

What's On

h o r o s c o p e

By Jacqueline Bigar

Happy birthday for Tuesday, October 6, 2015: This year you walk into a new situation that could be very exciting. This matter will be a source of happiness for you. Don't allow anyone to undermine your self-confidence. You have a lot going for you. If you are single, meeting people happens with ease, and you seem to have a good time wherever you go. Be smart, and don't rush into something. If you are attached, the two of you might have an issue from the past that needs clearing up. Once you succeed, you will enjoy greater closeness. LEO has a way of breaking through all the charm and games.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** Someone could make an enormous effort to reach out to you. You appreciate this

person's gestures, and you will let him or her know. Weigh the pros and cons of becoming more involved with this person. You'll want to have all the facts before proceeding. Tonight: Visit over dinner.

Aquarius - (Jan 20 - Feb 18)

*** You can't hold back any longer. You have a desire to go along with a group of friends. Let them know, and you will be a part of what is going in. A friend might be distant and jealous, and wishing that he or she had done the same. Tonight: Go along with someone else's plans.

Pisces - (Feb 19 - Mar 20)

**** You'll be overanalyzing a situation and causing yourself a problem. Let go of this issue. Someone you look up to could be in a bad mood. You might not want to get into a tense discussion. A loved one might challenge a won-

derful idea. Tonight: Pace yourself.

Aries - (Mar 21 - Apr 19)

**** Push away any hassles by maintaining a keen sense of humor and a unique perspective. Your creativity surges, to the extent that your mind keeps spinning off on the other party's words. Stay as pleasant as possible. Tonight: Spontaneity provides an interesting scenario.

Taurus - (Apr 20 - May 20)

*** You might need to get some feedback from a child or loved one about a personal decision. Remember to thank this person, but also let him or her know that you have not made a decision yet. One-on-one relating could seem like a hefty task today! Tonight: Home is your castle.

Gemini - (May 21 - June 20)

**** Your words tend to be quick and unexpected. Others often feel as though you just spew out the first thought that comes to mind. Your thought process could be faster than many people's. Don't allow pressure to build to the extent that it has recently. Tonight: Speak your mind.

Cancer - (June 21 - July 22)

**** You could discover that someone else sees a matter in a different light than you do. The issue, though it might not be apparent at first, is about money and/or social status. Try not to judge this person; instead, simply relax and listen to his or her thoughts. Tonight: Order in.

Leo - (July 23 - Aug 22)

**** Your personality sometimes works like a steamroller, which allows you to bypass a lot of problems. A loved one might be closed

down. Give this person the space he or she needs, without making it a big deal. Remain connected to others' feelings. Tonight: In the limelight.

Virgo - (Aug 23 - Sept 22):

*** Slow down. You might want to reconsider certain conversations. Everyone puts statements into a context that he or she knows — you included. If you try to gain a new perspective, you could see a totally different meaning to someone's words. Tonight: Schedule more time for yourself.

Libra - (Sept 23 - Oct 22)

**** Your sense of what could be occurring might be a lot different from reality. Try to erase certain expectations from your mind, and go with the moment — you will be a lot happier if you do. Eliminate your filtered vision as much as you can. Tonight: Where the crowds are.

Scorpio - (Oct 23 - Nov 21)

*** Pressure comes from others expecting so much from you. You might want to clue them in to the fact that you are human and can do only so much. Resist taking on as much responsibility as you do. Infuse your life with some fun. Tonight: The party goes on and on.

Sagittarius - (Nov 22 - Dec 21)

**** You might want to reconsider your plans. A last-minute invitation could be very exciting and different. Your love of adventure emerges, and demands to be taken into consideration. Opting for self-discipline can work only so long. Tonight: Try to be logical and steady.

☐ ☐ ☐
Born today: Actress Elisabeth Shue (1963), politician Gerry Adams (1948), actress Britt Ekland (1942)

home decor



glittery acorns

Supplies: acorns; glitters; glue; bowl; small bowl for holding glitter; metallic gold spray paint; masking tape

Instructions: To make the embellished acorns, simply cover either the top or the base of the acorn completely with masking tape — whichever side you want to remain completely natural. Once the tape is in place, spray a portion of the acorns with metallic gold colored spray paint. For the remaining acorns, apply a fine glitter by first using spray adhesive, then rolling in a small bowl of glitter. Sprinkle additional glitter over any bare areas to fill them in — do this while holding the acorns over your glitter bowl to save any excess. Set acorns aside for at least 1 hour to completely dry. Once dry, the tape is ready to be peeled and your finished acorns will be revealed. On the glitter acorns, tap excess glitter off as you peel the tape over a trash bin or your glitter bowl.

indoor gardening



odontoglossum cordatum

Odontoglossum cordatum is a medium sized cool grower from South America. An evergreen, epiphytic orchid with single, leathery leaves to 8 inches, growing from ovoid, compressed pseudobulbs. The flowers can be green, white or yellow, and appear in late summer.

Site: Requires high humidity and bright filtered lights in the summer, full light in the winter.

Temperature: Prefers cool temps

Water: water so that soil is completely saturated and excess water runs out the bottom of the pot.

beauty tips



ice for beauty

Ice is an inexpensive way to treat your skin and make it glowing and radiant. You can use ice on any type of skin (normal, dry or oily) to make it healthier.

Just rub ice over your skin to increase circulation and strengthen the blood vessels under the skin. Ice also helps minimizing the size of pores and wrinkles. On problematic skin you can use ice directly on blemishes to help them to heal faster.

taste buds



pumpkin chili

Ingredients:

4 cups water
 1 (15-ounce) can crushed tomatoes
 1 (15-ounce) kidney beans, drained
 1 (15-ounce) can pureed pumpkin
 1 cup chopped onion
 1 cup chopped red bell pepper
 1 cup uncooked bulgur
 1 cup chopped Serrano chili pepper
 1 tablespoon chili powder
 1 teaspoon minced garlic
 1 teaspoon cumin
 1 teaspoon salt

Method: Place all ingredients in a large saucepan, stir well to combine, and bring to a boil over high heat. Reduce to medium-low and simmer, covered, 35 minutes. Serve warm.

Dear Abby

Grandson's sleepovers alarm grandma's friend

By Abigail Van Buren

Dear Abby: I have a friend whose 11-year-old grandson stays overnight with her sometimes on the weekends. She has only one bedroom, and I'm concerned because he still sleeps with her in the same bed.

I have mentioned it to her many times, and she says there is nothing wrong with it. I even purchased a nice air mattress, very easy to inflate, which she accepted but doesn't use. I'm upset by this situation. I know she sometimes sleeps in revealing night clothes, although I don't know if she does when her grandson is there.

I find this sick and twisted. I am counting on you to set my friend straight and save this young boy from future turmoil.

— **Protective in Washington**

Dear protective: There is an old French saying that approximately translates, "Evil be he who thinks evil of it." I see nothing sick or twisted about a boy who occasionally stays with his grandma and shares her bed, particularly if that's the way it has always been.

When he grows so big that the bed becomes too crowded for his comfort, I'm sure he'll let Granny know. Ultimately, the boy's parents are the ones responsible for his safety. It's likely they know about and approve of the sleeping arrangements.

☐ ☐ ☐
Dear Abby: I'm a woman who has always had trouble with women friends who like to call and chat. It has never really been my thing.

One of them never asks if I'm busy; she just plunges into a conversation that usually lasts an hour. I never call her. If she asks me to return her call, I'll wait a day or two. I'm afraid to tell her I don't like spending that kind of time on the phone because I know it will hurt her feelings.

I have lost friends in the past because of this. I think instead of avoiding her calls and feeling guilty, I'd rather not have her as a friend. I'd be happier reading a book or working on my hobbies. Am I being silly?

— **Ambushed in Northern California**

Dear ambushed: It's time to be honest with this woman — to a point. To tell her you would rather not have her as a friend because she's long-winded on the phone would be unkind. However, it would not be inappropriate to level with her about how uncomfortable long telephone calls are for you, and give her a chance to amend her behavior. She's not a mind reader and she may not be aware that her calls are intrusive.

☐ ☐ ☐
Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)



Photos from the event

FAIPS flag flies high in KITCO Quiz Competition

Fahaheel Al-Watanieh Indian Private School (FAIPS), Ahmadi, asserted their supremacy in the Kuwait school quizzing circuit once again by winning the 19th KITCO Inter-school Quiz Contest held on Sept 11, in American International School, Hawally. It was hosted by quizmaster Andrew Scott of Derek O'Brien Associates, India and organised by the Bengali Cultural Society (BCS), Kuwait. This quiz contest which has become the

defining yardstick for knowledge, both textual and beyond, is open to the students of classes 7 and 8 attending different schools in Kuwait.

The winning team, comprising Rohita Mahesh of class VII and Sharath Menon of class VIII, mesmerized the audience with their confidence and deft answering, maintaining a good lead from the beginning and controlled their nerves with confidence playing safe and composed in the nerve

wrecking final buzzer round.

After a closely fought preliminary session of written quiz amongst twenty two teams, six teams made it to the final with both teams of FAIPS securing the qualifying marks, which deserved a special mention in the finals.

Each of the winners received individual trophies, a cash prize of KD 125 and many other gifts. The prestigious championship trophy for the school was handed

over to the winners and the school principal Mrs Anju Dhiman, whose support and enthusiasm has made it possible.

Answering questions that ranged from etymology of 'Armalcolite' to the origin of the 'Atlas'; it does appear that our school has unraveled the biggest secret of success, of gaining knowledge through fun. No doubt that this is our sixth win in last seven years. Kudos to the entire FAIPS quiz team and their mentors!

what's on today

emergency number 112

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

Civil ID info: 1889988

■ **Sultan Gallery to present 'Still':** Sultan Gallery opens 'Still' an exhibition of photographs by Hendrik Kerstens (Dutch) and Robert Polidori (Canadian) curated by Miami Beach based art dealer Mark Dean today at 07:00 pm.

In the immortal words of William Faulkner, "The past is never dead. It's not even past." This exhibition brings together two artists who explore how we understand the past through the present. Both employ photography in ways that deliberately subvert conventional notions about the photograph's relationship to reality. Instead of capturing a "decisive moment" or freezing a slice of time, they adopt the language of classical painting to explore a more layered sense of history. This results in images that appear to exist simultaneously in the past and present.

Still, the title of this show, points to a double meaning. On one hand, it captures a contemplative serenity that links these images to the painterly traditions of a less hurried time. But the word also suggests a vision of time in which the past is embedded in the present: still here, still living, still relevant. Kerstens and Polidori meld painting and photography, history and contemporary life, fact and fiction to suggest the

ways that memory is forever being shaped and reshaped by the imagination.

For further inquiries please contact the gallery at sultangallery1969@gmail.com or at +965 60970001. Sultan Gallery is located in South Sabhan, Block 8, Street 105, Building 168.

■ **IPC Islamic Courses registration:** 'Say: O my Lord, let me grow in knowledge'. IPC is offering Islamic courses in English (for ladies only). Muslims and non-Muslims are welcome.

1. Tilawa Surah Ar-Rad and Surah Ibrahim — Sundays at 5:30-7:00 pm; 2. Principles of Tafsir (part 2) - Sundays at 7:00-8:30 pm; 3. Tajweed 3 - Tuesday, Sept 8, 2015 at 5:30-7:00 pm; 4. Jesus in Surah Mariam (part 2) - Tuesday, Sept 8 at 7:00-8:30 pm.

Instructor: Sr Zeinab Hassan Ashry
 Place: IPC - Women Section Al-Rawdah, Area 3, Street 30, House 12, opp 4th Ring Road.

Email: ipc_sch@yahoo.com, Telephone: 22512257.

■ **Registration at DCSC/KU:** Registration at DCSC/Kuwait University

include Zumba, Masala Bhanga workout, aerobics, toning & much more. Contact +965-65077062 for further information. Hurry and enroll now!

☐ ☐ ☐
IFRA free coaching class: IFRA has started free refresher/coaching classes for existing referees, new recruits, those aspiring to be referees and even those who would like to learn

Items for the What's On page can be sent directly to the Arab Times, P.O. Box 2270, 13023, Safat or faxed to 24818267 or e-mail to arabtimes@arabtimesonline.com.

All items on this page are published as a courtesy to the public. These announcements can include birthday greetings, weddings, social functions or any other non-commercial events. Photographs of all events are welcome.

for language evening courses of the first semester 2015/2016 start from Sunday, Sept 27, 2015 until Tuesday, Oct 13, 2015.

Registration time: Applicants can either register from 8:30 am to 12:30 pm or they can register from 5:30 pm until 8:00 pm.

Registration venue: Applicants can register at Shuwaikh, Deanship of Community Service and Continuing Education, Building (SH12).

For further information please call 24987300, 24987980 or visit.

about the laws of the game, at IEAS — Salmiya (Don Bosco).

Classes will be from 9:00 am to 12:00 pm, every Friday.

Those interested may call 99519439 or get in touch with any IFRA member for registration.

☐ ☐ ☐
FBC tournament: Filipino Badminton Committee (FBC) is inviting all badminton enthu-

siast in Kuwait to join their regular badminton tournament being held every Friday from 8 am to 7 pm at Kuwait Disabled Sports Club, Bin Khaludun Hawalli. Over 10 badminton courts are now available for badminton practices and tournament and it is open for all nationalities and from different badminton organizations. Exclusive-private court are also available on per hour rental. For more information, please contact Dr Chie Umandap —

97197268

click

Sports

Continued from Page 25

classes at B.FIT studio in Salmiya! Classes