

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Sunday, October 18, 2015: This year you decide to make your life feel more dynamic. You throw yourself 100 percent into nearly everything you do. If you can't get focused on what you are doing, you might choose not to do it at all. Your relationships with siblings and those in your daily life become more important. If you are single, you seem to be able to relate to many people, and vice versa. Decide what type of relationship you desire, and keep that in mind when choosing your next sweetie. If you are attached, the two of you enjoy spending more and more time together. You are not only romantic partners but also best friends. CAPRICORN can be so serious.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

Capricorn - (Dec 22 - Jan 19)

**** Make it ok to take your time and relax. Read the Sunday paper. Make time for a chat

with a special person. You might choose to be somewhat reclusive until later in the afternoon. Suddenly, a burst of energy will push you right out the door. Tonight: Anything is possible.

This Week: Gather the facts first.

Aquarius - (Jan 20 - Feb 18)

**** Remain sure of yourself when making important decisions. You know what makes you happy. Don't back down; trust yourself. A friend who provides diverse suggestions might not realize how sure you are of your choices. Plan on heading home early. Tonight: Order in.

This Week: Aim for what you want.

Pisces - (Feb 19 - Mar 20)

***** You could be in the position of wanting to try something different. Understand what is happening within your immediate circle. A must appearance, whether it's social or professional, can't be avoided. Honor a fast change of pace. Tonight: Share your feelings.

This Week: Bask in the limelight.

Aries - (Mar 21 - Apr 19)

**** Be adventurous. Your sixth sense might direct you in an unusual direction. Listen to news carefully, and hold off on making any judgments for now. You will be in a position to discuss an important matter and get feedback that you value. Tonight: Get a head start on tomorrow.

This Week: Your organizational skills count.

Taurus - (Apr 20 - May 20)

**** Deal with someone directly. Don't hesitate to ask for more of what you feel you need. A partnership flourishes when you are open about your desires and situations involving both of you. Keep reaching out to someone at a distance. Tonight: Head to the movies.

This Week: Investigate various suggestions carefully.

Gemini - (May 21 - June 20)

**** You might wonder which way to go in a discussion with a dear friend. Remain positive

and open to an unusually creative solution. You'll see a matter differently from how you have in the past. Understand the pros and cons of different positions. Tonight: Love the one you are with.

This Week: A partner demands your time and attention.

Cancer - (June 21 - July 22)

***** Be willing to make an adjustment. You might enjoy heading down a different path and managing a personal matter differently. You could be overthinking a problem. Get feedback from a trusted pal. Tonight: Go along with someone else's suggestion and invitation.

This Week: Say little until you're sure you're right.

Leo - (July 23 - Aug 22)

***** Your creativity emerges when dealing with a child or loved one. This person might not have intended to challenge you, but that seems to be what's happening. Listen to what he or she has to share, as it might be important. Tonight: Know when to call it a night.

This Week: Pace yourself, as you have a lot to do in the next few days.

Virgo - (Aug 23 - Sept 22):

**** You'll discover that your sense of direction is right-on, which actually might surprise you. Anything is possible. Be aware of how creative you can be, even if you're having a boring day. You know how to spice up your daily life. Honor a fast change. Tonight: Let it all hang out.

This Week: Move slowly into a situation that is uncomfortable.

Libra - (Sept 23 - Oct 22)

***** Speak your mind, and know full well what you must do. Allow greater give-and-take. Know your limitations, but still take a risk that feels good. At some point, you will talk to someone you care about, and catch up on his or her news. Tonight: Speak your mind.

This Week: Reach out to a neighbor you visit with often.

Scorpio - (Oct 23 - Nov 21)

**** If you're looking at a major financial change, do some price comparison before making a choice. Some of you might want to splurge on a new item for your wardrobe or indulge a loved one with a significant gift. Tonight: Be ready for a strong response to your efforts.

This Week: Examine your assets before committing to a decision.

Sagittarius - (Nov 22 - Dec 21)

**** You know what to do, and you'll follow your instincts. You naturally seem to gravitate toward a family member who appreciates your time and attention. Some of you will opt to make a major purchase. Tonight: A favorite spot.

This Week: Use Monday and Tuesday to the max.

Born today: Musician Chuck Berry (1926), actor Wesley Jonathan (1978), singer/songwriter Laura Nyro (1947)

home decor



nautical display

Create a marine theme with rope and twine. To create a vignette like this, cut and coil lengths of rope in glass vessels to showcase their natural tones and coarse textures. An oversized fishbowl pairs nicely with a length of chunky sisal, while a narrower hurricane shows off loops of twine.

Call it coiled rope art or the art of displaying rope. Bold and modern! The tone of the color, the shape and textures make a great nautical statement.

indoor gardening



coelogyne marmorata

Coelogyne marmorata, commonly known as marbled coelogyne is found in the Philippines. It is named Marbled coelogyne referring to the marbled side lobes of the lip. The fragrant waxy flowers have elongate pseudobulbs enveloped by several, dry, membranous sheaths and carrying 2, apical base leaves that are enveloped by closely overlapping sheaths that blooms in the spring.

Site: Plants are usually grown in baskets. Plant grows in intermediate to warm temperatures with partial shade.

Temperature: can get down to 2°C (36°F) in winter, and up to 35°C (95°F) in summer.

Water: In winter this would only get watered once a week, and in summer 4 times with misting on really hot days to cool the air.

beauty tips



home foot spa

- Step 1.** Melt 4 bars of paraffin wax in the microwave oven.
- Step 2.** Massage in a rich moisturizer.
- Step 3.** Dip one foot into warm paraffin 3 times, pausing between layers to allow them to dry.
- Step 4.** Wrap each foot with plastic wrap tight enough to make an airtight seal. This will help the moisturizer to penetrate.
- Step 5.** Let set for twenty minutes.
- Step 6.** Remove wrap and peel off the wax.

taste buds



peach melba

Ingredients:
1 punnet of raspberries
Low fat custard
2 fresh peaches, sliced
4 -6 ramekin dishes

Method:
Place the custard into a saucepan, bring to the boil and stir, then simmer for 5 minutes. Meanwhile divide the raspberries equally between the ramekin dishes. Pour the custard over the raspberries and leave to cool then transfer to the fridge for an hour until the custard is chilled. Decorate with sliced peaches and serve.

Dear Abby

Rival hostesses do battle over Thanksgiving honors

By Abigail Van Buren

Dear Abby: I have been hosting Thanksgiving for most of my married life — 44 years. When my children married, I told them we could celebrate all the holidays whenever and wherever they chose, but I wanted Thanksgiving.

Two years ago, my daughter-in-law asked to spend Thanksgiving with her parents and sister, and I reluctantly agreed. Her mom was battling cancer, so I said she could have Thanksgiving with her parents.

This year I received an email that she will be hosting it at her house with her parents and hoped we would come! I was upset that she didn't even discuss this with me. I sent her an email back saying I would like to have Thanksgiving at my house and she and her parents were invited. I haven't heard from her and I'm afraid she's mad. Frankly, I don't want to go to her house, but I don't want to alienate my son and two grandkids.



Abigail Van Buren

I don't see a compromise here that will please everyone. Do you?

— **Unthankful in Pennsylvania**

Dear unthankful: Yes, I do. Because your daughter-in-law has made it plain that she would like to establish some Thanksgiving traditions of her own, you should now graciously discuss alternating the celebration with her.

Dear Abby: I was in an unhappy marriage for 35 years, and moved from California to Oklahoma to live with my oldest son. I have now met someone ("Tom") who makes me very happy. The problem is, he's only 30 years old.

Tom doesn't see the age difference as a problem. I don't either, but I have told only two people about him. I feel happy for the first time and don't want to lose him.

Do you think the age difference is an issue? I have tried dating men my own age, but they are boring.

— **Young in Oklahoma City**

Dear young: You have the right to live your life the way you want to. Under the circumstances, the difference in your ages will be an issue only if you or Tom chooses to make it one.

Dear Abby: I often find myself confused regarding contact information. Many times, people list both a cellphone and a home phone number for contacting them. Because I've grown up in this age of technology, I have only a cellphone and am not reachable any other way.

When people list both numbers or send me both numbers in an email, which number should be used first? And if I don't reach them at the first number, do I leave a message and wait for a return call, or should I call the next number right away? Typically, preferences are not indicated.

— **Too many numbers in Wisconsin**

Dear too many: While it's increasingly common for people to have only cellphones, not everyone wants to be called during the day when they might be working. That's why, if there is any confusion on your part, you should ask the individual, because the responses you receive may not be all the same.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)



Photos from the event

Technical meet highlights latest technologies in life saving devices

ASSE Kwt organises 1st session of Contractor Safety Month

KUWAIT CITY, Oct 17: American Society of Safety Engineers (ASSE) Kuwait Chapter is Kuwait's premier voluntary and non-profit organization providing professional guidance, training and consultancy; in the field of Health, Safety and Environment; to the industrial and social sectors in the region.

Continuing its constant efforts towards social responsibility and commitment, American Society of Safety Engineers (ASSE), Kuwait Chapter, organised the first session of the Contractor Safety Month, where specialist from M/s Scott Safety conducted a presentation on the Gas Detection System technologies

which are widely used at the hazardous work places.

The event started with the welcome address by Jignesh Shah, Chapter Secretary. The Chapter President G Sampath Reddy in his address informed that the chapter is organizing the Contractor Safety month for the benefit of contractors in state of Kuwait who are exposed to various safety risks. These technical meets are open to everyone, so that the contactors who have a major role in industrial sector are updated to the best practices and latest technologies in life saving critical devices.

Ahmad Abbas, Manager - HSE, Kuwait Oil Company, Chief Guest for the technical meet inaugurated the event. In his inaugural address Mr. Ahmad Abbas acclaimed the efforts of ASSE - Kuwait Chapter in bringing such excellent sessions, where in new technologies and developments happening in the world of HSE is introduced to contractor staff. He advised all the participants to attend all the sessions and reinforce their knowledge, so that their effort in preventing an accident at site can be accomplished. He also highlighted the need for preventing Motor Vehicle accidents and improvement in Contractor personnel welfare for improvement of HSE performance.

Balaji General Manager Raja company briefed on their company activities. Sunil N Sadanandan, Head of Technical Event Committee introduced the speaker Garry Collins, Regional Business Director, from M/s Scott Safety, leaders in the manufacturing of safety equipments. Garry Collins in his presentation explained about the new development in the field of gas detection which is an important activity in hazardous industries and latest innovation technologies available. The presentation was followed by an interactive question and answer session with the speaker and participants. A quiz session was also conducted, where the winners received gift.

what's on today

emergency number 112

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

Civil ID info: 1889988

■ **TIES Center events:** TIES Center announces following events – Tajweed and Recitation: Learn and practice the art of reciting the Holy Quran (tajweed). The instructor will also answer questions related to the meaning of the Arabic words and verses.

Every Sunday & Tuesday @ 10 – 11:30am; every Monday @ 5 – 6:30pm.
The TIES Center is the social and educational hub for English Speaking expats in Kuwait. For more information, please call 25231015 or e-mail info@tiescenter.net or visit www.tiescenter.net.

■ **Bridge game:** Bridge tournament is being held every Sunday and Wednesday at 20:00 hours, played at the Graduates Club, next to Kuwait Engineering Society. Interested Bridge pairs or individual players please contact Mohammed Merchant, Tel: 24815622, 24841158, 99612287.

■ **IPC Islamic Courses registration:** 'Say: O my Lord, let me grow in knowledge'. IPC is offering Islamic courses in English (for ladies only). Muslims and non-Muslims are welcome.
1. Tilawa Surah Ar-Rad and Surah Ibrahim — Sundays at 5:30-7:00 pm; 2. Principles of Tafsir (part 2) - Sundays at 7:00-8:30 pm; 3. Tajweed 3 - Tuesdays, at 5:30-7:00 pm; 4. Jesus in Surah Mariam (part 2) - Tuesdays at 7:00-8:30 pm.
Instructor: Sr Zeinab Hassan Ashry
Place: IPC - Women Section Al-Rawdah, Area 3, Street 30, House 12, opp 4th Ring

Road. Email: ipc_sch@yahoo.com, Telephone: 22512257.

■ **Redeemed Christian Church:** The Redeemed Christian Church of God (HOD Parish) worship in English.

Celebration Service: Friday 9 am – 11 am; Divine encounter: Sunday, 6:30 pm – 8:30 pm; Digging Deep (Bible studies): Tuesday, 6:30 pm – 8:30 pm; Night vigil every last Friday of the month from 10 pm.

Venue: New Mishref. For more information and direction please call 9927-6603, 6557-7482. Email: rccghouseofdaavidq8@gmail.com



Dear Aruna, 26 years! Thank you for making life beautiful and stress-free with your charming smile and calming influence. I am blessed to have you as my life partner.
— Love Sam

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 17023, Safat or faxed to 24818267 or e-mail to arabtimes@arabtimesonline.com. All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

■ **St Paul's Church activities:** English Worship Services on Fridays at 10.30 am and on Sundays at 6.30 pm at St Paul's Church in Ahmadi. The Friday English Service has got separate sessions for Children and Youth. Chinese Worship Services on Fridays at 10.30 am at House No 16, Street 9, Block 11, Salwa. Urdu Worship services on Thursdays at 5.35 pm at St. Paul's Church, Ahmadi and on Fridays at 5.45 pm at Diwaniya of NECK Campus, Kuwait City. Please contact Fr Harrison Chinnakumar for English and Urdu Congregations and his phone numbers are 66396539 or 239859292 and email address: chaplain@stpaulskwuit.com. For Chinese congregation, please contact Zhu Peijin and her number is 99551783 and email address greenolivec@hotmail.com

■ **KTCC activities:** Worship service – every Wednesday 7:00-9:00 pm at North Tent, NECK.

Children's Bible School – every Wednesday 7 to 9 pm at Activity Building, NECK.
Overnight prayer – every 1st Thursday from 10 pm – 4:00 am at Diwaniya, NECK.
Communion Service – every 3rd Wednesday.

The Following meeting are held at our KTCC Prayer House:

- 1) Children Bible School Teacher's Prayer – 1st Saturday 7 to 9 pm.
 - 2) Children's Prayer – 2nd Friday 6:30 pm to 8:30 pm.
 - 3) Bible Study – every 2nd and 4th Sunday at 7:30 pm to 9:00 pm.
 - 4) ISOM – Batch 1 Class Tuesdays – 7 to 9 pm and Batch 2 Class Fridays – 4 to 6 pm.
 - 5) Choir Practice – Mondays – 6 to 8 pm.
 - 6) Men's Fellowship – 4th Friday – 10:00 am to 12:00 pm.
 - 7) Women's Prayer – (Abbasiya) – 3rd Sunday – 6:30 to 8:30 pm and (Salmiya) 4th Tuesday – 6:30 to 8:30 pm.
 - 8) Fasting Prayer – every 3rd Friday from 12:00 Noon – 3:30 pm.
 - 9) Cottage Prayers – every 2nd and 4th Week.
 - 10) Baptism Service – every 4th Friday.
- Welcome to all Tamil known people to participate in our regular activities to worship the Lord in our own mother tongue and be blessed!
For details or for any prayer needs contact Tel No: 66920350 / 99432849.