and on. You also have other matters on your mind, and you'll want to delve into those thoughts. Let others know that you have something to do, and excuse yourself. Tonight: Say "yes."

Aquarius - (Jan 20 - Feb 18)

*** Be aware of the costs of your decisions and actions. Someone could feel as if he or she is being pushed past his or her natural limits. Be open, and let this person have more space, even if you're not comfortable with the distance. Tonight: Make it your treat.

Pisces - (Feb 19 - Mar 20)

***** You might want to dive into a situation or take the lead in a heartfelt project. Note how someone you care about closes down on you. You can't change this person's attitude, but you can remain courteous. A friend pulls you

out of the doldrums. Tonight: Let the weekend begin.

Aries - (Mar 21 - Apr 19)

**** Be aware of what is happening. You might not be thrilled by what you think is coming down the path. You could be overwhelmed by certain feelings. Relating to others directly will result in a strong reaction. Try not to make any judgments. Tonight: Be with a favorite person.

Taurus - (Apr 20 - May 20)

**** Try to schedule meetings and lunch for later in day. A meeting easily could evolve into a social happening. Invite your immediate circle to TGIF. You have a lot of energy invested in opening up and understanding where others come from. Tonight: Only where the action is.

Gemini - (May 21 - June 20)

**** Be aware of others' attention and focus, which most likely is on you. A supervisor could be observing how you handle yourself in various situations. Be yourself, but try to be slightly less talkative. Your imagination takes you in a new direction. Tonight: Be more direct.

Cancer - (June 21 - July 22)

***** You have a different perspective from those around you. Trying to get confirmation that others agree with you could be impossible. You don't like to be forced into anything, so don't do the same to someone else. Go with a unique experience. Tonight: Be spontaneous.

Leo - (July 23 - Aug 22)

**** A close friend wants to have some time with you. Make it your pleasure. The people you deal with during the day want your full

attention. Though you might have a lot on your mind, stay focused on each individual. Tonight: Know when to call it a night.

Virgo - (Aug 23 - Sept 22):

***** Defer to others. They demand to have things their way, so let them. You have the ability to make a difference in someone's day. You have the ability to allow others to experiment in their new roles and provide any necessary feedback they need. Tonight: A great possibility.

Libra - (Sept 23 - Oct 22)

*** You have a lot of ground to cover, and you are determined to accomplish what you want. Try not to close down when you don't get what you want. Stand up to manipulation from a roommate or a loved one. Tonight: Finish up a project before considering your plans.

Scorpio - (Oct 23 - Nov 21)

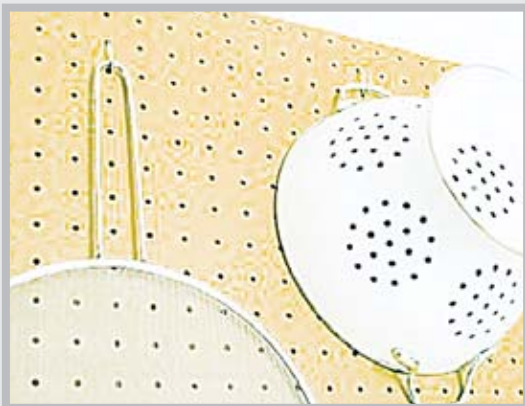
***** Your imagination takes you down an unusual path, but it's one that you will be delighted with. Listen to a loved one or dear friend when making a decision. You might feel as if your finances are not fluid enough. Tonight: Be naughty and nice!

Sagittarius - (Nov 22 - Dec 21)

*** Fatigue could interfere with your plans and ability to achieve what you want. Your sense of direction around your home and domestic life will be a major focus. A power play might take you down a path you would prefer not to go. Try to detach and disengage. Tonight: Head home.

Born today: Human-rights advocate Martin Luther King III (1957), neurosurgeon Sanjay Gupta (1969), TV host Johnny Carson (1925)

home decor



peg board pan holder

Take a regular peg board, fix it with some screws or even plastic ties and hang all of your odds and ends up. Utilizing walls is a fantastic way to make the most out of all of your space in any room. One thing to keep in mind is that this would be better for skillets and frying pans than it would be any kind of sauce pan or pot. Those might be too heavy to maintain the integrity of the board. For those, you can always hang up hooks or chains.

indoor gardening



lepanthes calodictyon

Lepanthes calodictyon is a miniature plant from Colombia. This plant holds their oval or rounded leaves on thread-thin stems set with a rank of cone-shaped sheaths that give the whole a jointed appearance. An individual flower spike seems to go on indefinitely. Producing a new flower once the last has faded and continues this for up to a year or more.

Site: Humidity in 70-100% range
Temperature: Intermediate to cool
Water: water enough that the plants never dry out completely.

beauty tips



tips for fast growing hair

Trim your ends to keep the spit ends at bay. Healthier hair is able to grow longer than hair riddled with split ends.

Eat a balanced diet. Food gives your body the energy to grow your hair as well as its other bodily functions. Eating a healthy diet full of vitamins and minerals will ensure that your hair that is not stunted. A biotin supplement can be particularly helpful to strengthen your hair if you are deficient.

taste buds



potato cheese croquettes

Ingredients: 2 tbsp mozzarella cheese; 2 tbsp processed cheese; 3 tbsp chili-garlic sauce; 4 cups boiled and mashed potatoes; salt to taste; 1/2 tsp freshly ground black pepper powder; 1/2 cup flour; 3/4 cup bread crumbs; oil for deep-frying

Method: Combine the potatoes salt and pepper. Divide this mixture into 6 equal portions and shape each portion into a small round. Press a little in the center of each round to make a depression. For the cheesy stuffing combine the cheese with chili garlic sauce. Place 1 tsp of the filling in each round and again shape them into cylindrical croquettes. Combine the plain flour with cup water and mix well. Dip each croquette in the flour mixture and roll in bread crumbs till it is evenly coated from all the sides. Deep-fry the croquettes till they are golden brown.

Dear Abby

Granny's fee for child care becomes divorce war tool

By Abigail Van Buren

Dear Abby: My daughter and her husband are divorced, and I take care of their twin daughters after school. I love the girls and treasure the time I get to spend with them.

Their parents' combined income is more than \$120,000. I am on a fixed income and ask for only \$10 per day (plus \$10 a week for gas) so I can take the girls places like the zoo or an occasional movie (which usually costs more than I am given). I feed them one meal a day on this budget as well.

Whenever discussions about money occur, the ex-husband repeatedly tells my daughter he thinks it's "offensive" that a grandparent charges money to watch the grandchildren. He uses it as a tactic to threaten to not pay for other needed expenses. How do I tell him I think he's out of line for making me feel bad for requesting the money?



Abigail Van Buren

— **Stunned and hurt in Tempe, Arizona**

Dear stunned and hurt: Your former son-in-law may have some bitterness because of the divorce. Whatever his reason, his children should not suffer for it. Frankly, he should be ashamed of himself.

If he raises the subject of being "offended" with you, remind him in plain English that you are on a limited income, food is expensive and if the money wasn't needed you wouldn't ask for it. It's the truth. It's nothing to be ashamed of and certainly not offensive.

Let's do the math: Your granddaughters go to school five days a week; that's \$50, plus \$10 a week for gas. That's \$60! If they were in day care instead of being looked after by you, the cost would be many times that amount.

Dear Abby: I am an executive assistant. A few years ago, my boss passed away after a long illness. My 13 years with her accounted for the longest consistent span of my career, and for obvious reasons, I was not able to get a letter of recommendation. It was difficult applying for jobs without being able to provide a first-hand reference from my longest employer.

I am now happily employed, but I worry sometimes about what if it happens again. My current boss is in his early 50s, but not in the best health. I have no intention of going anywhere, and I don't want to send him the wrong signal, but I'm worried that it would be inappropriate to ask him for a reference letter, just to make sure I don't find myself in the same situation again. BTW, he knows about my former situation, so I think he would understand, but I'm not sure.

— **Executive assistant in Georgia**

Dear executive assistant: I'm sorry about the death of your former employer, but your lack of a letter of reference should not have prevented you from finding another job. Your length of employment should have been proof enough that you were an asset to the company.

I do not think it would be a good idea to approach your boss about giving you a letter of reference for a couple of reasons. First, it might be regarded as a signal that you are not happy with your job. And second, because of fear of litigation, many employers today are reluctant to give out any information about an employee other than the length of time the person worked for the company.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

what's on today

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

emergency number 112

Civil ID info: 1889988

■ **Korean cultural event:** The Embassy of the Republic of Korea (South Korea) is organizing the Korean Cultural Event in cooperation with the National Council for Culture, Arts and Letters as a follow-up of the State Visit of H.E. Park Geun-hye, President of the Republic of Korea to the State of Kuwait in March 2015.

Time: 8 pm, Oct 23 (Fri), 2015;
Venue: Abdullhussain Abdulredha Theater in Salmiya, (Previously Salmiya Theater)
Program: Fusion Korean music, traditional music and dance, B-Boy dance
Admission: Free

In this event, the performances will feature the following:

■ Fusion Korean music by the performing art group Gong Myoung which is well known for combining traditional and modern traits of Korean music

■ Dance by the Korean B-Boy team Gorilla Crew

■ Pansori (traditional, vocal and percussion music) and Cheoyongmu (traditional masked dance), which express key emotions that have grown out of the Korean experience such as sadness, a heaviness in the heart and joy.

Please come and enjoy the various Korean traditional and modern cultural performances!

■ **St Berchmans Speech contest:** St Berchmans 19th Extempore Speech Competition for the Indian school students today from 1:00 pm to 5:00 pm at United Indian School, Jleeb Al Shuyoukh.

Competition will be conducted in 3 categories separately — Sub-Juniors (7th & 8th Stds), Juniors (9th & 10th Stds) and Seniors (11th & 12th Stds).

Trophies and Certificates will be awarded to the 1st, 2nd and 3rd prize winners of each category. Championship and Runner up Trophies will be awarded to the respective schools, based on points earned by its students. Each participant will receive Certificate of Participation.

■ **Tapondo-Aikido, Kuwait Chapter:** A Filipino art of self defense, non aggressive



Happy birthday to Lulu Sambajon Edroso. Many happy returns of the day with best compliments coming from Shirley, Connie, Maritess Brito, Florin, Sheila, Rechell, Valerie, Voltaire, Ralph, Vincent, Jacob, Ezra and Ezrael.



Students are pictured here with Head Principal Dunlop and Department Principals.

ESF appoints heads

The English School Fahaheel is proud to announce the appointment of the new Head Boy/ Head Girl and deputies in a special ceremony.

Head Girl — Sara Shuhaiber, Head Boy — Ali Majlesi, Deputy Head Boy — Amin

and defensive way of martial arts wishes to encourage everyone to join our regular training @ Kaifan Karate Club every Wed 8-10 pm (Friday, 2-4 pm). Easy to learn and applicable to teens, men and women in all walks of life. Contact: Herms - 69309150, John - 99478443, Elli - 94000471.

■ **Father's Love Int'l Ministries:** Have you had a challenging week? Want to hear something different for a change? Something positive and energizing? At FLIM, you will find all this and much more ... Love, laughter, life and liberty. You will find a community of God-loving believers, who come every Friday, Saturday, Monday and Wednesday to praise and worship together. There always a word of blessing and edification for everyone who comes to the Father's House. So, don't be left out! Come join the family! You will be restored, received, renewed and greatly rewarded!

Father's Love Encounter Service on Friday at 11:00 am to 2:00 pm
African service on Saturday at 7:00 pm to 9:00 pm

Empowerment Services on Monday at 6:30 pm 8:30 pm

Tamil Service on Wednesday at 7:00 pm to 9:00 pm
Please call 66020972, 99874730, 51003531.

■ **Onathanima 2015:** Thanima mega event — Onathanima 2015 today at Indian Central School premises, Abbasiya.

Tug o' War champions will receive cash prize and Sancelia ever-rolling gold cup. Aji Memorial Ever Rolling Trophy will be presented to the fair play team of the tournament.

In the program, the coveted 'Pearl of the School' award, instituted by Thanima, will be presented to the best all-rounder from each Indian Schools in Kuwait.

Colorful cultural procession, march-past of the athletes, folk arts, musical fusion etc., are other attractions of the event. An updated Directory with details of Indian

Ghoubar, Deputy Head Girl — Hagar Kamel.

ESF congratulates them on their great achievement and wish them all the best for the forthcoming Academic year.

Associations in Kuwait will be released in the event as well.

■ **IFRA free coaching class:** IFRA has started free refresher/coaching classes for existing referees, new recruits, those aspiring to be referees and even those who would like to learn about the laws of the game, at IEAS — Salmiya (Don Bosco).

Classes will be from 9:00 am to 12:00 pm, every Friday.

Those interested may call 99519439 or get in touch with any IFRA member for registration.

■ **Scrabble sessions are back:** Scrabble sessions are back for all to come, learn and play with us at Better Books, Salmiyah, Bldg 19, next to Badur Travel, opposite the Ministry of Private Education, on Friday afternoons from 2:30-5:30 pm. Inviting all kids aged 8 and above to join me and play competitively with me Rohaina. Classes are held every Saturday from 12-1:30 pm. Bknelled, Euphuize, Waqf, Zoeeae are some of the lovely words and there are 200,000 more you can learn with us. But the fun part is playing this wonderful game competitively. So come and see us and call me @66634224, Rohaina Tanweer.

■ **FBC tournament:** Filipino Badminton Committee (FBC) is inviting all badminton enthusiast in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khalidoun Hawaii. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie Umandap — 97197268

■ **Tagalog Khutba for Filipinos:** The Ministry of Awqaf, Islam Presentation Committee, & Kuwait Philippine Cultural

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24818267 or e-mail to arabtimes@arabtimesonline.com.

All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

Center (KPC Center) invites all Filipino Muslim & Muslima to hear Khutba (Sermon) in Tagalog every Friday at Marzouq Al-Badr Mosque, Abu Bakr Al-Siddeeq St (at the back of Ambassador Supermarket and SM Supermarket, near Salmiya Police Station & Kuwait Airways Bldg) in Kuwait City. There will be a community gathering and lunch after Friday prayers at KPC Center in Farwaniya. For further information, please call KPC Center, Tel 4712574.

■ **El Shaddai weekly fellowship:** The El Shaddai DWX1-PPFI Kuwait Chapter invites all the Filipino in our weekly fellowship.

● Every Monday, 7:00 pm to 9:00 pm St Joseph Hall (Basement), Holy Family Cathedral, Kuwait City.

● Every Friday (except 1st Friday), 12:30 pm to 4 pm, Sacred Heart Hall, Holy Family Cathedral, Kuwait City.

For more information please call any of the following nos: 66758948, 66523946, 99615956, 99495832, 66078953 and 67067956.

■ **Redeemed Christian Church:** The Redeemed Christian Church of God (HOD Parish) worship in English.

Celebration Service: Friday 9 am — 11 am; Divine encounter: Sunday, 6:30 pm — 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm — 8:30 pm; Night vigil every last Friday of the month from 10 pm.

Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rcchouseofdavidq8@gmail.com

■ **ENK's worship service:** Every Nation Kuwait (ENK) invites you to our Worship Service every Friday, 9 am at Royal King Palace Restaurant, Kuwait City. Pls contact: 99248990 for more details.

■ **J.I.L. Worship Services:** J.I.L. Kuwait invites everyone on their worship service every Friday 10:30 am at the Villa located at Gharada. For more info please call 6195797 or 6330562.

■ **Holy Quran classes:** Emanway Foundation — Musk is offering classes to teach English-speaking ladies (and girls ages 5 and up) to read the Holy Quran in Arabic. The method is al-Qaedah Noorania, a traditional program which has been used for many years around the world. (Note: 'Al-Qaedah' simply means 'base'; this can be likened to a basic phonics program.) No Arabic knowledge is required. Every Friday from 4:00 to 5:15 pm, beginning Oct 4. Al-Salam Area (south Surra), Block 2, Street 201, House 30. Classes are free, but seats are limited, so register now by calling 66274724.